

WHAT'S COMING UP

February 1st

Black History Month Begins
National Freedom Day

February 2nd

Groundhog Day

February 4th

World Cancer Day

February 7th

Rose Day

February 9th

National Pizza Day

February 12th

Super Bowl Sunday

February 14th

Valentine's Day

February 15th

Remember the Maine Day

February 20th

Presidents' Day

February 21st

Mardi Gras

February 28th

National Chocolate Souffle
Day



FEBRUARY 2023 NEWSLETTER



Hello Residents,

It's hard to believe that we are already in the second month of 2023.

Time is swiftly running by. We all need to take the time to smell the roses, as my mom used to say. We need to live our lives to the fullest. Sometimes we get so caught up in life that we are afraid to put ourselves out there. Life is what you make of it. If you want love and laughter in your life, then get out of those rooms and make some memories.

Don't spend your life worrying about what people think about you. In the end, God is your judge. Mark has lots of fun things planned for February, so get out there and have some fun!

For example, he has a Valentine's Dinner planned for Valentine's Day at 5 pm, with his famous spaghetti dinner. Spend some time with the one you love or with friends that are just like family. Good memories will follow as long as you make time for good friends.

We want to thank Pastor Mills for doing the Communion service last month. We have heard a lot of positive feedback from it! We are thankful to live in a country where we have the freedom to worship. There are church services here at Regency every Sunday at 1 pm in the parlor, try to attend sometime!

Take advantage of the different activity rooms we have here at Regency, like the spa room! Just let Mark know when you would like to use it and he will make sure it is clean and ready to go for you. It is great during these winter months when your bones ache.

Also, we have a movie theater upstairs on the third floor. Mark schedules movie times on the monthly activities calendar, serves hot buttered popcorn, boxed movie candies, and a drink for the low price of nothing.

We are here for you. We want to make your retirement a pleasant one. Thank you for choosing Regency Retirement Village for your home away from home.

Michelle Moffitt,
Executive Director



Christmas Candlelight Service

In the annual Christmas Candlelight Service, we sing Christmas songs, hear from the Bible, and pray. We then play music and light candles for loved ones who have gone on to Heaven. We miss them down here, but we have the assurance of seeing them again.



Hot Cocoa Bar with Cookies

Being inside with friends drinking a cup of hot cocoa and eating cookies makes this time of year so much sweeter. The residents really enjoy the fellowship with each other and the conversation of memories of Christmas past.



Winter Movie Fest

You can't get in the mood for Christmas without some great Christmas Movies. We are proud of the new movie theater we have here at Regency. We serve hot buttered popcorn, boxed movie candies, and a soda of choice.



Travis's Farewell Party

Travis was one of our cooks here at Regency and is going on to college to better his career. We threw a party for him and for the residents to say their goodbyes. Refreshments were served and we all wished him well!





Karms Thrift Store Shopping

February 4th

The 4th is National Thrift Store Day, so we are going to take the residents to Karms on the west side of town to shop for some treasures. Thrift stores are one of the best places to go for cheap finds, like clothing, furniture, pictures, trinkets, and more.



Chocolate Day

February 14th

There's nothing better than the taste of chocolate. What better way to celebrate Valentine's Day than with milk chocolates for that special someone? We will be serving different chocolate treats to our residents for them to enjoy.



Valentine's Day Dinner

February 14th

Valentine's Day is special for a lot of people. We want everyone to know that you are loved by this special night of food, music, and fun and we will have door prizes to give away. Make sure you sign up for this event. This will be on February 14th at 5 pm in the parlor, reservations only!



Target Shooting

See Calendar

It's not what you think. We don't have real guns. These Nerf guns shoot soft foam darts at targets. It's a fun and silly way to have a good time with friends and neighbors here at Regency Retirement Village.



Mardi Gras

February 21st

It's that time of the year again! Where music, masks, beads, and parties celebrate Mardi Gras. We will have refreshments, decorations, music, and food to set the scene and get you in the mood.



Smoky Mtn. Variety Show

See Calendar

This duo can sing the house down. They are really rockin' it in Pigeon Forge, the entertainment capital of Tennessee! Come and let them take you back to the good ole days. There's lots of fun and laughter in this show!



National Chili Day

February 23rd

Eating homemade chili, what better way to spend a cold winter day? We're going to make homemade chili and serve it to the residents for National Chili Day. You never know what's going to come out of our kitchen!

