

WHAT'S COMING UP

September 4

National Wildlife Day

September 5

International Day of Charity
Labor Day

September 6

National Read a Book Day

September 8

World Physical Therapy Day

September 9

International Sudoku Day

September 11

Grandparents Day
Patriot Day

September 15

Greenpeace Day

September 16

POW/MIA Recognition Day

September 21

World Alzheimer's Day
World Gratitude Day

September 22

Fall Equinox
Falls Prevention
Awareness Day

September 23

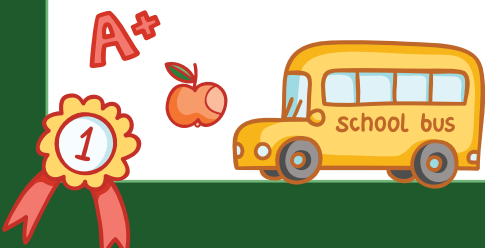
Native American Day

September 25

National Cooking Day
Rosh Hashanah

September 28

National Good Neighbor Day



SEPTEMBER 2022 NEWSLETTER



Hello Residents,

There will soon be crisp air and changing colors surrounding the beautiful community that so many call home. September is a change month, transitioning the seasons from summer to autumn. As the season is changing, so is the atmosphere at Regency.

Regency introduced "Anytime Dining" in August, which has been a positive change. Anyone can now go to the main dining room between the hours of 8:00 am to 5:00 pm and request delicious food from the alternate menu.

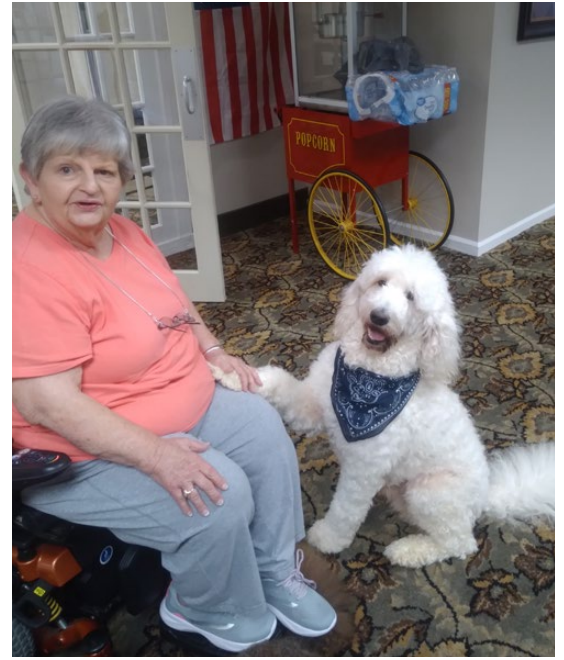
Regency will soon host the Bluegrass Festival on Saturday, September 24th, beginning at 11:00 am. The festival will be a time of reminiscing, toe-tapping, and celebration.

Share the exceptional living, your friends deserve it! Friends Make the Best Neighbors is Regency Senior Living's resident referral program. If you or a family member is a Regency resident, you may know others who might enjoy the exceptional care and service Regency provides.

Everything from delicious meals and social activities to freedom from home maintenance! We would love to meet your friends and invite them to enjoy the lifestyle that led you to us. When your friend becomes your neighbor, after they have lived with us for 60 days, we will thank you by giving you one month FREE rent or a check for \$2500, whichever you prefer.

"Autumn is a second spring when every leaf is a flower."
— Albert Camu

Michelle Moffitt,
Executive Director



Monica's Poodles and Doodles

Monica's Poodles and Doodles are a real treat here at Regency. They come into the facility on a mission: to bring joy and love to our residents. These dogs are love-giving dogs, they haven't ever met a stranger! They have a sense of knowing when someone needs a little love and attention and are a gift from God. Thank you for what you do here.



Country Music Show with Steve Carr

Steve is a fun-filled man with a lot of talent. He makes our residents smile when he brings out all those old country hits that our residents grew up with. He keeps the show exciting, he keeps it fresh! We are so glad that he comes here to perform. The fancy guitar playing is awesome, and it's so wonderful to see the residents having a good time.



