

WHAT'S COMING UP

March 1st

World Compliment Day
World Day of Prayer

March 2nd

National Read Across
America Day

March 7th

National Cereal Day

March 10th

Daylight Saving Starts

March 17th

St. Patrick's Day

March 19th

First Day of Spring

March 20th

International Day of
Happiness

March 23rd

Purim

March 25th

International Waffle Day

March 31st

Easter

MARCH 2024 NEWSLETTER



Greetings to my wonderful residents and teammates,

Time flies by and we're already saying hello to March! It marks the start of March Madness for our college basketball enthusiasts, the beginning of spring on March 8th and daylight savings time on March 10th. As we move through the month, we'll be donning green in celebration of St. Patrick's Day on March 17th and commemorating Jesus' humble entrance on a donkey during Palm Sunday on March 24th. We reflect on the crucifixion of our Lord on Good Friday, falling on March 29th, and joyously celebrate his triumph over death, hell, and the grave with his resurrection on March 31st. Easter Sunday isn't about a rabbit laying eggs but about the hope of believers, symbolizing Jesus laying down his life for all. John 3:16 & Romans 10:9-10 remind us that our salvation is easily attained by putting our faith in Him. He doesn't need our help; we need His. Let's all dedicate our lives to him, love him and love each other, with all our differences, and make this world that we live in—right here at Regency—a place he could walk into and feel at home. I count it the highest honor to be the Executive Director here and I am humbled to be allowed to serve each of you and to be handed the absolute best teammates in Tennessee. We're all here for you!

God Bless You All!

Larry Goings,
Executive Director

Friends Make the Best Neighbors

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident. *Referring residents will be paid out 60 days from the move-in date.





Resident Voting

The residents were eager to get their voting done for the up and coming elections. We had a line of over 20 residents who voted. Thank you to the election commission for coming out and making it happen.

National Pie Day

The residents enjoyed getting to try all the different types of pie. They all, mostly, agreed that apple pie was the best out of the bunch! One even went on to say that apple pie counts as eating a fruit and we all know an apple a day keeps the doctor away.



Entertainment with Cliff Adkins

Our Residents gathered in the parlor for fellowship and a good time with friends. Cliff Adkins volunteers his singing talent to spread the word about Jesus and to thank all of our Veterans for their service. Our residents enjoyed his singing so much they want him to come back soon!

Valentine's Day Party

Love is in the air here at Regency! We had a wonderful afternoon full of dancing, laughter and music. Our very own activities assistant Kris and her husband Mark put on a wonderful show, singing a variety of hit songs. Then UT Home Health set up a photo booth for pictures, which the residents loved. We ended it off with good food and a little sweet treat to top it off. All-in-all it was a great day here at Regency.

