

WHAT'S COMING UP

January 1st
Happy New Year!

January 6th
Apple Tree Day

January 9th
National Law Enforcement
Day

January 13th
Korean American Day

January 14th
Ratification Day

January 15th
Martin Luther King Jr. Day

January 19th
Good Memory Day

January 20th
Take a Walk Outdoors Day

January 22nd
Celebration of Life Day

January 25th
Opposite Day

January 27th
International Holocaust
Remembrance Day

January 31st
National Hot Chocolate Day



JANUARY 2024 NEWSLETTER



Hello Residents,

It's hard to believe it's already 2024!

Wow, I hope that all of you have made some New Year's resolutions and that you can achieve each one this year.

Being in Regency this last month has been a joy; this will always be my home away from home and serving you is one of the most rewarding jobs a person could have and I appreciate the opportunity.

As all of you may know, there will be a new executive director coming on board very soon, and I look forward to seeing what beautiful things this individual brings to the table. You deserve the best.

If you need me for anything, just let me know!

Sincerely,

Trudy Darnell,

RN/ED

Friends Make the Best Neighbors

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

**Referring residents will be paid out 60 days from the move-in date.*



Christmas Parade

The residents enjoyed riding in the Morristown Christmas parade!



Gingerbread House Contest

Our residents enjoyed decorating gingerbread houses.



Reindeer Games

We enjoyed a little Christmas fun playing reindeer games with Memory Care. These events are always a blast!



Santa and the Grinch Visit

Santa and the Grinch visited and spread a little Christmas cheer.



New Year's Celebration

We are looking forward to the new year and a new start.



Celebrating Elvis

Come join us as we celebrate and reminisce about the King of Rock 'n Roll!



Coke Floats

Did you know the Coke Float was trademarked in January? Join us as we celebrate this yummy treat.



Smoky Mountain Variety Show

Performers Rod & Laura Hutchinson will be bringing their Smoky Mountain Variety Show back to Morristown! This event is always exciting, so don't miss out!

SUDOKU

9		6		1	3			8
	5	8					9	
	3						1	
	6		8			9	2	
		3	4		9	1		
	4	9			6		3	
	9						8	
	1					6	7	
4			9	6		3		1

Puzzle #1

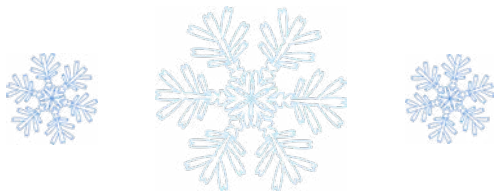
	4				1			3
				5			7	9
5	6				2	8		4
1			2	7			8	
	8	2				9	6	
	3			1	8			7
3		6	1				9	8
4	7			8				
8			5				4	

Puzzle #2

Happy Birthday

Employee

Ruby Harb	Jan. 3rd
John Macknowsky	Jan. 7th
Jake Brummit	Jan. 9th
Connie Bloomfield	Jan. 11th
Faye Pratt	Jan. 14th
Elizabeth Bauerle	Jan. 17th
Elaine Holder	Jan. 23rd
Mary Davis	Jan. 23rd
Edward Chang	Jan. 25th
Adrien Eldridge	Jan. 28th



Stay Connected!

Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.



FUN FACTS

- » In 1908, the first New Year's ball dropped at Times Square, NYC.
- » Those who head to the famous Times Square party throw 1.5 tons of confetti. The trash generated takes 300 sanitation workers 15 to 16 hours to clean up.
- » On January 1, 1910, the Hydrox "biscuit bonbon," a chocolate sandwich cookie with creme filling, was introduced. Oreos came out in 1912.
- » The first motion picture 'newsreel' in color was taken at the Tournament of Roses and the Rose Bowl Game in Pasadena, California on January 1, 1948.
- » In January 1984, Wendy's "Where's The Beef" commercials with Clara Peller began.
- » January 6th is Epiphany. According to the New Testament's Gospels, on this date, the Magi—the three wise men or kings—venerated and brought gifts to the infant Jesus.
- » January 15th is Martin Luther King Jr. Day (observed). This holiday is held on the third Monday in January and honors the principles of this civil rights leader and Nobel Prize Winner dedicated to nonviolence.
- » January 17th is Benjamin Franklin's birthday. He was not only a world-renowned statesman, inventor, and scientist but was also fascinated by agriculture.
- » According to folklore, the weather of the first 12 days of the year is said to be indicative of the following 12 months.
- » On January 2, 2024, Earth reaches perihelion, which is the point in the planet's orbit where it is closest to the Sun. At perihelion, Earth will be 91,403,034 miles from our bright star. Don't forget your sunscreen!
- » January's Moon is called the Wolf Moon. The Saxon word for the month was Wulf-monath or "wolf month."