National Pie Day

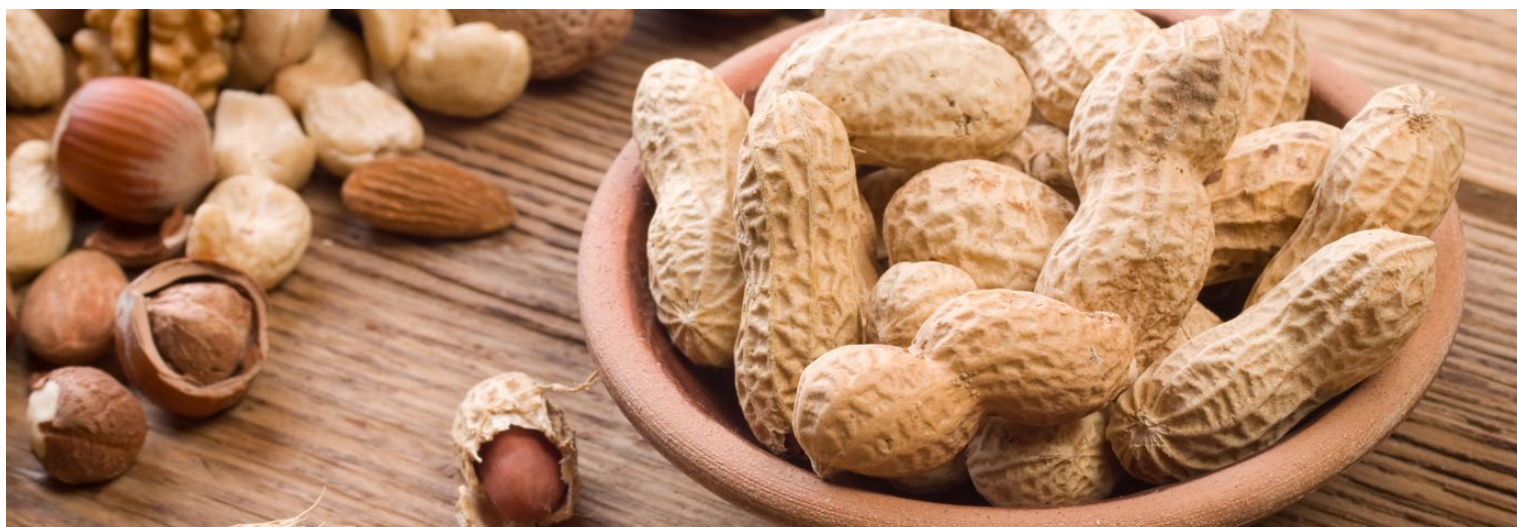
We celebrated this holiday by serving our residents with some strawberry creme pies and Hershey chocolate creme pies. It was a great cold treat on a hot day, and the conversations were great too!



Cobbler Surprise

The residents like their sweets, and luckily they have an Activities Director that likes to cook! The Cherry Cobbler was made from scratch in the Coffee Shop and the residents enjoyed it from the sitting areas in and out of the Coffee Shop. It was served hot and fresh with ice cream and a drink of choice!





Peanut Day

September 19th at 2:30 pm

We will be learning some fun facts about growing and harvesting peanuts in the shell and roasting them for customers to purchase. This event includes sampling some fresh hot peanuts!



Apple Butter and Biscuits

September 11th

Our administrator will be stirring some apple butter outside in our big kettle! Once ready, we will serve biscuits with the apple butter to residents. We will have a hay ride and serve apple cider to the riders!



Apple Craft

September 13th

Apple Crafts with the Pink Pig and the Cookie Cottage will be a chance to use crafty skills at our Applefest craft table. We will also have some Applefest Bingo, residents love their bingo!





Applefest Word Search

September 14th

Applefest will continue with an apple word search contest. Whoever turns in the word search first gets a prize! For the grand finale we will have Granny's homemade fried apple pies made fresh on the spot. You can watch the pie-making process, while eating that pie with vanilla bean ice cream!



Photos and a Dollywood Production w/ AppleJack

September 15th

We will be making portraits of the residents with a beautiful background display to give to the residents for a keepsake. Then we will be showing the Heart Song Production to our residents in the Regency Theater (with our own special effects). Come and enjoy some family fun!



Applefest at Carvers Apple Orchard

September 16th

To end Applefest we will be taking residents to Carvers Apple Orchard to eat at their restaurant. Then they will visit the Apple Barn to buy apples and other items. They also have a Candy Shop to visit!



Bluegrass and BBQ Fall Fest

September 24th from

11:00 am to 3:00 pm

We will be having our yearly fall festival under the big pavilion. The Smokey Mtn. Express Bluegrass group will perform for us again this year as well as cloggers from Morristown to dance the day away. A variety of vendors will sell crafts of all kinds and tempting treats. Our residents will be selling pumpkins that we've made in our craft classes. Last year we sold out!