Save
the
Date

Feb. 2nd — Groundhog Day
Feb. 4th — World Cancer Day
Feb. 7th — Rose Day

Feb. 12th — Super Bowl Sunday
Feb. 20th — Presidents' Day
Feb. 21st — Mardi Gras



Conrad Ward

Conrad joined us in July 2022 and is from Morristown, Tennessee.

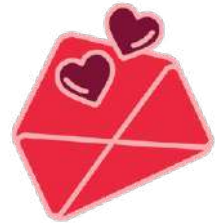
He was married for 38 and a half years and has one daughter and one son. He also has two grandkids and one great-grandkid. Conrad served in the Air Force Intelligence Department. Before his wife passed away, they lived in Surfside Beach, South Carolina for nine years.

TVA hired him and he moved back to Tennessee and worked for them for 38 years. Then he was a security guard at the College Square Mall for 17 years. Conrad loves to golf, softball, bowl, and bike. We love you, Conrad!

WELCOME NEW RESIDENTS! 🏠

Leslie Franson
William Murphy
Jennell Warczinsky
Anna Ray
Bennie Leach
Edna Barbee

Happy Birthday



Resident

A.D. Butler	Feb. 5th
Mary Johnston	Feb. 7th
David Weldon	Feb. 9th
Priscilla Hogan	Feb. 10th
Ronnie Jennings	Feb. 11th
Pete Robertson	Feb. 12th
Ronald Pierce	Feb. 19th
Ron Arakaki	Feb. 19th
Mary Alice Noe	Feb. 20th
Ramon Rodriguez	Feb. 28th

Employee

Ashley Antrican	Feb. 1st
Annie Brooks	Feb. 7th
Dewayne Lamb	Feb. 8th
Mark Greene	Feb. 10th
Leah Adams	Feb. 12th
Melissa Vance	Feb. 18th
Holly Haag	Feb. 20th
Brittany Byrd	Feb. 26th
Annie Jarnigan	Feb. 27th

COMMUNITY STORY



We just had one of our residents turn a hundred years old. He is John Macknowsky, we call him Johnny Mac.

He has earned a lot of accomplishments throughout his life. One of them was serving in

the Navy in WWII. He was also a professional basketball player and a teacher. He has nothing but love in his heart, ask any of the staff.

Johnny Mac has a great family that supports him, they joined us for a big bang of a birthday party. We even had special guests, such as U.S. Representatives Diana Harshbarger's assistant, Daryl Brady, who presented Johnny Mac with a cased American flag, a plaque, and a letter from our congressional representative. We had the local newspaper, the Tribune of Morristown, The American Legion, and Rolling Thunder attend as well.

Thank you, Johnny Mac, for your service to this country and for the wonderful example of what an American citizen should be. Happy 100th Birthday!



WORD FIND

P J I C K A Q K J N S Y U B F D J M C I C E T R O
 I I T K R O M A N C E F I V H R X D H C W D F A P
 S P G A X F E B R U A R Y P R I M R O S E W H B H
 C U D R Z L P I N O C C H I O T A F C G H I L B O
 E L O W I Z D U L R F X V F L C W P O A V N P I X
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 J L H G C P N V F L R O A Y I L P Y T X T R P C R
 O A M E T H Y S T G J O P W R V E J E T P X I X D
 H M S Q S L T J L Z P N Q L D J V T M D X I U V E