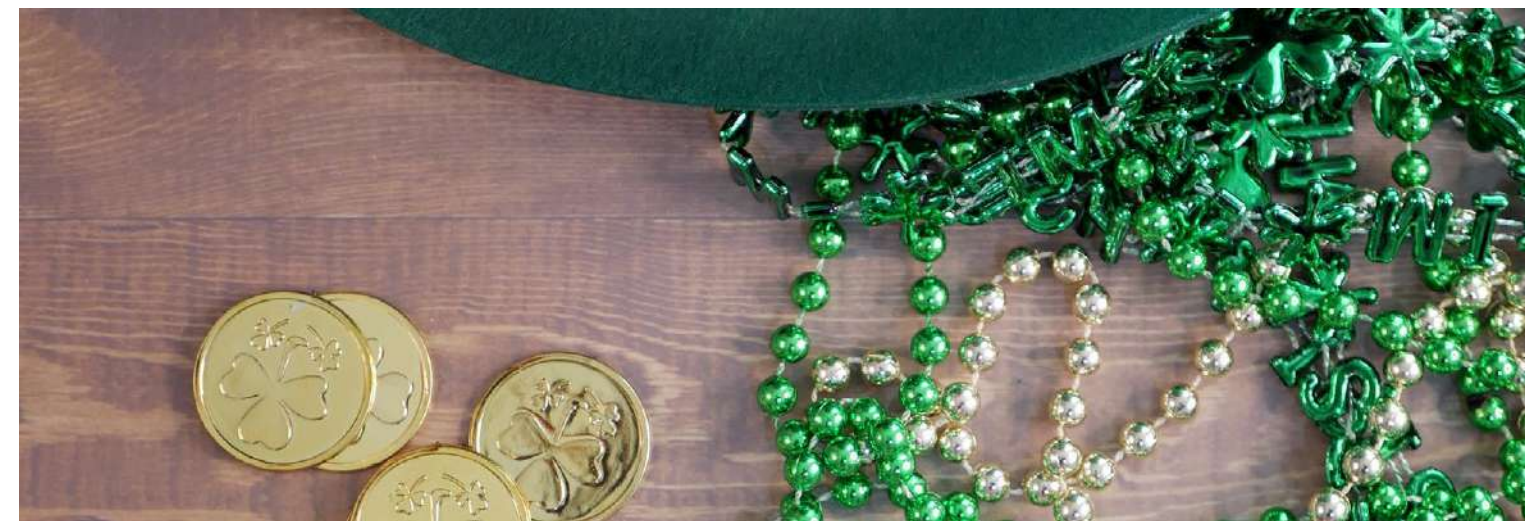




Lunch at Cicis Pizza & Moon Pie General Store

March 8th

We will be traveling to Pigeon Forge for a fun-filled day. Our first stop will be lunch at Cicis pizza buffet. Then we will visit the Moon Pie General Store. The store features several varieties of Moon Pies, gifts, old-fashioned candies and so much more. It will be a fun-filled day!



St. Patrick's Day Social

March 15th

A good friend is like a four-leaf clover, hard to find and lucky to have. We are lucky for all of our friends here at Regency, so let's get out and enjoy some time with them. We will be trying our luck at some St. Paddy's Day trivia and enjoying some Irish-inspired snacks.



Devotions with JR

Every Tuesday and Thursday

Mr. JR Bewley has made his way back to Regency. He will be doing a devotional fellowship every Tuesday and Thursday at 1:00 pm in the Parlor. So if you need an uplifting, don't be shy and come on and join in on his devotion. You won't be sorry!



Variety Show

March 13th

Join us in welcoming The Smokey Mountain Variety Show with Rod and Laura. They are a wonderful couple whose talent is beyond compare. They sing, dance and put on a great show. So come on in and join us as we dance, sing, laugh and have a good time.



Penny Auction

March 18th

UT Home Health will be sponsoring a penny auction for all of our residents. They are an amazing group and are dedicated to helping our residents. Come on out and join in on the fun and try to win your favorite Item.



Easter Extravaganza

March 28th

Come out and help us celebrate the reason for the season. We will be having an easter egg scavenger hunt for our residents, followed by snacks and some fun facts about Easter in the Parlor.





Linda Feltman

Linda was born in Morristown, Tennessee. She has resided here her whole life. Linda attended classes at Walter State and worked at Wallace Hardware Wholesale on and off for sixteen years. Linda has one brother, Victor, and a sister-in-law, Linda. She was married for 20 years to her high school sweetheart. They were blessed with a daughter, Jane. In 1989, Linda remarried to Roger Feltman and they were married for 32 years. Linda is very active in the community. She loves crafts, puzzles, sewing, and has an appreciation for music. Linda said she loves it here at Regency and has so much fun. As she would say, “she is where she is supposed to be.”

Happy Birthday



Resident

Tony Case	March 1
Clara Osborne	March 2
Douglas Mason	March 7
Larry Couch	March 10
Ezra Killian	March 15
Edna Woody	March 17
Elanor Olszewski	March 21
Janie Smith	March 23
Jeanne Livesay	March 26
Patrick Murphy	March 27
Faye Wheeler	March 31

Employee

Deana Frye	March 5
Autumn Pratt	March 5
Emily Rutherford	March 9
Cameron Barnard	March 11
Karey Cornell	March 12
Keona Parker	March 20
Kris Stryjewski	March 22
Dianna Meinke	March 24
Becky Tuttle	March 27
Cynthia Gulley	March 28

FUN FACTS

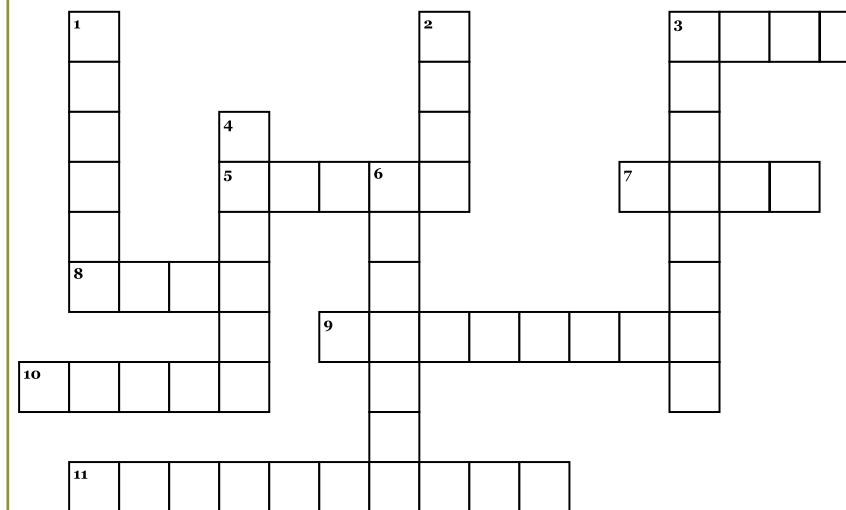
- » March’s full Moon, the Worm Moon, reaches peak illumination on the morning of Monday, March 25, 2024. Look for it on the evening of Sunday, March 24, as the moon rises above the horizon!
- » You may have heard the weather proverb, “If March comes in like a lion, it will go out like a lamb,” which means that if the month starts off stormy, it will end with mild weather. There is, however, a different interpretation: The constellation Leo, the lion, rises in the east at the beginning of March. Thus, the month “comes in like a lion,” while Aries, the ram, sets in the west at the end of the month, and hence, the month “will go out like a lamb.”
- » In 2024, the March equinox happens on March 19th at 11:06 pm EDT.
- » On March 10, 1876, Alexander Graham Bell made the first-ever phone call.
- » The family board game Monopoly was invented on March 7, 1933.
- » The Girl Scouts was officially founded on the 12th of March, 1912.

