

WHAT'S COMING UP

May 1st

May Day

May 4th

National Day of Prayer

May 5th

Cinco de Mayo

May 14th

Mother's Day

May 24th

National Brother's Day

May 28th

National Hamburger Day

May 29th

Memorial Day

May 31st

National Senior Health and
Fitness Day

MAY 2023 NEWSLETTER



Hello Residents,

May is here, and let us enjoy the warmth of the sunshine that all have been yearning for since last season!

With that being said, I encourage each of you to enjoy the outside amenities and activities that Regency has to offer to each of you. Invite a neighbor and enjoy engaging in conversation while you sit a spell in the rocking chairs under the picnic pavilion or start a walking club and enlighten yourself with the beautiful scenery around the walking trail. Or hop on the Regency Bus on Fridays and go out to eat with the Regency Lunch Bunch! There are several opportunities to get out and about here at Regency!

Regency realizes the importance of preventing isolation. Every person, no matter the age, needs connection, interaction, and socialization. Regency offers over one hundred forty activities a month to encourage interaction with your Regency neighbors!

Last but not least, Regency cannot forget Mother's Day! There will be Mother's Day Tea on Friday, May 12th, in the parlor on the second floor to celebrate all the Regency mothers!

"Motherhood is the keystone of the arch of matrimonial happiness." –Thomas Jefferson

Michelle Moffitt,
Executive Director



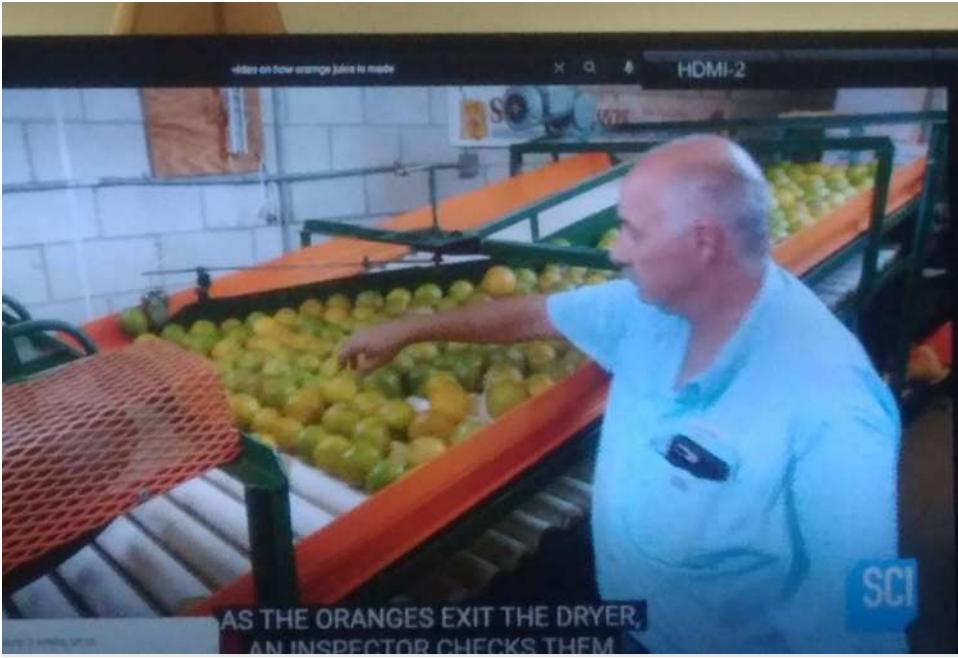
St. Patrick's Themed Meal

We treated our residents to some Irish food through some homemade Irish recipes. We had staff dressed up in costumes to set the scene! We also had Irish tunes playing in the background.



Easter Event

We attempted an Easter egg hunt but it was shut down due to pouring rains. No fear, Regency made our Easter celebration happen! We moved indoors and had photo ops with the Easter Bunny, who gave out candy bags to all who participated.



Vitamin C Day

We celebrated Vitamin C Day with a video of how orange juice is made at a production plant. We also had some Sunny D for the residents to drink! We had a great time and fun fellowship.



Trip to the Lincoln Museum in Harrogate

We went to The Lincoln Museum in Harrogate. The Museum had been remodeled and the relics and displays were magnificent. I was looking for one of my residents and heard his harmonica playing. I told the lady at the museum that there would be no charge for the concert, and it fit right in with the Civil War theme. We then finished the outing with Cracker Barrel for lunch!





Banana Pudding Day

May 1st at 2:30 p.m.

There's nothing like good ol' southern-made banana pudding. You see it at a lot of social gatherings like church homecomings, family reunions, etc. We are going to give the residents an opportunity to sample some of this great bananalicious dessert.



Cinco de Mayo Party

May 5th at 2:30 p.m.