FEBRUARY
 PISCES
 CHOCOLATE

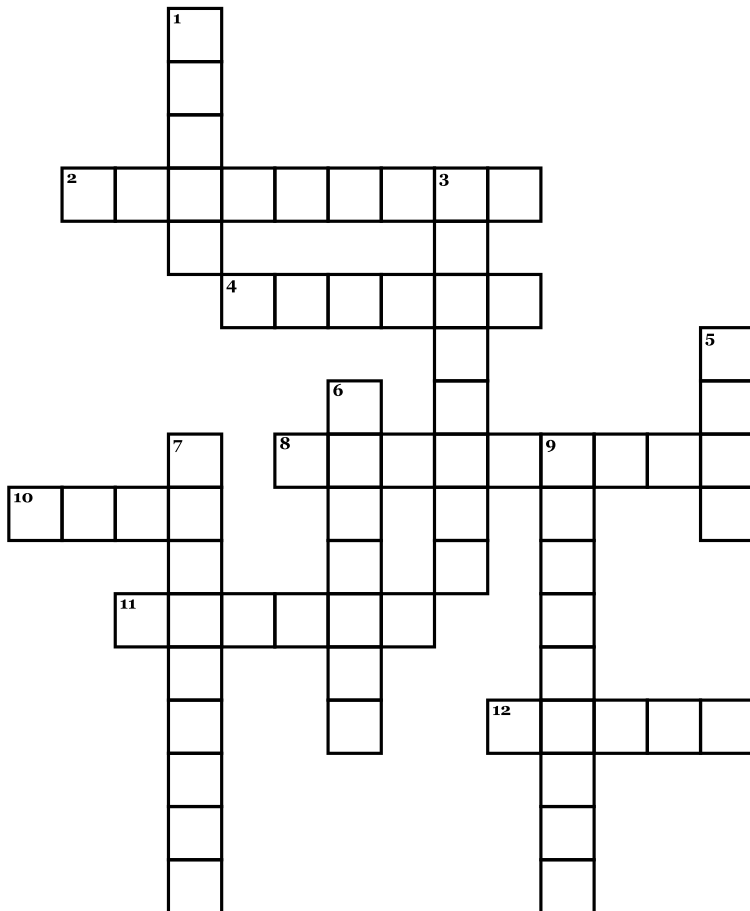
MOON
 AMETHYST
 VIOLET

LEAP
 GROUNDHOG
 RABBIT

PINOCCHIO
 OXFORD
 WINTER

ROMANCE
 PRIMROSE
 AQUARIUS

CROSS-WORD



Down

- Chinese New Year is also known as the _____ New Year
- One of February's birth flowers
- Full moon in February name
- Roses are red _____ are blue
- Punxsutawney Phil's kind
- It comes in a heart-shaped box

Across

- Treaty of _____ Hidalgo
- 2023 is the year of the _____
- His nose grows when lying
- Leap Year occurs every _____ years
- Letters to _____
- The first motion picture studio, _____ *Maria*

EMPLOYEE OF THE YEAR

Judy Turner



Judy has been with Regency since May 2018. She has worked in different departments here at Regency and is a very dedicated employee. All the residents know her and depend on her for their Dietary needs. She is always faithful and dedicated

to our residents.

Thank you, Judy, and congratulations on being recognized as Employee of the Year!

EMPLOYEE OF THE MONTH

Jerrica Carpenter

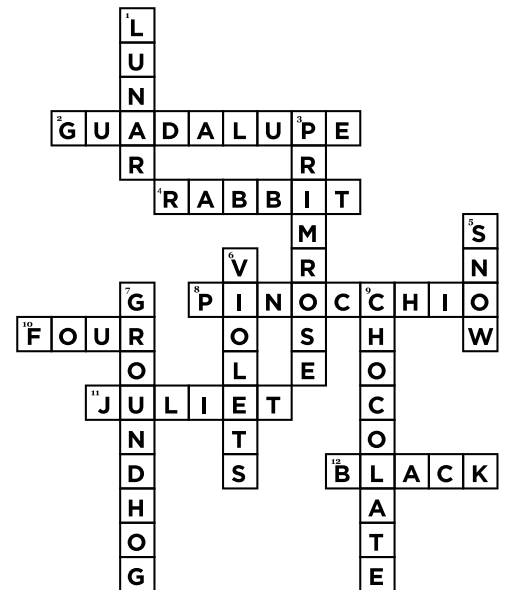
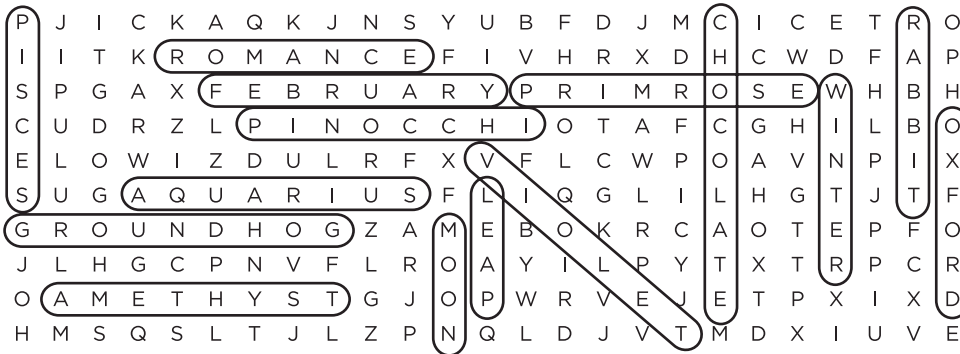


Jerrica has worked for Regency Retirement Village for almost a year.

She has a lovely personality and said she loves everyone here. She has recently got engaged and is getting ready for the big day in April. When she has free time, she loves to play with her dogs. She said she also likes to go shopping.

Thank you, Jerrica, for all you do for our residents. We know they love you too.

ANSWER KEY



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