Rosie Rupp

Rosie is a wonderful soul. She is a light to the spirit of this facility. She is a worker that calls Bingo 3 times a week and has volunteered to run the store as well. She has a God-loving soul and is always willing to help others. She has been assisting in Bible Study on Fridays and does a great

job. We thank God for you, Rosie. You are never alone. You have a lot of people here that love you!

Connie Bloomfield

Connie Bloomfield has been a resident for a few years now and is a great resident here. Whenever she sees staff in need she volunteers to help in activities. She is helpful to other residents too.

She has a way of bringing dead plants back to life. She has been taking care of different plants that the management office has received over time. Kind of like The Ugly Duckling story, she turns dead plants into beautiful swans. You can go by and visit her plants at the parlor windows.

Thank you, Connie, for making a difference in this community. It takes people like you with giving hearts to make this community a special place to live.

WELCOME NEW RESIDENTS!



Earlene Horton	Marie Panger
Shirley Foster	Maureen Caswell
Dorothy Ashley	Donald Thayer
Marie Simpson	Eleanor Olszewski
William Brandenburg	Doris Jean Brady
Bettie Buerger	Lois Greene
Charlie Fletcher	Jackie Kelley
Elizabeth Bauerle	



Happy Birthday



Resident

Ray Horner	Sept. 6
Shirley Foster	Sept. 9
Joann Mallicoat	Sept. 12
Nita Sanders	Sept. 17
Nancy Bame	Sept. 20
Peter Allen	Sept. 27

Employee

Makayla Balogh	Sept. 12
Melissa Littlefield	Sept. 15
Sheila Short	Sept. 16
Abigail Mccoy	Sept. 19
Melissa Collins	Sept. 20
Nina Hannah	Sept. 22
Steffanie Martin	Sept. 24
Angela Davis	Sept. 30

FUN FACTS

- » September's name is really quite inaccurate these days. It was originally the seventh month of the ancient Roman calendar, and as such, it was named Septem, which translates into "the seventh month". It wasn't until 451 BC that the months of January and February were added to the calendar, making September the ninth month.
- » September also used to only have 29 days. Thanks to Julius Caesar's reform of the Roman calendar in 46 BC, the month now has an additional day!
- » The Romans would quite often associate different months with different gods. The month of September is associated with Vulcan, the Roman god of fire, quite possibly because it was a fiery hot month back when it was the seventh month of the year.
- » In the year 1752, the British Empire skipped the 11 days of September between the 2nd and 14th. This was actually due to another calendar change, although this time it was when the British Empire changed from the Julian calendar to the Gregorian calendar.



WORD FIND

P T I C X J L O I X H C O N S T I T U T I O N S E
 U E Y P S G B D A V A S T E R F F L B E Q C G F Y
 L J N J M Y I A S A D E N E Q U I N O X F I L R K
 I R E T H V G P R A E A L V T Z R U L U P B O O J
 B N V T A X U C Q L P Y I V A J E M Q G I O R M B
 R R B K R G A L H R E P Y W Z V I R G O R S Y A V
 A Z B Q V B O X C I J Y H A K F U M W T A T U N M
 X U V V E W I N I A G Q W I X B X Q Y J T O L Z Q
 J B N H S H V C G G N F J W R N A M G P E N S D W
 U C K S T P Z R E A P Q Q P O E T I M D B H H D F

