

WHAT'S COMING UP

August 2nd

National Ice Cream
Sandwich Day

August 3rd

National Watermelon Day

August 6th

National Root Beer Float
Day

August 7th

Purple Heart Day

August 9th

National Book Lovers Day

August 14th

Navajo Code Talkers Day

August 15th

National Relaxation Day

August 16th

National Tell a Joke Day

August 19th

World Humanitarian Day

August 24th

National Peach Pie Day

August 26th

Women's Equality Day

August 31st

Eat Outside Day



AUGUST 2023 NEWSLETTER



Hello Residents,

August has arrived, and we are still in the dog days of summer! It is an excellent time to catch up on outdoor activities before the warm days of the season leave us. Enjoy a stroll along the beautiful walkway around the community or sit a spell in the rocking chairs with a neighbor. Summer will be over before we know it, so make sure you take advantage of the sunny weather these next few weeks.

August has a fun-filled calendar of social events with over a hundred choices, so there's always something to do at Regency! We hope you'll join us at some of our community events as we round out the summer making even more wonderful memories together.

Share the exceptional living; your friends deserve it! If you or a family member is a Regency resident, you may know others who might enjoy the wonderful care and service Regency provides. We would love to meet your friends and invite them to enjoy the lifestyle that led you to us. When your friend becomes your neighbor, after they have lived with us for 60 days, we will thank you by giving you one-month FREE rent or a check for \$2,500.00, whichever you prefer! We hope your loved ones can join us and make our community even more welcoming and beautiful.

We hope this month brings you great weather, great fun, and great memories. We appreciate you as always and are glad you are a part of our Regency family!

"Keep your face to the sunshine, and you will never see the shadows."
– Helen Keller

Michelle Moffitt,
Executive Director

Friends Make the Best Neighbors

Would you like a free* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident.

**Referring residents will be paid out 90 days from the move-in date.*



Painting a Sunflower Field in Craft Class

Craft class became a fun filled time with paint brushes, canvases, sponges, a straw, and a fork. Yes, a fork! We followed along with YouTube videos and painted a sunflower field. Some of the residents ventured out with their own imaginations, proving we have a community of very talented residents amongst us.



Virginia Shupe Turns 100!

Our community gathered together and had a surprise party for Ms. Virginia as she turned the big 100. She doesn't look a day over 60!



Briarwood Safari

Independent Living and Assisted Living residents had an adventure at Briarwood Safari! Zebras, llamas, buffaloes, and an ostrich named Karen, oh my! It was a day for the books.



Celebrating Our Volunteers

We love our volunteers! Our home health agencies that sponsor events for our residents mean the world to us. Thank you to Caris Healthcare, UT Home Health, and Smoky Mountain Home Health and Hospice!



Chair Yoga

August 3rd & 17th at 10:30 am

Debbie from Smoky Mountain Home Health and Hospice will be coming on August 3rd and 17th at 10:30 am to host a brand new exercise class: Chair Yoga! Come on down and join us.



Watermelon Day with Amedisys

August 3rd at 1:00 pm

What screams “summer” more than a slice of watermelon? Join Hannah from Amedisys Home Health as we celebrate Watermelon Day. You never know what juicy things we can come up with!



Lemon Meringue Day with UT Home Health

August 15th at 1:00 pm

Celebrate Lemon Meringue Day with your friends! Gather with us in the coffee shop as we make lemon meringue dip together. Liza from UT Home Health will be here to assist us and provide instructions.



Elvis Is in the Building
August 15th at 2:00 pm

It's time to put on those Blue Suede Shoes; Elvis will be at Regency of Morristown on August 15th to perform for the entire community!



Happy Birthday Day Potato Chip
August 24th at 3:30 pm

Potato Chips are how old?! We are going to do a little taste test while we play some trivia on this classic snack food's birthday!



Regency Takes on Buc-ee's
Aug 30th at 10:30 am

The famous beaver better get ready to take on Regency of Morristown! We'll be visiting the world's largest convenience store in the last week of August and we can't wait.





