

WHAT'S COMING UP

December 1st

National Christmas
Lights Day

Rosa Parks Day

December 6th

St. Nicholas Day

December 7th

Hanukkah Starts

December 15th

Bill of Rights Day

National Ugly Sweater Day

Hanukkah Ends

December 16th

National Wreaths Across
America Day

December 20th

Games Day

Go Caroling Day

December 21st

Winter Solstice

December 23rd

Festivus

December 24th

Christmas Eve

December 25th

Christmas Day

December 26th

Kwanzaa Begins

December 31st

New Year's Eve



DECEMBER 2023 NEWSLETTER



Hello Residents,

Wow, this seems like old times! Several of you do not know me, but I was the Executive Director for 23 years here at Regency Retirement Village. This community has always been my home away from home, and it's a pleasure to be back with you all. I am looking forward to spending Christmas here at Regency, enjoying the spirit of the season with each and every one of you.

As you know, there have been management changes. We have a new Business Office Manager, Cassandra Story, and a new Activities Manager, Amanda Richards. This is very exciting because they both have extensive experience in their fields of practice and are thrilled to be here with you. I look forward to attending some activities with you this holiday season.

If you have any questions, feel free to call me. I have placed a box at my office door for your convenience if you have any suggestions for improving our community. Please know that I appreciate you being a resident here at Regency, and I look forward to serving you until the new Executive Director is hired and trained.

Merry Christmas to you and your families!

Trudy Darnell,
RN, Operations Specialist

Friends Make the Best Neighbors

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

**Referring residents will be paid out 60 days from the move-in date.*



Spooktacular Halloween

What a spooktacular Halloween we had in MC! I'm sure you will all agree when you see the joy and laughter in these photos. We started our day exercising to the Monster Mash, playing ring toss and eating cupcakes! All our staff helped with the atmosphere by dressing up in costumes. After a Sunshine ride to see the fall colors, we returned ready to party. We ended the festivities by giving each resident their very own trick-or-treat pail filled with lots of goodies! They say laughter is the best medicine, we all got a good dose of it that day.



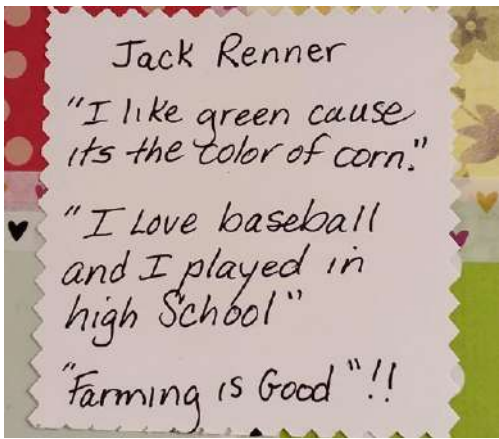
Pink Out Day

October was Breast Cancer Awareness Month. Friends and family of Regency Morristown had "Pink Out Day" for the residents and staff in honor of all cancer survivors.



Beach Day

You never know what the surf will bring into Regency! We had a Beach Day and the kitchen staff outdid themselves with a great seafood platter. Our very own maintenance manager, Josh, joined in with our residents and staff to party as well.



Life Is Like A Quilt

Life is like a quilt, with each year bound together and embellished with family and friends. It is backed with tradition and stitched with love. Cornerstone helped us carefully create one-of-a-kind crafts to showcase our journey through time!





Out to Eat at Applewood Farmhouse in Sevierville

December 1st at 11:00 a.m.

Our Residents love to go out, and it's even better when it involves food! Locals say the Applewood Apple Fritters with Apple Butter are a must-try. Don't forget to get a cup of warm Apple Cider on the way home!



Holiday Bazaar

December 2nd from 10 a.m.
to 2 p.m.

Crafts, food, jewelry, home decor, vintage clothes and 30+ vendors! Bring the kids for a picture with Santa.



Meet and Greet

December 4th at 3 p.m.

Join us in welcoming our new Activities Director, Amanda Richards, and our new Business Office Manager, Cassandra Story! Come out to our Parlor and meet the newest members of Regency's management team!



Christmas Parade

December 7th at 4:45 p.m.

The most wonderful time of the year will commence with this year's parade, themed "Christmas in the City." Presented by Morristown Pediatric Dentistry, the parade will take place on December 7 in Downtown Morristown.



Celebrate the Seasons

December 8th at 2:30 p.m.

Unwrap the magic of the holidays with an enchanting program of tales old and new!



