

WHAT'S COMING UP

April 1st

April Fools' Day

April 2nd

Autism Awareness Day

April 3rd

National Walking Day

April 5th

National Self Care Day

April 8th

National Zoo Lovers Day

April 18th

National Exercise Day

April 22nd

Earth Day

Passover Begins

April 23rd

National Picnic Day

April 27th

National Tell a Story Day



APRIL 2024 NEWSLETTER



Hello Residents,

We're so thankful for the time changes and the nature blooming all around us. It's the month of new beginnings with beautiful results. April promises to be wonderful, even though it starts with lots of tricks on April Fool's Day! Our activities department is hard at work scheduling fantastic opportunities for fun and making new friendships. I encourage you to keep your eyes on the activities calendar and participate in all the festivities!

As the days grow longer and temperatures warmer, I encourage you to enjoy the outdoors and get some fresh air. We'll begin planting flowers and tidying up with some good old-fashioned spring cleaning! Thank you for being part of our Regency family. We appreciate each and every one of you!

Misty Stickley,
Executive Director

Friends Make the Best Neighbors

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident. *Referring residents will be paid out 60 days from the move-in date.



Mardi Gras Themed Lunch

Our residents enjoyed taking their tastebuds on a little trip to New Orleans. Andrea and her team prepared a wonderful meal. Then they dressed up like they were on Bourbon Street and took some fun pictures.



Millstone Restaurant and General Store

The residents enjoyed a little sunshine and a great meal. We went out to lunch at this hidden gem in Dandridge, TN. We had great food, service and conversation.





Employee of the Year Celebration

Our residents helped us celebrate our fantastic group of employees of the month and year for 2023. We had lots of laughs, good music and even better food thanks to our Dietary staff. We appreciate everyone who works hard to take care of our residents and make Regency a better place to be.



St. Patrick's Day Social

The residents listened to some Irish folk music while they enjoyed some Luck of the Irish punch and a special green treat. Then we tried our luck at St. Patrick's Day trivia. And what St. Patrick's Day would be complete without a little Irish humor?

What do you call a fake rock in Ireland? A Sham-Rock!





Manicures Every Monday

We will be offering manicures on a first come first serve basis every Monday from 1:00 pm until 2:30 pm. We encourage you all to come and socialize even if you don't want your nails done.



Gospel Singing

April 6th at 5:30 pm

We will sing gospel with JR, Virgil and friends. Come out and enjoy praise and worship. Sing along with some wonderful Southern gospel music and enjoy an uplifting atmosphere. Everyone is welcome.



Mark and Kris Variety Duet

April 10th at 2:00 pm

Our own Activities Assistant Kris and her husband will be entertaining us with some great music. They not only sing but also tell stories and jokes to keep us reeled in and excited. Come on in and dance, sing along to the oldies and just have a good time with friends.





Out To Lunch

April 12th at 10:30 am

We will be leaving at 10:30 to travel to Knoxville to go to Texas Roadhouse for lunch. Then we will enjoy a drive through Knoxville's iconic Dogwood Trail. It dates back to 1955 and covers more than 90 miles in 13 neighborhoods throughout the city.



Outing to Dairy Queen

April 17th at 1:00 pm

We are taking this Sunshine Ride to a new level with a trip to get some ice cream. Come enjoy the sunshine, good company and stay for some ice cream.



Curt Mathson

April 22nd at 2:00 pm

The residents asked for him back and here he is! Curt Mathson will be performing in the parlor on April 22nd at 2:00 pm. Come on out and enjoy his performance and great friends.



Penny Auction

UT Home Health will be having a penny auction for our residents. We would like for everyone to come down to the parlor and join in on the fun. They will also be doing a monthly fall assessment starting in April as well.





Faye Wheeler

Faye Wheeler was born and raised in Bulls Gap, Tennessee. She was happily married to Morris Wheeler for 58 years and they were blessed with three beautiful daughters. Between the three daughters, Faye is now a grandmother to 6 and great-grandmother to 3. She said that her family and her children are her life. Faye’s first job was in Bulls Gap at the Corner Store. She has been an active member of Bulls Gap First Methodist Church for over 40 years. Faye said she is happy she agreed to make Regency her home. She loves meeting new people, making friends and all the fun activities.

