

WHAT'S COMING UP

August 2

National Ice Cream
Sandwich Day

August 6

National Root Beer
Float Day

August 7

National Purple
Heart Day

August 9

National Women's Day

August 14

Navajo Code Talkers Day

August 15

National Relaxation Day

August 16

National Tell a Joke Day

August 17

National Nonprofit Day

August 19

World Humanitarian Day

August 21

National Senior Citizens Day

August 26

Women's Equality Day



AUGUST 2022 NEWSLETTER



Hello Residents,

August has arrived, and we are still in the dog days of summer! It is an excellent time to catch up on outdoor activities before the warm days of summer leave us. Enjoy the beautiful walkway around the community and the vibrant colors that cover the grounds, or sit a spell in the rocking chairs with a neighbor.

August has a fun-filled calendar of social events with over a hundred choices – no one can say there's nothing to do at Regency!

Share the exceptional living; your friends deserve it! Friends Make the Best Neighbors is Regency Senior Living's resident referral program. If you or a family member is a Regency resident, you may know others who might enjoy the exceptional care and service Regency provides.

Everything from delicious meals and social activities to freedom from home maintenance. We would love to meet your friends and invite them to enjoy the lifestyle that led you to us. When your friend becomes your neighbor, after they have lived with us for 60 days, we will thank you by giving you one-month FREE rent or a check for \$2500, whichever you prefer.

"Keep your face to the sunshine, and you will never see the shadows."

– Helen Keller

Michelle Moffitt,
Executive Director



Fourth of July Celebration

Regency went back to the colonial days of America! We had colonial artifacts and a speaker to describe them. Residents also enjoyed a great historical movie on the Revolutionary War.



Themed Meal – Cruise Ship

We “decked” out the dining room with the cruise ship theme. We had live entertainment and food for all. We also enjoyed a sing-a-long, a great time was had by all!



50s Themed Party

We turned our parlor into a 50s diner, complete with 50s-themed music, corndogs, french fries, and a rare treat—the Nerdy Soda Jerk came by to help everyone laugh and dance.



Watermelon Feast

We sliced fresh, sweet watermelon from the vine and served it to our residents. Some said it was the best they had eaten. Don't forget the salt! Our residents simply had to have salt to go with their watermelon.



County Fair Week — Carnival Food

We will serve hot fresh funnel cakes, popcorn, cotton candy, and sodas to start our County Fair Week. The parlor will be adorned with county fair decorations to make you feel like you are really there!



County Fair Week — The Greatest Magic Show on Earth

We will also have a magic floor show for our residents during County Fair Week! This magician is said to be the master of his trade, but as they say, seeing is believing. Come one, come all!



County Fair Week — Midway Games

Step right up! Table tents will be set up with different carnival games to play. Carousel music will play in the background with cheers and excitement from winners who have won prizes at the midway!



Monica's Poodles and Doodles

Thank goodness our furry friends are back! The poodles and doodles love to make our residents smile and laugh. They also love those treats residents feed them! The daycare kids also get to join in the excitement. It's fun for all!



Eating Out Fridays

Every Friday, we take the residents to different restaurants. Residents let us know where they would like to go in our monthly activity round table meetings. Then they are scheduled on the monthly calendar. Residents, if you've never been, please give it a try!



Country Music Show with Steve Carr

Steve Carr gives residents get a great performance! He sings and plays his electric guitar to the rhythm of the beat. He sings those toe-tappin', hand-clappin' songs that might hit a memory or two from the good ol' days.



August Theme Meal

Our theme meal for August will be Country Cookin'! Any residents that would like to help can do so by breaking beans for the meal. The kitchen staff adds other fresh country vegetables in as well! There is nothing like fresh vegetables out of the garden.

COMMUNITY STORY

Thank you, Linda Feltman

Linda Feltman wants to make a difference in our community and in her life. After the loss of her husband, she came to us looking to start a grief support group for the residents here in our community.

Mourning can feel like half your heart is gone, like it is so hard to keep going. Linda has her meetings on the last Monday of each month at 3:30 pm. Please attend and be a part of the healing process.

Linda also makes clothing protectors for residents that want them. If you would like to order one, just let her or a staff member know. She has all kinds of different materials for residents to choose from.

Thank you, Linda, for all you do here in our community.



Sandra Clarke

Sandra is one of our many new residents here at Regency Retirement Village.

