SENIOR LIVING

JANUARY 2024 EVENTS

Sunday	Monday	Tuesday	WEDNESDAY	THURSDAY	Friday	SATURDAY	
	9:00 Coffee and Muffins (CS) 10:00 Happy Birthday to The Big Apple. Puzzle Tables, Gym, Game Room, and Library are Open	9:00 Walmart Outing (Sign-Up) 2 9:45 Good morning Regency w/ Regency Pastor Charles Mills 10:30 Exercise w/ Courtney from UT Home Health 1:30 Bingo 3:00 Sunshine Tide (Sign-Up) 6:00 Card Games (Library)		 9:45 Good Morning Regency 10:30 Exercise w/ Courtney From UT Home Health 1:30 Bingo 2:30 Country Store Open 3:00 Coffee and Muffins (CS) 6:00 Gym and Library Open 	 9:45 Good Morning Regency 10:30 Out to Eat at Perkins in Jefferson City (Sign-Up) 2:30 Futuristic Day 3:00 Nifty '90s 6:00 Puzzle and Game Tables 	5 9:00 Coffee Shop Opens Puzzle Tables 10:00 Bingo Gym and Library Open	6
1:00 Regency Community Church Family Visitation	10:30 Exercise w/ Courtney From UT Home Health 1:30 Lets Celebrate Elvis' B-day 3:00 Fun Facts About Elvis 6:00 Social Hour	9:00 Walmart Outing (Sign-Up) 9:45 Good Morning Regency w/ Regency Pastor Charles Mills 10:30 Exercise w/ Courtney from UT Home Health 1:30 Bingo 2:00 Dietary Meeting (Main Dining) 3:00 Sunshine Ride (Sign-Up) 6:00 Card Games (Library)	9:45 Good Morning Regency 10 10:30 Exercise Class 1:30 Chocolate Covered Cherry Day 3:00 Movie & Popcorn (Theater) 6:00 Cards in Library	10:30 Exercise w/Courtney From	 9:45 Good Morning Regency 10:30 Out to Eat at Captains Galle Dandridge (Sign-Up) 2:30 National Hot Tea Day 3:00 Trivia 6:00 Puzzle and Game Tables 	12 9:00 Coffee Shop Opens Puzzle Tables 10:00 Bingo Gym and Library Open	13
1:00 Regency Community Church Family Visitation	10:30 Exercise w/ Courtney from UT Home Health 1:30 National Strawberry Ice Cream Day (Parlor) 6:00 Social Hour	9:00 Walmart (Sign-Up) 16 9:45 Good Morning Regency w/ Regency Pastor Charles Mills 10:30 Exercise w/ Courtney from UT Home Health 1:30 Bingo 3:00 Sunshine Ride (Sign-Up) 6:00 Cards (Library)	9:45 Good Morning Regency 17 10:00 History Class w/ David 10:30 Exercise Class 1:00 Resident Council Meeting 3:00 Movie & Popcorn (Theater) 6:00 Cards in Library	 7 9:45 Good Morning Regency 1 10:30 Exercise w/ Courtney From UT Home Health 1:30 Bingo 2:30 Country Store Open 3:00 Coffee and Donuts (CS) 6:00 Gym and Library Open 	 8 9:45 Good Morning Regency 10:30 Out to Eat at Aubreys Morristown (Sign-Up) 2:30 Lets Celebrate Dolly Parton 3:00 Fun facts About Dolly 6:00 Puzzle and Game Tables 	 19 9:00 Coffee Shop Opens Puzzle Tables 10:00 Bingo Gym and Library Open 	20
1:00 Regency Community Church Family Visitation	10:30 Exercise w/ Courtney From UT Home Health 1:30 Penny Auction 3:00 Cookies & Coffee (CS) 6:00 Social Hour	9:00 Walmart Outing (Sign-Up) 23 9:45 Good Morning Regency w/ Regency Pastor Charles Mills 10:30 Exercise w/ Courtney from UT Home Health 1:30 Bingo 3:00 Sunshine ride (Sign-Up) 6:00 Cards (Library)	9:45 Good Morning Regency 24 10:30 Exercise Class 1:00 Smoky Mountain Variety Show Rod & Laura (Parlor) 3:00 Movie & Popcorn (Theater) 6:00 Cards in Library	 9:45 Good Morning Regency 2 10:30 Exercise w/ Courtney From UT Home Health 1:30 Bingo 2:30 Country Store Open 3:00 Coffee and Muffins (CS) 6:00 Gym and Library Open 	 5 9:00 Good Morning Regency 10:30 Out to Eat at Owens Family Resturant Dandridge (Sign-Up) 2:30 Rootbeer Floats (parlor) 3:00 Trivia 6:00 Puzzle and Game Tables 	26 9:00 Coffee Shop Opens Puzzle Tables 10:00 Bingo Gym and Library Open	27
1:00 Regency Community Church	10:30 Exercise w/ Courtney From UT Home Health 1:30 Winter Craft 6:00 Social Hour	9:45 Good Morning Regency w/ Regency Pastor Charles Mills 10:30 Exercise w/ Courtney From UT Home Health 1:30 Bingo 3:00 January Birthday Party 6:00 Cards (Library)	9:45 Good Morning Regency 31 10:30 Exercise Class 1:30 Inspire Your Heart with Art 3:00 Movie & Popcorn (Theater) 6:00 Cards in the Library				

Regency Retirement Village of Morristown 739 E.2nd North Street | Morristown, TN 37814 | (423) 581-7075