Polka Dot Pots Pottery

December 11th in Sevierville

Create a masterpiece with every brushstroke. Join us for an afternoon adventure!



Operation Santa's Sleigh

December 13th at 1:30 p.m.

Please join our community in preparing Christmas care packages for our soldiers. Our care packages will bring comfort and a sense of home to those serving far away from their families. All donations may be dropped off with Amanda in Activities.



Douglas Mason

Mr. Douglas Mason comes to us from Murfreesboro where he and his wonderful wife lived for 30 years. They were married for 70 years. He has one son, David.

Mr. Mason is a Korean War Army Veteran, and we deeply appreciate his service. Mr. Mason worked at a paper mill in Pine Bluff, Arkansas where he processed the wood.

Speaking of wood, Mr. Mason enjoys whittling. After seeing his work, I would not consider whittling to be just a hobby for Mr. Mason. I would consider him to be a skilled artist.

Mr. Mason has a very positive attitude and is a joy here at Regency. His mantra is simple yet profound, and something we can all learn from: "I enjoy life."

WELCOME NEW RESIDENTS! 🏠

Betty Langhorst

Robert West

Happy Birthday



Resident

William Murphy	Dec. 3rd	Bennie Leach	Dec. 17th
Margie Shell	Dec. 12th	Barbara Derhammer	Dec. 17th
Robert Williamson	Dec. 14th	Lewis Lackland	Dec. 18th
Donald Miller	Dec. 16th	Mary Hayden	Dec. 23rd
John Robertson	Dec. 17th		

FUN FACTS

- » One of the common misconceptions about Christmas is the usage of "Xmas" to shorten "Christmas." Most claimed that using the letter "X" to replace "Christ" is a blasphemous thing to do. The truth is, this version of "Christmas" found mostly in prints was based on the initial letter of Khrīstos in Greek which means "Christ." Written in the ancient script, it would be Χριστός hence the letter "X".
- » The tradition of Christmas trees goes all the way back to the ancient Egyptians and Romans, who decorated with evergreens during the winter solstice to signify that spring would return. Evergreens reminded them of all the green plants that were to grow once the sun returned.
- » People began to sing Christmas carols around the 13th century making the celebration much brighter.
- » The Anglo-Saxons also call this season "midwinter" or "nativity".
- » People in Venezuela wear roller skates on the way to church every Christmas Eve. They even close the roads to cater to this unique tradition.
- » Christmas is the shortened version of "Christ's mass."
- » The first Christmas Tree was built way back in 1570.
- » "Jingle Bells" was composed in 1857, and not for Christmas – it was meant to be a Thanksgiving song!
- » An ancient legend states that forest animals can speak in human languages on Christmas Eve!
- » An almanac prediction states that if snow falls on Christmas Day, Easter will be warm, green, and sunny.

WORD FIND

V E S N N X F U I I Z H C Y Q D X F V P I R E U O
 E Q U H U A K O T O P A Z Z Z P X X P M B G Y C R
 A B G W T H T I N D A N G E L G L Z U A Q S G H F
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JESUS
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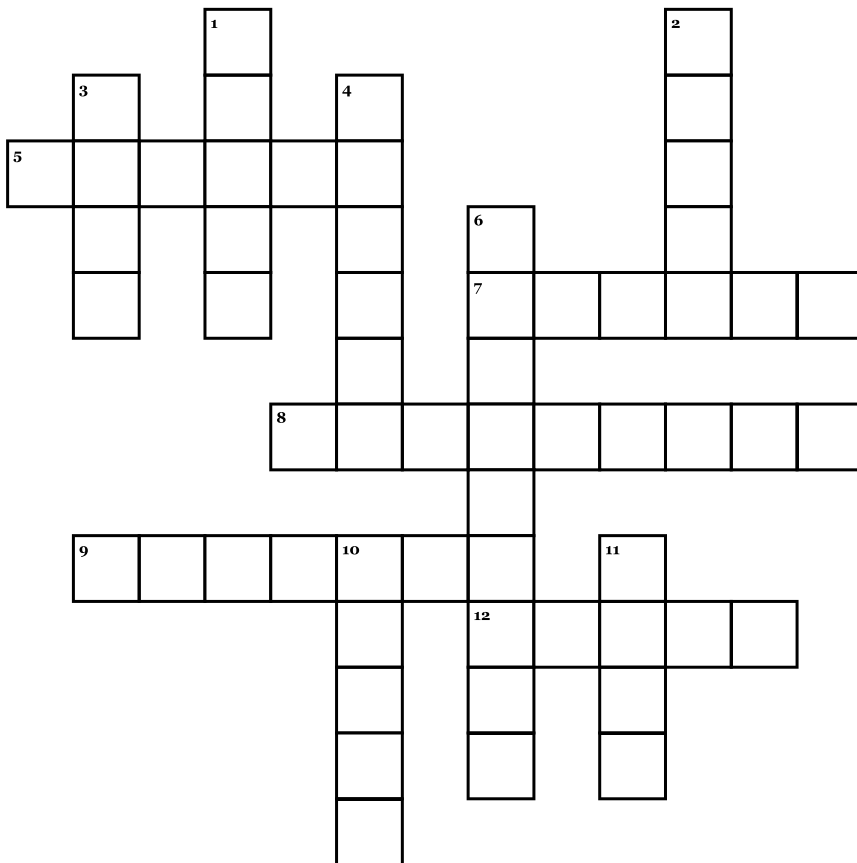
FRANKINCENSE
 CHRISTMAS
 NATIVITY