She is a retired school teacher of the Baptist faith. Ms. Clarke, as her students called her, taught school in Russellville for 32 years. Sandra really enjoyed her job— she loves children. She also loves a variety of music and flowers of all kinds!

Sandra has a cat, Penelope, that is staying here with her. She has been to Europe several times and loves the beach. Sanda is a member of the Ladies Reading Circle and a teachers club called De La Capa Gama. She also sponsors two children in Belize with school supplies for their education.

Sandra is a sweet lady and is so fun to talk to. Let's give her a big welcome to our community!

WELCOME NEW RESIDENTS!

- Jean Prochaska
- Robert Paul Davis
- Dewilla Heskett
- Barbara Kirkham
- Shirley Newhard
- Linda Kirkpatrick
- Sandra Clarke
- Conrad Ward

Happy Birthday

Resident

- Mildred Welch Aug. 1
- David Rutherford Aug. 1
- Robert Fain Aug. 7
- James Buchanan Aug. 11
- Barbara Derhammer Aug. 13
- Onelia Rodriguez Aug. 16
- Kathryn Moore Aug. 17
- Sandra Woods Aug. 24
- Robert Williamson Aug. 25
- Barbara Simmons Aug. 27
- Marjorie Tarver Aug. 27

Employee

- Aaron Fickes Aug. 1
- Carmen Hoffmann Aug. 4
- Marty Love Aug. 6
- Sandra Wylie Aug. 12
- Brittany Edwards Aug. 16
- Kendra Drose Aug. 21
- Sonyetta Fanney Aug. 28

FUN FACTS

- » August was once the sixth month of the year. In the original ten-month Roman calendar, the month went by the name of Sextilis, meaning “the sixth month” in Latin. It wasn’t until around 700BC that August was pushed back in the order of months when January and February were added to the beginning of the year by King Numa Pompilius.
- » August has also changed its number of days multiple times. In the ten-month Roman calendar, the months all had either 30 or 31 days, totaling 304 days in the year. Not only did Pompilius add January and February to the calendar, but he also reduced the number of days in August down to 29. It wasn’t until Julius Caesar introduced the Julian calendar that it was left with 31 days, and it’s stayed the same ever since!
- » Another year, another change! After so many changes, you’d think the month would have had enough, but no—in 8 BC, the month was named “August” in honor of the Roman emperor Augustus.

WORD FIND

N B D G H Q K O J M R N K B S E X T I L I S M N A
 J X E K V V J U V P A N I N I H G L M E H I O L X
 J J H T F T C Z E C O L H I Q R M A R D R L S E P
 R O M A N L T Z S D T Q C Q M Q Z O T K A A Q G U
 T T G Z U Q T Z U U R S S B X G T E B Y M V U E M
 T O T R Q J Q J V W Q P U S R O C K S T Q A I N I
 F N V O A W E H I T X M M G L A D I O L U S T D C
 B G Q L P J C T U G A Z M D Y F I B S G N G O O E
 O A S D O L R F S V A P E R I D O T H X V S K R D
 T A P O M P E I I S F W R X W P H E Y O P E A C H