We will be celebrating Cinco de Mayo in our parlor area. There will be some Mexican party faves to eat and some tequila with gummy worms at the bottom. The music, food, and atmosphere will have you dancing on tables. Olé!



Gardening Day

May 8th at 2:30 p.m.

We are going to set out plants to honor the tradition of planting. Each year, farmers plant millions of plants, so they can feed America. This activity is to show us how grateful we should be to the farmers. They make many sacrifices for us, through bad weather and crop failures. God Bless all the Farmers for serving America.



Mother's Day Tea

May 12th at 2:30 p.m.

Mother's Day Tea is a yearly event that we pride ourselves on. It's a chance to recognize the mothers here, who probably struggled and sacrificed for their families. Mothers are the glue that holds the family together. What would we do without them? We will be serving refreshments and tea at this event.



Strawberry Day

May 19th at 3:30 p.m.

May is the time of year we look forward to buying and picking strawberries. We are going to look up some fun facts about strawberries, and even get to eat some fresh from the garden. Our town here in Morristown has a Strawberry Festival each year. There are food vendors, crafters, music groups, and best of all, those sweet red berries!



Memorial Day Cookout

May 26th at 11:30 a.m.

We will be celebrating with a cookout for the ones that gave their all for us, to live here in the United States, free to prosper. Some countries don't have that luxury. Our cookout will have all the red, white, and blue we can muster.



Themed Meal of the Month

Summer Cookout

Our themed meal is a summer cookout. We will grill food on the gas grills for our residents, and the kitchen will have side dishes and dessert, just like having a picnic at a national park!

Save
the
Date

May 1st — Banana Pudding Day
May 4th — National Day of Prayer
May 5th — Cindo de Mayo Party

May 8th — Gardening Day
May 12th — Mother's Day Tea
May 26th — Memorial Day Cookout



Judith Eggert

Judith was born in Michigan, was raised Lutheran, and now is a Methodist. She was a legal secretary by trade. Her first job was at a printing company, where she worked in the office. This is where she met her husband. They got married and moved to Wisconsin.

Together they had two boys, Bob and Jeff, and were married for twenty years. When her husband passed away Judith moved to Tennessee. She joined us here at Regency in May of last year. She likes to sew and do embroidery. She used to play the accordion and the piano too! She also loves

cats, dogs, and reading romance novels.

She has four grandchildren whom she loves dearly. Judith is a great person with a truly wonderful personality. She shared that everybody has made her feel welcome in our community. You are welcome here, Judith Eggert, and thank you for being our resident spotlight for May!

Happy Birthday

Resident

Myra Johnson	May 4th
Betty Buergler	May 6th
Danny Williams	May 17th
William Mantooth	May 18th
Claude Jackson	May 21st
Beverly Causey	May 22nd
Charlie Freeman	May 23rd
Gail Hoard	May 26th
Judith Brant	May 27th
Myra Murdock	May 28th
Blanche Johnson	May 31st

Employee

Patience Snyder	May 10th
Jerrica Carpenter	May 14th
Lenora Balogh	May 20th
Lizabeth Hill	May 27th



ATTENTION EVERYONE!

The Morristown Regency was voted *Community of Year* for 2022. We are so thrilled, we are throwing a party and would love everyone to attend. We will have this celebration on May 18th, under the pavilion out front of the property. There will be games, music, and food, so come on out! We have so much to celebrate. Our residents help us maintain this building with their input in all the different meetings they attend. Together we can conquer any obstacles in this life. Let's party and celebrate the hard work we've done together!

FUN FACTS

- » The word May wasn't actually used until the middle ages were on their way out, around the 15th Century AD. Up until then, the Roman word *Maius* was still used.
- » May used to have a very different name in Old English. Back then, the month was referred to as the "month of three milkings." Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!
- » May is a pretty good month for US presidents. Every other month of the year, at least one US president has died, but never in May!
- » May also has some pretty wacky days! Hawaii celebrates Lei Day on the first of May, which also happens to be May Day. Utah celebrates Golden Spike Day on May 10th in observance of the completion of the First Transcontinental Railroad. May 29th is celebrated as Put a Pillow on Your Fridge Day!

WELCOME NEW RESIDENT! 🏠

Edna Woody

WORD FIND

A K D R E S H F Z E Z Q Q F P G R E E K I U R Y T
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MAY