Happy Birthday

Resident

Martha Rodgers Apr. 1
 Bennie Leach Apr. 3
 Coy Davidson Apr. 8
 Betty Lintz Apr. 8
 George Morin Apr. 14
 Diane Bahr Apr. 16
 Loren Miller Apr. 21
 Mayme Owens Apr. 21
 Cathy Hall Apr. 23
 Jimmy Jefferson Apr. 25
 Conrad Ward Apr. 26

Employee

Grace Bingham Apr. 1
 Crystal Fern Apr. 1
 Olivia Eckles Apr. 3
 Sheeanah Walton Apr. 9
 Lori Hensley Apr. 10
 Rayann Raines Apr. 14
 Heather Shepard Apr. 17
 Tina Jones Apr. 19
 Sierra Liggett Apr. 22
 Cassandra Story Apr. 29

COMMUNITY STORY

Let us wine and dine you! Here at Regency, we pride ourselves in giving our residents the best care, activities and service we possibly can. We want to take the time to invite you to our Cheese and Wine Social on April 26th at 3:30 pm in the parlor. This is a good time to get out and get to know your neighbors. We know that sometimes it is hard to adjust to a new environment to make friends but we want to give this time for you to meet other residents and get to know them. So come on down to the parlor, have some cheese and wine or a beverage of your choosing, mingle and get to know your neighbors.

FUN FACTS

- » We know April is the fourth month of the year, but that’s only by the Gregorian calendar that we adhere to now. It was previously the fifth month in the earlier Julian calendar.
- » April also only had 29 days, but a 30th day was added when Julius Caesar established the Julian calendar.
- » In the Southern Hemisphere, April is the seasonal equivalent of October.
- » The etymology behind the word “April” comes from the verb “aperire,” which means “to open.” It’s commonly believed that the word refers to the season when trees and flowers begin to “open” or bloom.
- » Those who were born in April have a diamond as their birthstone, which represents innocence. Their birth flower is either a Daisy or a Sweet Pea.
- » There are two zodiac signs in April. Aries, which is until April 19th, and Taurus, which is April 20th and onwards.
- » April is a great month for meteor showers. One of which is the Lyrids meteor shower, which appears from April 16th to April 26th each year. The Eta Aquarids meteor shower can also be seen, starting around April 19th.



WORD FIND

H T I T I T A N I C C K C O B N B D K A E Z E C C
 C E V M X H P L G R E G O R I A N I R P T N B C A
 H U M R O V T G C S R K S L R Y I A A R R I Q W N
 E I T I Z L F H V L K L O K T I N M T I W S B Y T
 R C B S S Q Y B O S Q D U X H O O O O L C T Q F E
 N E I W R P O M X D U T T K S S G N T U G E I B R
 O B J M W C H N P N T Q H G T D O D C Y Z W S B B
 B E P S U A B E K I Q R E V O L U T I O N A R Y U
 Y R V L P B R L R G C L R K N I K C O N C O R D R
 L G Y K X G G I K E A S N B E E O C T O B E R D Y

REVOLUTIONARY
 WAR
 CONCORD

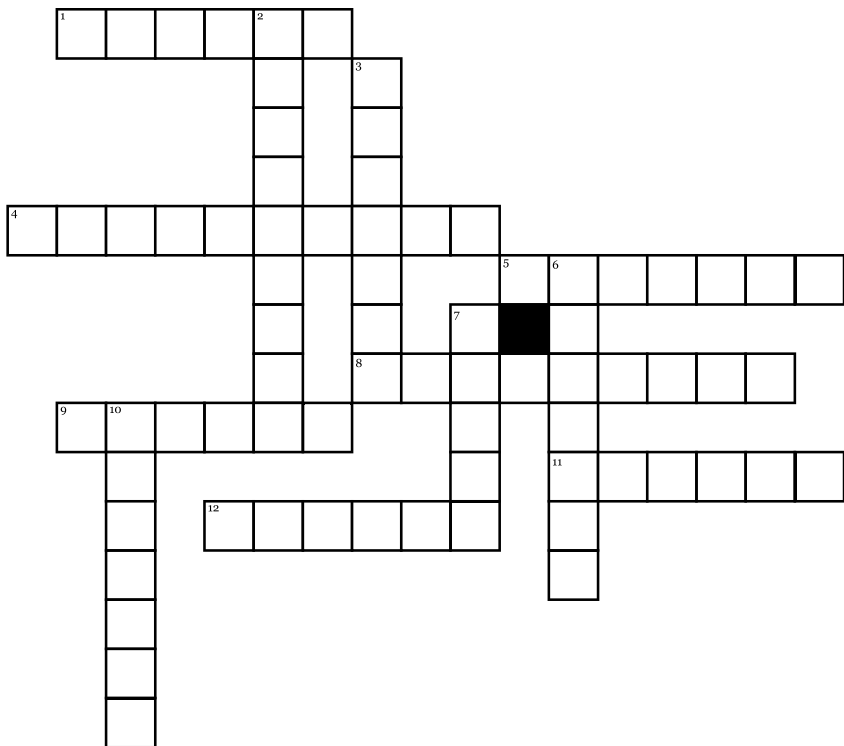
CHERNOBYL
 OLYMPICS
 ICEBERG

TITANIC
 GREGORIAN
 DIAMOND

BIRTHSTONE
 SOUTHERN
 HEMISPHERE

APRIL
 OCTOBER
 CANTERBURY

CROSSWORD



Down

- 2. Battle of _____ and Concord
- 3. Ford muscle car
- 6. "Houston we've had a _____ here"
- 7. Romans goddess
- 10. Ship that hit an iceberg