Faye Wheeler

Mrs. Faye began calling Regency of Morristown her home in June 2023. Faye and the love of her life, Worth Wheeler, were married for 58 years. The couple met at a snack bar where Faye was working. They went on their first date to the movies a little while after that, and

the movie they saw was sponsored by a self-rising flour company. During the movie, Mr. Wheeler turned to Faye and said, "If you're going to marry me, you better know how to make biscuits." Faye didn't know how to

make biscuits at that time, but she learned and for 58 years he ate the biscuits she made and he loved them! Worth and Faye have three daughters: Michelle, Julie, and Kristi. Faye's favorite job was being a housewife and a mother. After her girls grew up and moved out, Mrs. Wheeler started working in the business office at Walter State. Faye now has six grandchildren and three great grandchildren. Family, friends, and her church are very important to her, and she loves to read. She has a grand-pup named Jovy that comes and visits often. If you see Faye around, pull up a chair and have a seat. She is ready for a conversation and you will be blessed with a wonderful friend!

Happy Birthday

Resident

Mildred Welch	Aug. 1st
David Rutherford	Aug. 1st
Ina Schmidt	Aug. 2nd
Jackie Kelley	Aug. 6th
Robert Fain	Aug. 7th
Dorothy LaRue	Aug. 8th
Barbara Derhammer	Aug. 13th
Onelia Rodriguez	Aug. 16th
Kathryn Moore	Aug. 17th
Sandra Woods	Aug. 24th
Robert Williamson	Aug. 25th
Barbara Simmons	Aug. 27th
Margie Traver	Aug. 27th
Charles Johnson	Aug. 30th

Employee

Judith Larger	Aug. 3rd
Carmen Hoffmann	Aug. 4th
Pamela Heck	Aug. 5th
Texie Dalton	Aug. 8th
Patricia Kinsler	Aug. 12th
Sandra Wylie	Aug. 12th
Brittany Edwards	Aug. 16th
Sonyetta Fanney	Aug. 28th
Kayelyn Hurd	Aug. 29th

WELCOME NEW RESIDENTS! 🏠

George Hunt

Alvin McClanahan

FUN FACTS

- » The number of days in August has changed many times. First it was 30 days. Then, 31. When January and February came onto the scene, August got reduced to 29 days. Then, Julius Caesar changed it back to 31. Thankfully it has remained that way ever since.
- » Here is one of the more interesting August facts – in a regular year, no other month starts on the same day of the week as August. In a leap year, that other quirky month, February, will start on the same day of the week as August. It's interesting the way the days fall within a month, isn't it?
- » The two zodiac signs that represent the month of August are Leo and Virgo. Leos, represented by the lion, are people born from August 1st to August 22nd. Virgos, represented by the virgin, are people born from August 22nd to August 31st.
- » A birthstone of the highest beauty, period. Errr, we mean peridot. Peridot is a stunning green gem that is forged in lava. While it may not be the most well known of the birthstones, its stunning range of color from electric grass to subtle olive, will make anyone green with envy.
- » The residents of major European cities often go on vacation in August. If you're traveling to Paris or Rome, you will notice that mostly everyone around you are fellow tourists. Don't worry though, while many residents are gone, the service industry remains to take your tourist dollars!

WORD FIND

W P S B R H N G U O K P K I N W R F S L H W N D Z
M V A F M T W T P O W T I T L G P D A A K Z A B T
E O J R L K P M X D E D C M L J K G C U C H T T V
I V N F I O M E H H E L C W D K W O V Q G C P G T
Z I V A C S W P R Z D H Z I A M E R I C A U Y A B
P R Z K T F S E J I O M S M O X Q Z B E O K S C A
O G X H L H E P R B D D V E S U V I U S M U P T M
P O S P M F G P G B J O I F Y I O K N N R A S O B
P K S A V E U E I L V J T A C V V D Q B X Q O Q O
Y L E O V R I R C B R Q E O C T Z F U R O M A B O