AQUARIIDS

GREEK

GARLANDS

UNLUCKY

MAIA

EMERALD

EMPIRE

TAURUS

EUROVISION

LEVI

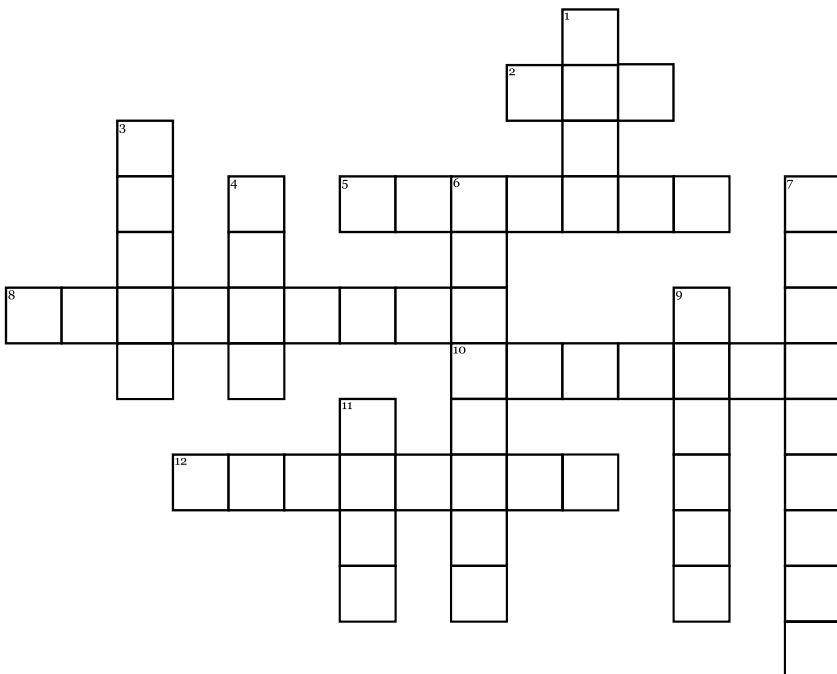
FERTILITY

ZODIAC

FLOWERS

QUEEN

CROSS-WORD



Down

1. ____ Roman goddess of growth
3. Latin word for May ____
4. May the 4th is celebrated as Star ____ Day
6. Actor born in May, Clint _____
7. Emeralds are symbols of ____ and rebirth
9. May Zodiac signs, Taurus and _____
11. ____ celebrates Golden Spike Day on May 10th

Across

2. ____ was once considered an incredibly ill-omened time to get married
5. The birthstone for May is the ____
8. Meteor shower in May. The Eta _____
10. The Empire State Building was the _____ building in the world in 1931
12. May birth flowers, the Lily-of-the-Valley and the _____

EMPLOYEE OF THE YEAR

Judy Turner



Judy has been with Regency since May 2018. She has worked in different departments here at Regency and is a very dedicated employee. All the residents know her and depend on her for their Dietary needs. She is always faithful and dedicated

to our residents.

Thank you, Judy, and congratulations on being recognized as Employee of the Year!

EMPLOYEE OF THE MONTH

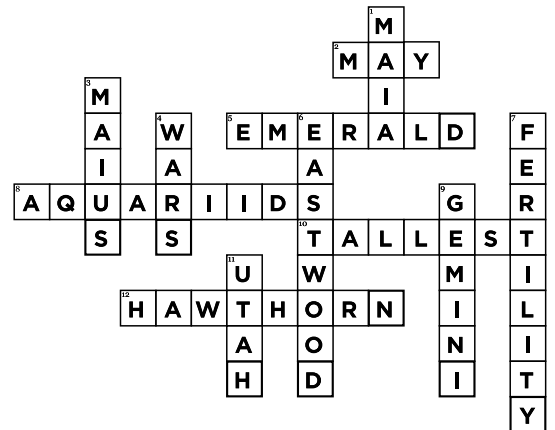
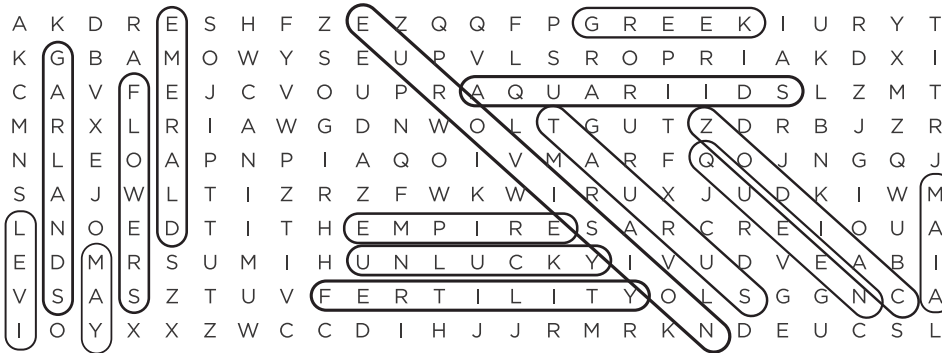
Rayann Raines



Rayann has been here for two years as a teacher in our Day Care Department. She is a single mom who has two children, Willow and Tucker. She has been helping with caregiving on the Assisted Living side on some weekends.

Outside of work, Rayann is enrolled in a program to get her Early Childhood Education Certification. She loves sunflowers and iced coffee. She has a very friendly personality and is a great asset to this company. Thank you for all you do, Rayann!

ANSWER KEY



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