SEXTILIS
 ROMAN
 SUMMER

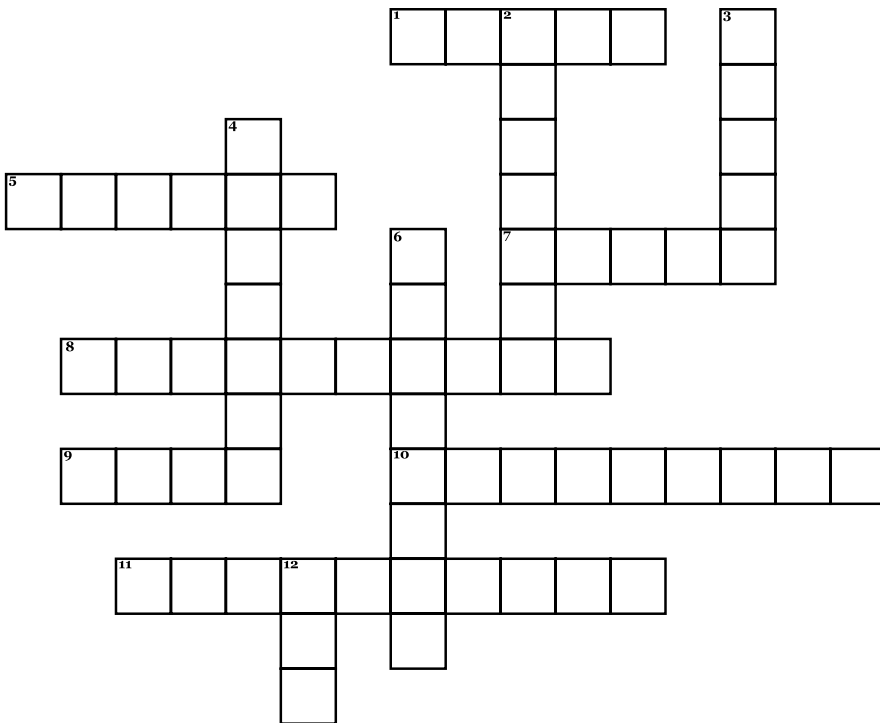
LEGEND
 ROCK
 PANINI

POMPEII
 VESUVIUS
 PUMICE

LAVA
 PERIDOT
 TONGA

GLADIOLUS
 PEACH
 MOSQUITO

CROSS-WORD



Down

2. Mount Vesuvius erupted near the city of _____.
3. Plants that grow the fastest in the month of August?
4. August birthstone?
6. August 20th is _____ Day.
12. If you were born before August 22nd, you're considered to be a _____.

Across

1. August has two birth flowers – the Gladiolus and the deep crimson _____.
5. August is a common name for boys in _____.
7. Rock music legend that died on August 16, 1977?
8. Leos are said to be very proud people who display great _____.
9. In August, the US celebrates National _____ Cheese Month.
10. August 5th is National _____ Day.
11. Virgos are _____, hardworking, kind, and loyal people.

EMPLOYEE OF THE YEAR

Kendall Fanney



Kendall has worked for Regency for three years. She is currently going to school in the pursuit of a career in Radiology.

She has assisted our facility when we have been short-handed and needed her most.

She cares for the residents, and knows their likes and dislikes. She has a great personality and a sense of humor.

She's a responsible, caring person, and we are happy to have her on the team! Congratulations, Kendall, for earning Employee of the Year!

EMPLOYEE OF THE MONTH

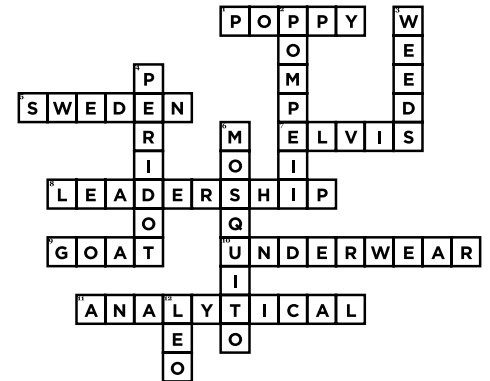
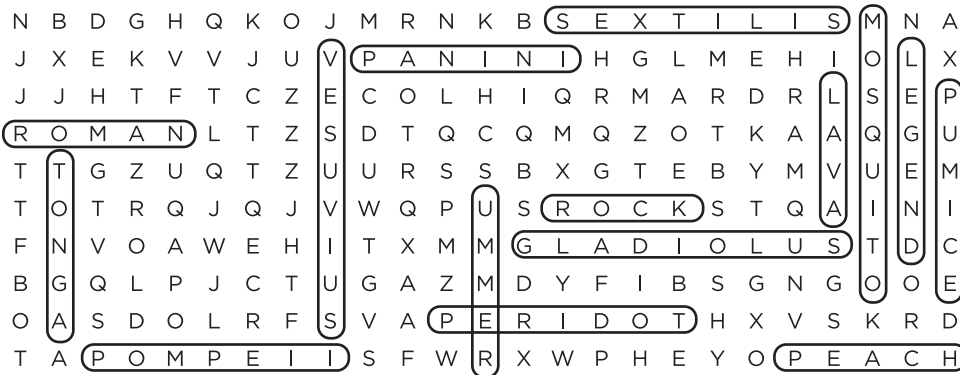
Brittany Broyles

Brittany shared that Regency Kids & Company has given Brittany a second family!

Brittany and her husband have a three-year-old son Jenson. However, Brittany also loves the Regency Kids & Company kids as if they were her own. She also says that Regency Kids & Company is rewarding in innumerable ways.

Outside of work, she loves to sing and spend time with her family and friends. Brittany offers a big shout-out to her teammates!

ANSWER KEY



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