

## WHAT'S COMING UP

**July 4th**

Independence Day

**July 7th**

National Father Daughter  
Take a Walk Day

World Chocolate Day

**July 14th**

National Mac & Cheese Day

**July 16th**

National Ice Cream Day

**July 19th**

National Hot Dog Day

**July 23rd**

National Parents' Day

**July 28th**

Buffalo Soldiers Day

**July 30th**

International Day of  
Friendship



## JULY 2023 NEWSLETTER



### ***Hello Residents,***

July is here, and what an honor to celebrate with each of you! July is a month filled with hotdogs, watermelons, fireworks, and long summer nights spending time with family and friends. Regency's activity calendar is full of engaging social events to enjoy with your neighbor or invite a family member to create new memories!

Share exceptional living; your friends deserve it! Friends Make the Best Neighbors is Regency Senior Living's resident referral program. Suppose you or a family member is a Regency resident. In that case, you may know others who might enjoy Regency's exceptional care and service—everything from delicious meals and social activities to freedom from home maintenance.

We would love to meet your friends and invite them to enjoy the lifestyle that led you to us. When your friend becomes your neighbor after they have lived with us for 60 days, we will thank you by giving you one month of FREE rent or a check for \$2500, whichever you prefer.

"Keep your face to the sunshine, and you will never see the shadows." – Helen Keller

***Michelle Moffitt,***  
*Executive Director*

### ***Friends Make the Best Neighbors***

Would you like a free\* month at Regency? Don't forget about our "Friends Make the Best Neighbors" promotion! Invite your friends to move into our community and receive a free month or a check for \$2,500 for each referral who becomes a resident. \*Referring residents will be paid out 90 days from the move-in date.



## Community of The Year Celebration

Regency of Morristown celebrated with residents and staff under the pavilion. Smoky Mountain Variety Show provided the entertainment, and there was great fellowship, food, and a wonderful time for everyone!



## Pathway's Trip to Briarwood Safari

Zebras, llamas, buffaloes, and an ostrich, oh my! Our Pathway unit went on a trip to our local safari and had a picnic surrounded by these amazing animals.





## Outing to Bush's Beans Kitchen

Bean pecan pie? You heard right! They serve that at Bush's Beans Kitchen. They also serve some amazing lunch dishes! After eating, our Assisted Living and Independent Living residents went and toured the free museum and shopped in their gift shop!



## Funtastic Friday: Biker Day

What's a better way to celebrate Biker Day than to have residents and staff enjoy a photo op on a trike? Laughter and smiles were seen all over the community!





## Full Moon Day

July 3rd at 3:00 pm

We will celebrate in the parlor with moon trivia, Moon Pies, and RC Cola.



## Fun in the Sun

July 6th at 1:30 pm

We are going to head out to the pavilion and enjoy some social time, Sunny D, and popsicles!



## Community Outing — Farmer's Daughter

July 7th at 10:30 am

Assisted Living and Independent Living residents will get the opportunity to go eat at a country-cooking Mennonite-owned restaurant in Chuckey, TN.





## Bill Reed the Tour Guide

July 12th at 3:30 pm

One of our own residents and his wife have turned their life's adventure into a slide show and are going to present it to our community and our Pathway community!



## Christmas In July

July 17th-21st

We will be enjoying this beloved holiday while wearing shorts and T-shirts! A week of Christmas crafts, cookie decorating, and even a Christmas movie in our 3rd-floor theater will be a wonderful way to celebrate Christmas in July.



## ALPS Walk to Remember

July 22nd at 8:00 am

Put on your tennis shoes and your Regency Memory Care Super Heroes t-shirt and meet us at the ALPS day center! We are walking to honor those still fighting and those whose memory we hold in our hearts.





## Bill Reed

Bill and his wife Mary have called the Regency of Morristown home since Feb. 2023. After dating for two weeks, Bill said he knew that God had handpicked Mary for him, and he proposed. 54 years later, they have two sons, David and Ben. David teaches professional golf, and Ben is a pharmacist. They have four grandchildren, Austin, Laryn, Anna, and Carter.

Bill's career starts out at the University of Tennessee, where he received his Master's degree in the Science of Agriculture. After graduation, Mr. Reed signed up for the Air Force and was in the service for four years, stationed in South Dakota and California. After the Air Force, Bill came back to Tennessee and took the AG extension position for UT in Sumner County.

It was just a few years later he was offered the Director position in Jefferson City. He stayed in this position for 25 years, and worked for the AG Extension UT office for a total of 34 years.

After retirement, Bill and Mary started their own tour company, Reed's Good Time Tours, and operated this company until 2015. They visited all 50 states and eight foreign countries, never going anywhere twice except for Alaska. They went to Alaska 14 times! Mr. Reed shared that you can never see the total beauty of Alaska from a cruise, you have to go inland. Bill stays busy here at Regency by gardening and keeping a weather gauge. Mr. Reed is a wealth of information and we appreciate him more than he knows!