CONSTITUTION

LIBRA

BOSTON

BARLEY

ASTER

SAPPHIRE

HARVEST

FIRE

VULCAN

GLORY

EQUINOX

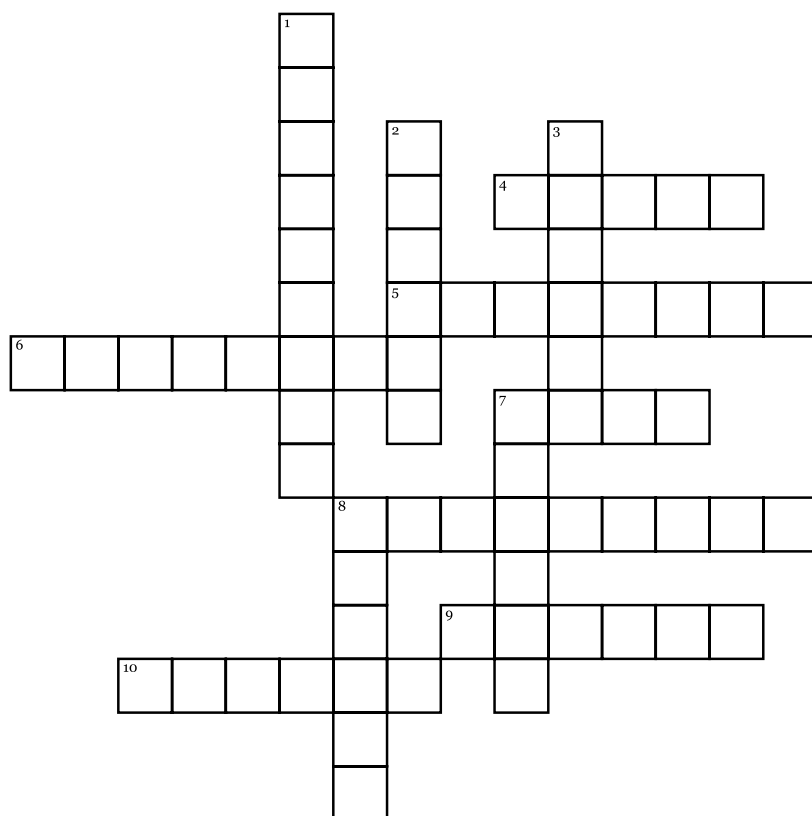
PENTAGON

PIRATE

VIRGO

ROMAN

CROSS-WORD



Down

1. In 1752 the British Empire changed the calendar from Julian to _____.
2. What was September's name in the ancient Roman calendar? _____
3. September 13th is International Talk Like a _____ Day.
7. The first newspaper in the US was published in _____.
8. On September 1, 1939 Hitler invaded _____.

Across

4. September has two star signs Virgo and _____.
5. The common sapphire is blue due to high contents of _____ and iron.
6. What is September's birthstone? _____
7. National Drink a _____ Day is in September.
8. Sapphires protect the wearer from _____ and evils.
9. On September 2, 1666, fire burned the city of _____.
10. Who is the Roman god of fire? _____

EMPLOYEE OF THE YEAR

Kendall Fanney



Kendall has worked for Regency for three years. She is currently going to school in the pursuit of a career in Radiology.

She has assisted our facility when we have been short-handed and needed her most.

She cares for the residents, and knows their likes and dislikes. She has a great personality and a sense of humor.

She's a responsible, caring person and we are happy to have her on the team!

EMPLOYEE OF THE MONTH

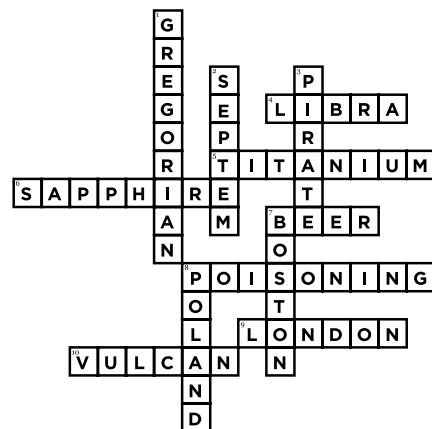
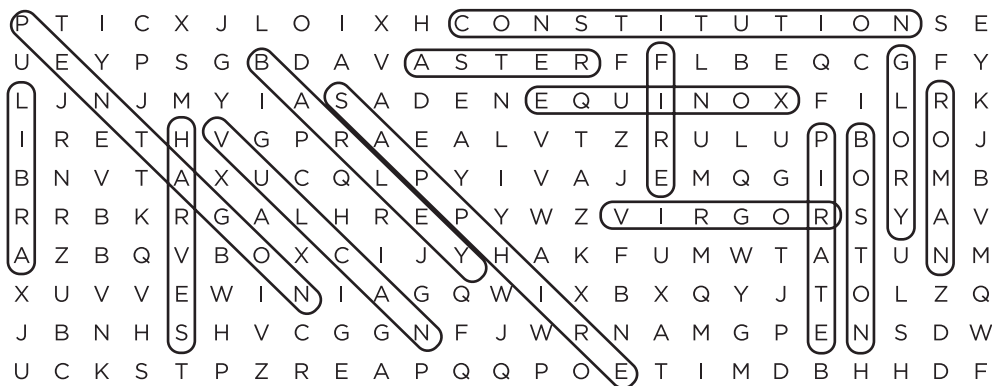
Judy Turner



Judy works in our Dietary Department and has been at Regency for 13 years. She also worked as a caregiver. She is married with three children and eight grandchildren. She has a dog that takes up the rest of her time, she says. Judy is a good Christian woman and does what is asked in the

Dietary Dept. She is another example of the good people that serve this community. Thank you, Judy!

ANSWER KEY



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