1	5	3	7	9	6	2	8	4
6	7	9	4	8	2	5	1	3
2	8	4	1	5	3	7	6	9
7	3	8	9	2	1	6	4	5
5	9	1	6	7	4	3	2	8
4	2	6	5	3	8	1	9	7
9	1	5	8	6	7	4	3	2
3	6	7	2	4	9	8	5	1
8	4	2	3	1	5	9	6	7

Sudoku #1 Solution

6	4	1	7	3	5	9	2	8
2	3	5	6	8	9	1	7	4
8	6	7	4	1	2	6	5	3
7	2	7	8	1	9	5	3	6
1	9	6	5	4	3	2	8	7
5	8	3	6	7	2	4	9	1
4	1	8	2	9	7	3	6	5
9	6	7	3	5	4	8	1	2
3	5	2	1	6	8	7	4	9

Sudoku #2 Solution

WORD FIND

W	R	J	B	E	G	I	N	N	I	N	G	X	C	K	T	E	M	R	T	V	Q	L	Q	R
M	I	B	F	L	M	W	B	U	G	Y	J	C	A	S	R	W	N	P	R	U	H	W	O	E
W	G	N	M	F	J	V	N	Y	A	P	A	O	R	Z	T	I	X	W	A	S	Y	O	U	S
D	H	K	S	M	R	Q	T	P	R	K	N	J	N	F	D	N	B	G	Q	D	D	B	Z	O
B	T	U	L	Y	O	A	T	Z	N	D	U	E	A	Q	L	T	G	M	Q	G	R	L	W	L
D	S	R	B	M	F	H	N	B	E	W	A	L	T	T	T	E	U	P	G	D	O	Q	O	U
S	N	O	W	D	R	O	P	K	T	B	R	L	I	N	U	R	O	I	E	B	X	H	L	T
O	Z	S	N	Z	N	Q	S	U	L	Z	Y	I	O	G	L	L	K	M	U	F	V	O	F	I
L	N	E	Y	L	A	Q	S	Q	F	I	Z	S	N	G	E	P	I	P	H	A	N	Y	D	O
X	B	E	E	F	J	P	K	O	Z	Z	N	J	H	H	G	L	Z	E	K	I	Y	W	Y	N