WORD FIND

M S F L S B G R O G K P K X W A K A L Z Z D E X H
 A Q P F I B L S N G F T H O I Q E P H M J L T S H
 D B T I M O K O P T I D E S I U F F D M Q V Z W H
 N P P E S S N B O R I H A K V A N D L W A A A P P
 E A H C L C X I T D I T R V X M C Y E Z B R A H X
 S W O O A Z E P S R S N Q Z D A F F O D I L C L Y
 S N R A N E B S K K S T G I A R V S A L E M J H N
 N U A Q Z E S M J X B G O C D I H D O V A V P U X
 U K I V F Q T A M I U M L N K N M R S I Y M K G X
 I X N W Z C V P R M H C E L E E A G B B G V B J J

MARCH	BLOODSTONE	RAIN	LION	PHONE
DAFFODIL	SPRING	LEO	SALEM	CAESAR
AQUAMARINE	LAMB	PISCES	IDES	MADNESS

CROSSWORD



Down

1. The ___ Tower was ascended for the first time on March 31, 1889
2. The ___ of March, or March 15th
3. Board game known to cause fights among families
4. Popular doll
6. The Vernal Equinox is when the sun is directly above the ___

Across

3. Where the word March comes from
5. One of March’s zodiac signs
7. March’s Full Moon
8. In like a lion — out like a ___
9. March’s birth flower
10. The ___ Corps
11. Trials in Salem, Massachusetts



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Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.



EMPLOYEE OF THE MONTH

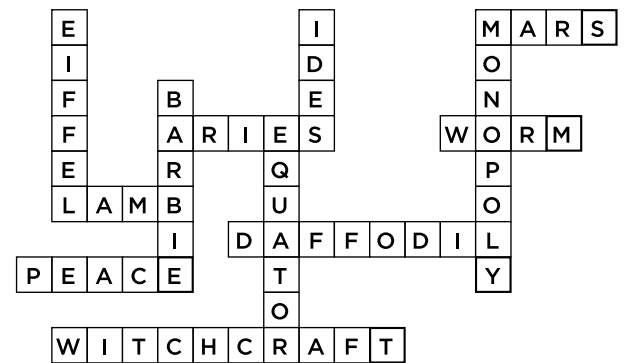
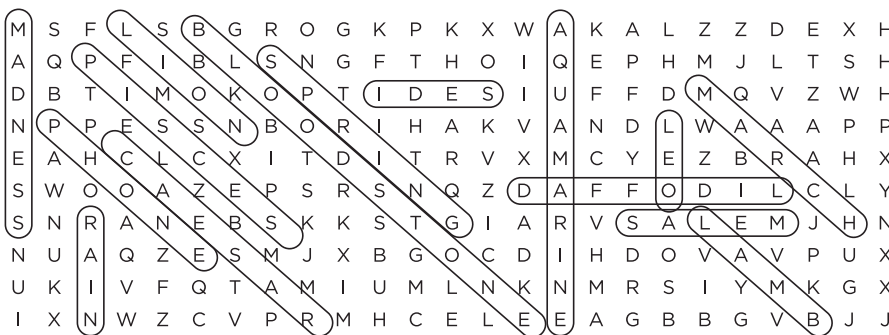
Kendall Fanney



Kendall has been with Regency since June 2018 as a caregiver. She has recently stepped up into a new role, Director of Resident Services. She is a huge asset to Regency and the Nursing Department. She oversees the caregivers and maintains

the schedule. She is a positive and upbeat addition to our residents and staff. She loves Jesus and our residents! What more could you ask for? We can't thank you enough, Kendall, for all you do for Regency and our residents. You make Regency a better place!

ANSWER KEY



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RegencyMorristown.com

Regency Senior Living's mission is to
 Serve our residents and families while
 Engaging in relationships
 Respecting individuality and
 Valuing the contributions of those who
 Evolve our care every day