## FUN FACTS

- » The Tour de Donut is a 30-mile bike race in Illinois where riders take 5 minutes off their time for each donut they eat along the way. It takes place on July 8th this year.
- » In July 1969, a live transmission from the Moon was viewed by 720 million people around the world, with the landing of Apollo 11, at 10:56 p.m. EDT, Neil Armstrong and Buzz Aldrin stepped onto the surface of the Moon, live on international television.
- » International Yada Yada Yada Day is celebrated on July 23rd. The phrase — which can mean 'so on and so forth' or 'blah, blah, blah' — was popularized by an episode of the popular American sitcom "Seinfeld."



### Resident

Francis Anderson	July 4th
Brenda Strange	July 7th
Cleon Quear	July 7th
Michael McPeak	July 8th
David Tilson	July 9th
Lewis Lackland	July 12th
Elizabeth Lewis	July 13th
Bonnie Williams	July 14th

### Resident

Lois Keck	July 18th
Jana Shipley	July 19th
Dick Booher	July 19th
Barbara Buchanan	July 20th
Helen Davis	July 25th
Clarita McKee	July 28th
Ruth Hubbard	July 29th

### Employee

Lisa Ingrao	July 4th
July Hogsed	July 5th
Sheila Brooks	July 6th
JR Bewley	July 9th
Amaya Jackson	July 10th
Ann Hennessy	July 14th
Leeah Buttry	July 22nd
Douglas Grimm	July 22nd
Lorraine Setser	July 30th

## WELCOME NEW RESIDENTS!

Francis Anderson

Juanita Brewer

Faye Andrews

## WORD FIND

K	T	O	U	R	Z	U	P	U	N	B	G	S	W	F	H	C	D	N	E	M	I	M	C	V
R	L	W	X	S	H	X	W	J	M	O	O	N	L	I	N	Y	S	U	M	M	E	R	B	X
U	G	I	N	D	E	P	E	N	D	E	N	C	E	R	A	P	P	L	T	D	X	B	P	D
B	S	B	B	M	M	U	S	B	E	C	B	U	Z	E	S	T	W	L	J	X	I	L	J	E
Y	K	N	G	E	E	X	R	Q	G	O	Y	C	P	W	A	E	E	N	D	R	D	L	B	B
D	Z	H	M	Q	R	F	R	S	L	S	S	N	F	O	T	Z	P	J	O	O	W	J	I	R
K	R	W	F	S	V	T	T	I	N	E	J	U	O	R	G	E	C	B	E	A	N	S	W	E
J	U	L	I	U	S	F	Y	D	U	D	O	Z	R	K	Q	O	K	Y	A	M	W	U	M	A
S	E	I	N	F	E	L	D	J	U	S	Q	O	D	S	Y	Y	T	D	X	F	N	A	T	D
Y	K	X	K	L	A	A	X	F	D	W	O	F	J	X	S	K	L	B	E	W	V	J	Z	D