VESUVIUS
AMERICA
PERIDOT

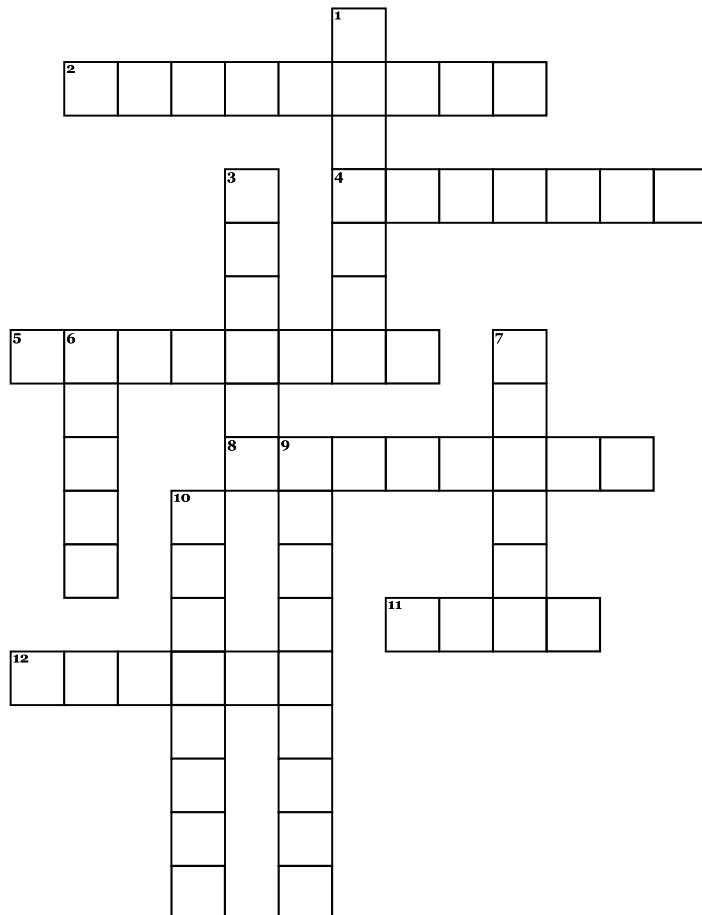
PARIS
AUGUST
ZODIAC

MONATH
LEO
FLOWER

BAMBOO
POPPY
ROMA

PEPPER
VIRGO
WEED

CROSSWORD



Down

1. Destroyed Italian city
3. _____ Caesar Roman Emperor
6. King of Rock and Roll
7. The Original Blonde Bombshell
9. First Man on the Moon
10. Discoverer of the Americas

Across

2. August Flower
4. August birthstone
5. Old Latin Name for August
8. Bread with Meat Inside
11. "I Have a Dream" Orator
12. Popular Boy's Name



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Don't get lost in the crowd — join our Friends & Family group by scanning the QR Code below!



EMPLOYEE OF THE MONTH

Steffanie Martin

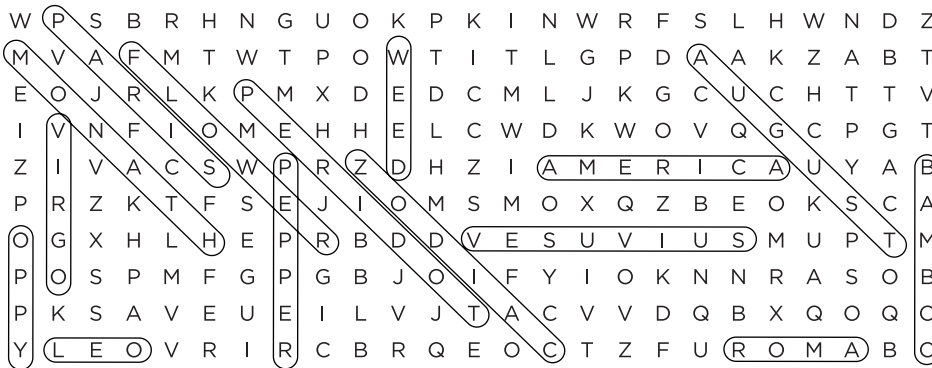


Steffanie, who works as Front Desk Concierge, has been with Regency since March 2022. Steffanie is always ready to greet our residents, employees, and visitors with a smile and offer assistance. She never hesitates to help our residents when they

ask, and they love seeing her at the front desk. Steffanie is a proud mother and grandmother, with three children and nine grandchildren. She enjoys calligraphy and crafting in her free time.

Steffanie, thank you for being a part of our family and for everything you do to make Regency special!

ANSWER KEY



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