KING
 STAR
 BETHLEHEM

ADVENT
 MARY
 JOSEPH

ANGEL
 SUGARPLUMS
 MYRRH

CROSSWORD



Down

1. Common Christmas Tree Topper
2. You might dream of this kind of Christmas
3. Striped mint candy shape
4. Brothers who ushered in the era of flight
6. December's flower
10. One of December's birthstones
11. Kind of men who came to visit Jesus with gifts

Across

5. Away in a _____, no crib for a bed
7. Four week period leading up to Christmas
8. These are hung by the chimney with care
9. Circular evergreens that represent eternal life
12. Clothing for a Christmas Tree

Stay Connected!

Join Our Facebook Group

Are you on Facebook? Join our exclusive Friends and Family Group for a fun glimpse into what's happening in our community.



EMPLOYEE OF THE MONTH

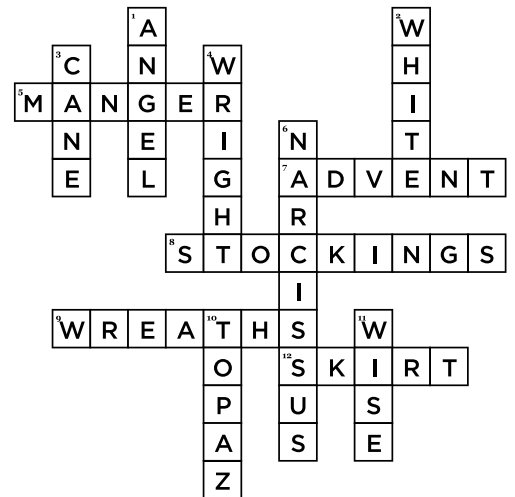
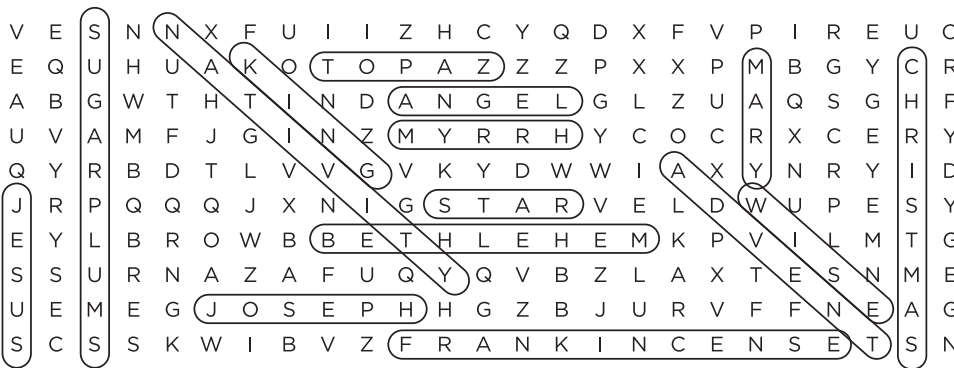
Kris Stryjewski



Kris has been married to her best friend for 30 years. She has 9 children and 28 grandchildren. She loves to travel, and in her spare time her creative side crafts away! She is a member of Freedom Fellowship Greenville and is part of the music ministry.

Kris is a wonderful employee and we are lucky to have such a positive and upbeat person on our team. She often says, "Always try to remember God must become greater, and we must become less." She also wants to remind everyone to, "Smile, it's good for you!"

ANSWER KEY



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