SUMMER

LEO

BEANS

BREAD

JULIUS

MOON

FIREWORKS

RUBY

NASA

TOUR

SEINFELD

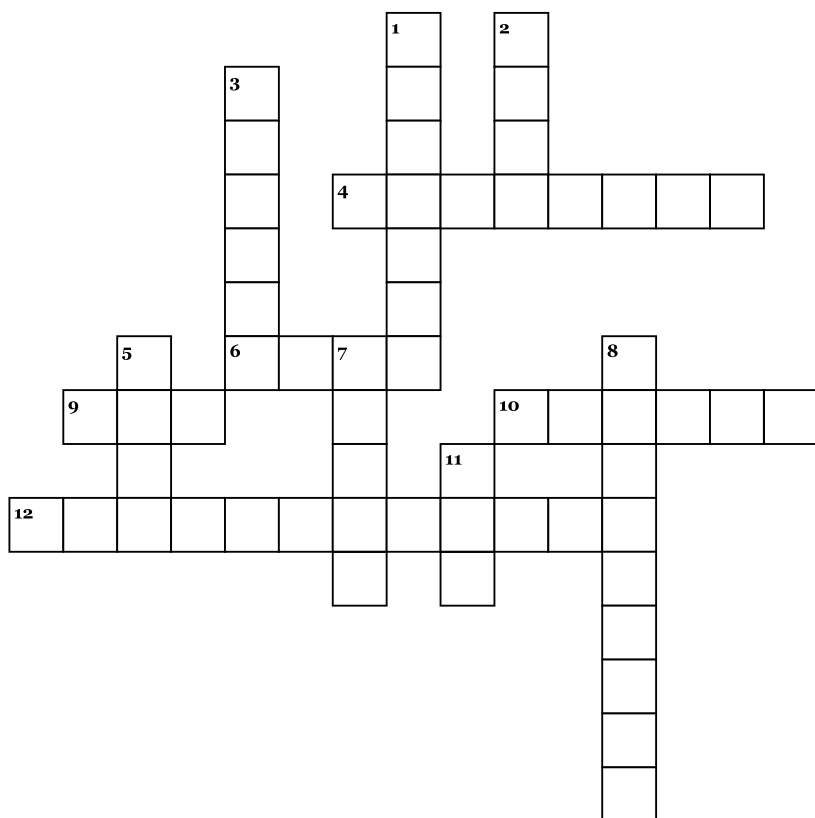
INDEPENDENCE

LIBERTY

FORD

DONUT

## CROSSWORD

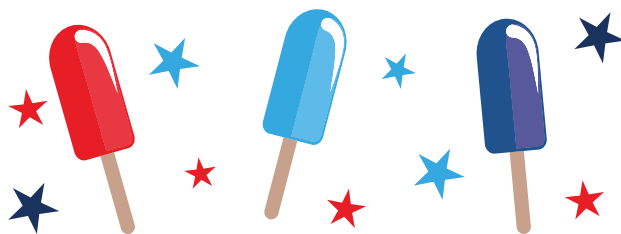


### Down

1. Bell found in Pennsylvania
2. Neil and Buzz walked on this
3. July's namesake
5. Mustang company
7. Popular BBQ side dish
8. Colorful explosions
11. The lion of astrology

### Across

4. Show with Jerry and friends
6. Red stone
9. \_\_\_\_ days of Summer,
10. The best thing since \_\_\_\_ bread
12. What July 4th represents





## Stay Connected!

### Join Our Facebook Group

Scan the QR Code below to join our exclusive Friends & Family community on Facebook, and stay up to date on all things Regency Morristown.



## EMPLOYEE OF THE MONTH

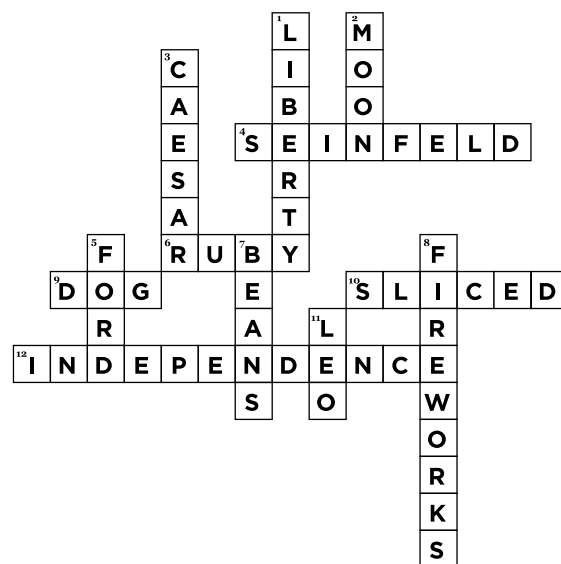
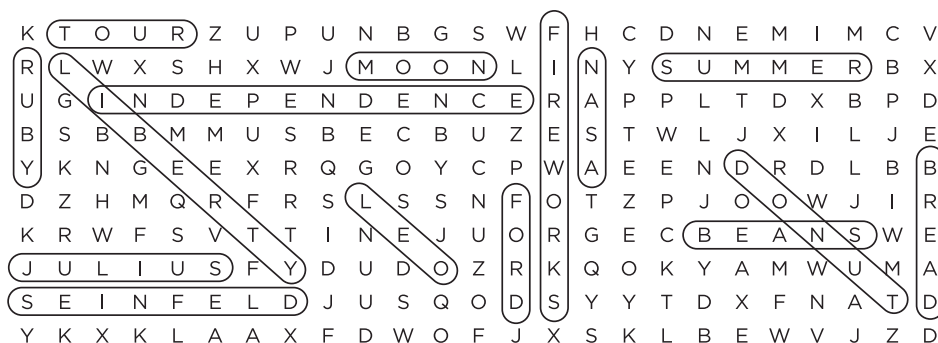
### Marilyn Turner



Marilyn, an LPN, has served at Regency since August 2022. Marilyn is one of our heroes providing excellent care to our residents with her exceptional nursing skills and over thirty years of experience in maintaining healthy

lifestyles. When Marilyn is not providing care for the Regency residents, she spends time with her grandson, crocheting, and quilting! Regency is thankful to have Marilyn as part of the team!

## ANSWER KEY



## CONNECT WITH US

Facebook.com/RegencyRetirementVillage

RegencyMorristown.com