GARNET

BEEF

ELLIS

HYDROX

FRANKLIN

BEGINNING

JANUARY

CARNATION

RESOLUTION

ROSE

WINTER

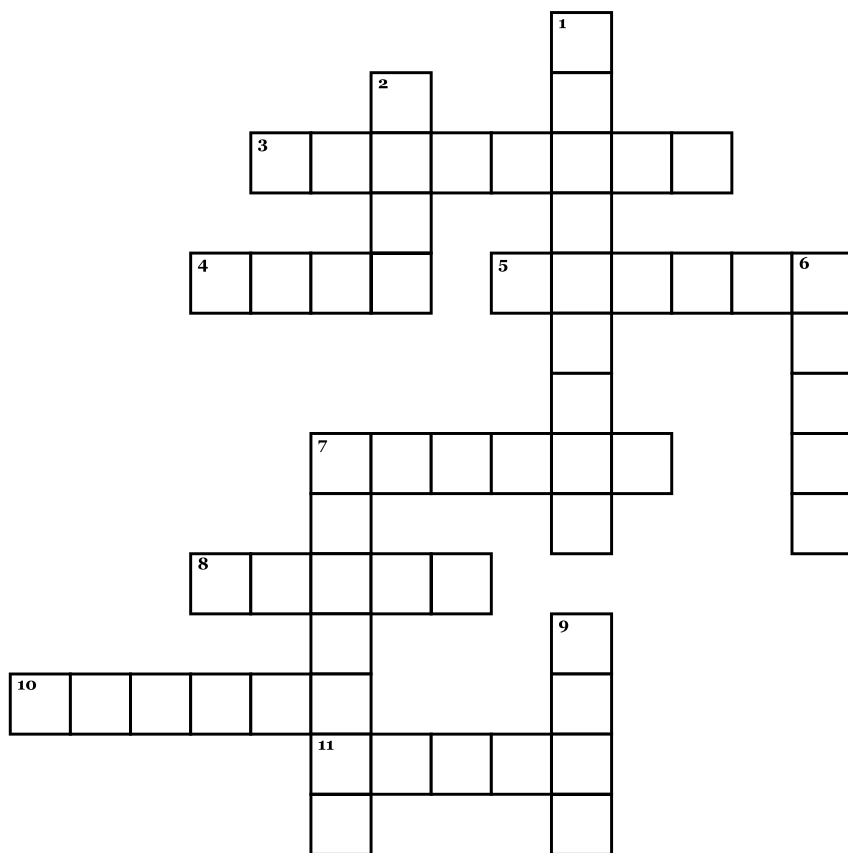
EPIPHANY

WOLF

SNOWDROP

RIGHTS

CROSSWORD



Down

1. One of January's birth flowers
2. January's Moon
6. Famous Square
7. Franklin's note
9. Bowl Game in Pasadena

Across

3. January's other birth flower
4. Famous slogan, "Where's the ____?"
5. January's birthstone
7. The original chocolate sandwich cookie
8. Roman god with two heads
10. He added the 31st day to January
11. Island for Immigrants to America

EMPLOYEE OF THE YEAR

Kris Stryjewski



Kris, our employee of the month from December, has been named Employee of the Year! She has been married to her best friend for 30 years. She has 9 children and 28 grandchildren. She loves to travel and in her spare time her creative side crafts away! She is a

member of Freedom Fellowship Greenville and is part of the music ministry. Always try to remember God must become greater, and we must become less. Smile, it's good for you!

EMPLOYEE OF THE MONTH

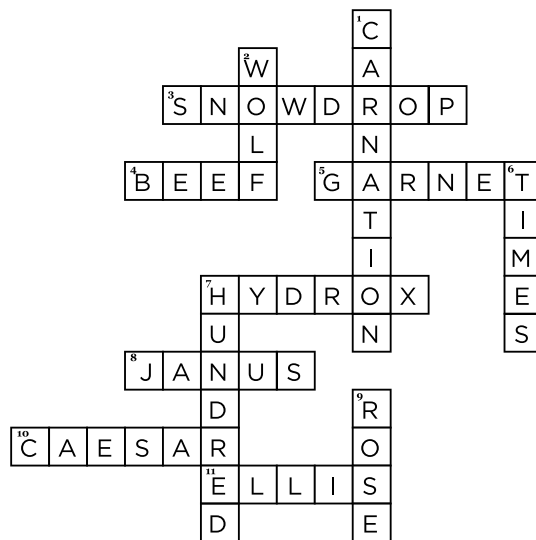
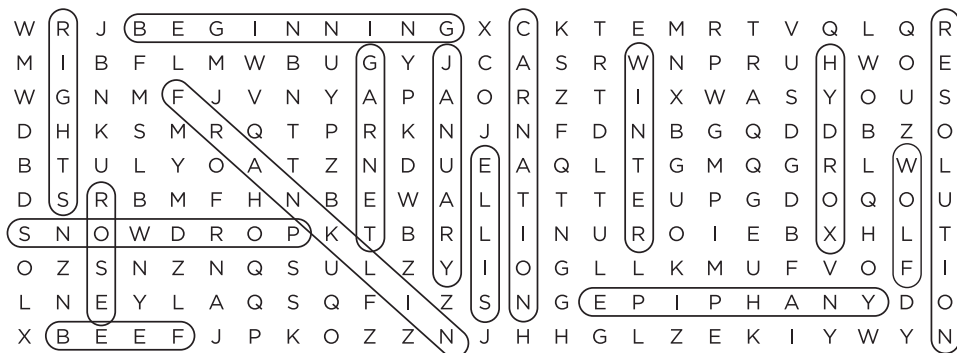
Travis Ramsey



Travis has worked at Regency since 2012. He is very dependable, courteous and hard-working. Travis can do all things Dietary and can even do the maintenance work if needed. Travis is a husband and father. He has two boys and one daughter. He is a devoted

dad who spends all his time with his family. Travis is a very important part of our Dietary team! Congratulations Travis!

ANSWER KEY



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