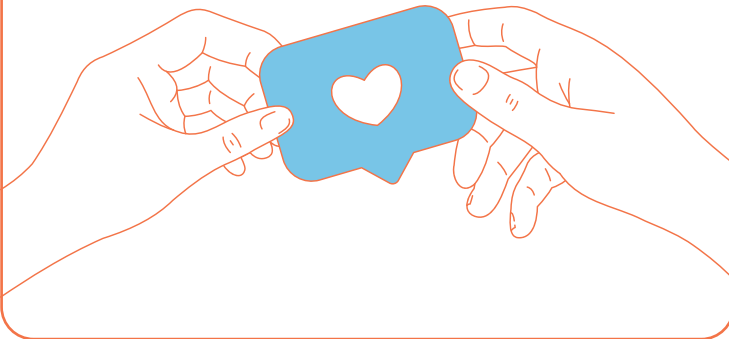
Across

- 1. NASA space program
- 4. First President of the United States
- 5. April in Latin
- 8. Roman calendar
- 9. Olympic city
- 11. April meteor shower
- 12. Roman Emperor _____ Caesar

Stay Connected!

Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.



EMPLOYEE OF THE MONTH

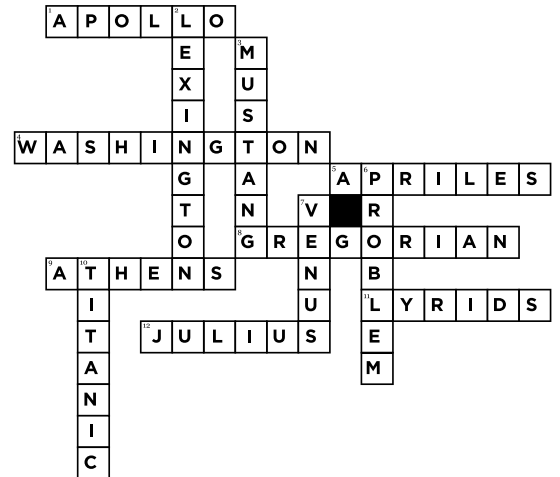
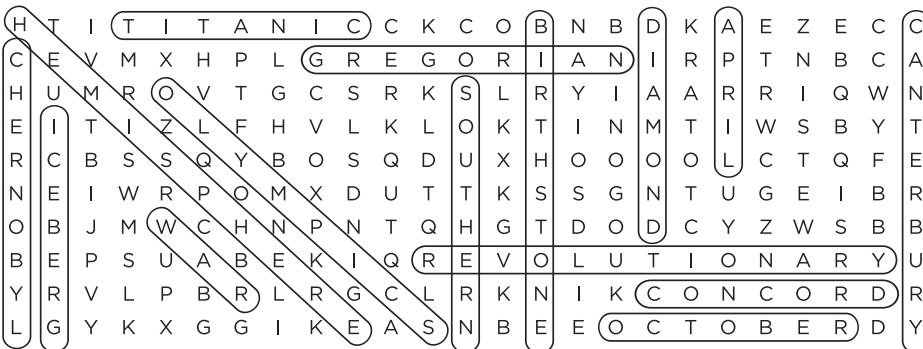
Jane Dalton



Jane Dalton Has been with Regency for 1.5 years and is a crucial and valuable part of the Dietary team. She is married to Benny Dalton and has 3 children and 4 grandchildren. She always goes the extra mile to help residents and her co-workers. Jane always has

a smile on her face and is willing to help whenever and with whatever is needed. She makes sure she always recognizes each of her team on their birthdays. We love and appreciate you, Jane, and thank you for making Regency a better place.

ANSWER KEY



CONNECT WITH US

 [Facebook.com/RegencyRetirementVillage](https://www.facebook.com/RegencyRetirementVillage)

 RegencyMorristown.com

Regency Senior Living's mission is to
 Serve our residents and families while
 Engaging in relationships
 Respecting individuality and
 Valuing the contributions of those who
 Evolve our care every day