

WHAT'S COMING UP

July 4

Independence Day

July 7

National Father Daughter
Take a Walk Day
World Chocolate Day

July 14

National Mac and Cheese Day

July 17

National Ice Cream Day

July 20

National Hot Dog Day

July 23

National Gorgeous
Grandma Day

July 24

National Parents' Day

July 18

Buffalo Soldiers Day

July 30

International Day of
Friendship



JULY 2022 NEWSLETTER



Hello Residents,

Happy Fourth of July! It is hard to believe we will be celebrating Independence Day in a few days. Celebrating this holiday each year with family and friends encourages us to continue making memories and starting fun, new traditions.

Regency is planning exciting social engagements for all residents to enjoy, and we look forward to making new memories together as well. As each of us reminisces of times past, please take advantage of this day we've been given, and enjoy the freedoms and liberties that have been bestowed upon us in this great nation!

“Freedom prospers when religion is vibrant and the rule of law under God is acknowledged.”

— Ronald Reagan

Michelle Moffitt,
Executive Director



Photo by Alaina O'Neal/TheSmokies.com

Eating Out at Sunliner Diner in Pigeon Forge

Residents ate out at the Sunliner Diner in Pigeon Forge. It was like stepping back in time: the music, the costumes, the atmosphere. The food was great, the service was great, and everyone had a great time!



Pet Parade

We wanted to bring joy to our residents with some four-legged friends. We had a good turn out from the residents! There were lots of hugs and kisses for the dogs we had. The residents enjoyed it as much as the dogs did! There is nothing like the love of a dog.



Strawberries and Creme Day

Our Regency activities department went and purchased some fresh strawberries from Scott's farms. We cleaned them, cut them up, and added some vanilla ice cream. It was divine, fresh strawberries are the best!



Regency Movie Theater

We have been enjoying movie matinees during the day for residents who have a hard time keeping their eyes open in the evening. When you visit the theater, you get everything for free! We serve Coke products, boxed movie theater candies, and hot buttered popcorn with each movie. Stop by and take a trip to the screen with us!





4th of July Celebrations

Throughout July

We will be celebrating America's independence by looking back at the colonial days. We have a couple of days planned for artifacts of that era, and another day will be a movie tribute to the people who fought for America's independence.



Dining Out

July 1st

On the first Friday of July we will go to the Green Tomato Restaurant in Grainger County. It is one of the Residents favorite places to go! The food is just good ol' fashioned home cookin'.



Smoky Mountain Variety Show

July 8th at 1:30 pm

These people put on the best show! They sing a little bit of everything and they make you laugh during their performance. When the music starts, the fun begins.



Theme Meal of the Month July 20th

July’s themed meal is farm-fresh foods. The cows, barn and hay will all be out for this spectacular event! We will be having a lot of “howdys” as people come out on the farm for those fresh fixin’s. This event will be on the third Wednesday at lunchtime. Listen for that dinner bell!



Lunch Time Music Show Monthly, 2nd and 4th Thursdays

We have a new entertainer who will put on a music show while the residents enjoy their food. He will be singing the house down with some of those old favorites like “The Tennessee Waltz”, “Rocky Top”, and more. This event is every 2nd and 4th Thursday of every month.



Watermelon Feast July

We are going to have an all-you-can-eat watermelon feast for the residents! Watermelon season is in full swing in July. Picking the best watermelons can be difficult for some, so here are some tips. Thump the watermelon, it needs to sound firm. Make sure the skin on the outside of the watermelon has a good color. If it looks faded, it’s usually not ripened well. It needs good deep color.

COMMUNITY STORY

Meet David Rutherford, he is one of the community leaders here at Regency! He serves on local, state, national, and international boards. He also serves on Regency community committees. He likes to give back to the community. For example, he came up with an idea to make a flower garden on the walking trail in front of Regency Retirement Village. He thought all the residents that used the trail would enjoy the beautiful flowers as they went strolling by. So if you happen to be out on the trail, stop and admire the beautiful job that David has done! Thank you, David, for your generosity and kindness to the others here at Regency.



Phyllis Keaton

Phyllis is from Hancock County and is of the Baptist faith. Her husband, Cliff, was in the Air Force and they met at a gas station. She knew right then that he was the one! They had two sons, Chad and Steve. She worked at Mahle for 25 years as a Switchboard Operator. She has four grandkids, whom she thinks the world of. She also has a granddog named Scout! Phyllis loves to watch basketball or football and enjoys listening to country and pop music. She used to quilt and has a quilt on her bed that she made herself. Phyllis also enjoys growing flowers. She has a great sense of humor, she is always having a good time. We love you, Phyllis!

WELCOME NEW RESIDENTS!

James Buchanan
 Charlie Fletcher
 Judith Eggert
 Nelda Mae Storandt
 James Wampler
 John Griffin
 Howard Case
 Emma Lanzara



Happy Birthday

Residents

Gary Hoffer	July 4	Bonnie Williams	July 14
Cleon Quear	July 7	Lois Keck	July 18
Brenda Strange	July 7	Dick Booher	July 19
Mike McPeak	July 8	Barbara Buchanan	July 20
David Tilson	July 9	Helen Davis	July 25
Lewis Lackland	July 12	Ruth Hubbard	July 29
Elizabeth Lewis	July 13	Diris Roach	July 29

Employee

Allison Nance	July 2	Junior Bewley	July 9
Lisa Ingrao	July 4	Ann Hennessy	July 14
Brenda Adams	July 5	Gretchen McGarvey	July 14
July Hogsed	July 5	Sandra Eldridge	July 19

FUN FACTS

- » July was named after the famous Roman general Julius Caesar by the Roman senate; as it was the month he was born in. Julius Caesar was a formidable military general and statesman who was largely responsible for changing the Roman Republic into the Roman Empire. The month was previously called Quintilis (Latin for fifth) as it was the fifth month of the 10-month-long ancient Roman calendar.
- » As the second month of Summer, July is, on average, the warmest month of the year in the northern hemisphere. Its southern hemisphere equivalent is January.
- » Julius Caesar wasn't the only military genius born in July. Alexander the Great was another important historical figure who changed the shape of the world and was born around July 20, 356 BC. Other famous people born in July include Frida Kahlo, Franz Kafka, Marcel Proust, and Nelson Mandela.
- » The Anglo-Saxons had multiple names for the month of July, including Maed-monath and Hey-monath. Respectively, these translated into "the flowering of meadows" and "hay month."



WORD FIND

V C H C I S E B I A A X C Q U H N O R T H E R N M
 R C Y A R E P U B L I C T Z G W E A M R A Z N L O
 Q U I N T I L I S A N N T N E S E M K Z N O H A N
 R A Y C J B Y G D M Q N D Y M O M E I H Q A G R A
 K P O E U E L E O O Z G T R Z G P X G S J H Y K R
 R O Y R L R J Q J G T O H O O X I M T F P G D S C
 N L P D Y Z A P X O C A R M S T R O N G Y H N P H
 I L J Z T L E V O R G S X A K W E U P X M J E U Y
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 W T G S T Y D C V O R I Q C Q X T P W Y G A U D E

ALAMOGORDO
 APOLLO
 LARKSPUR

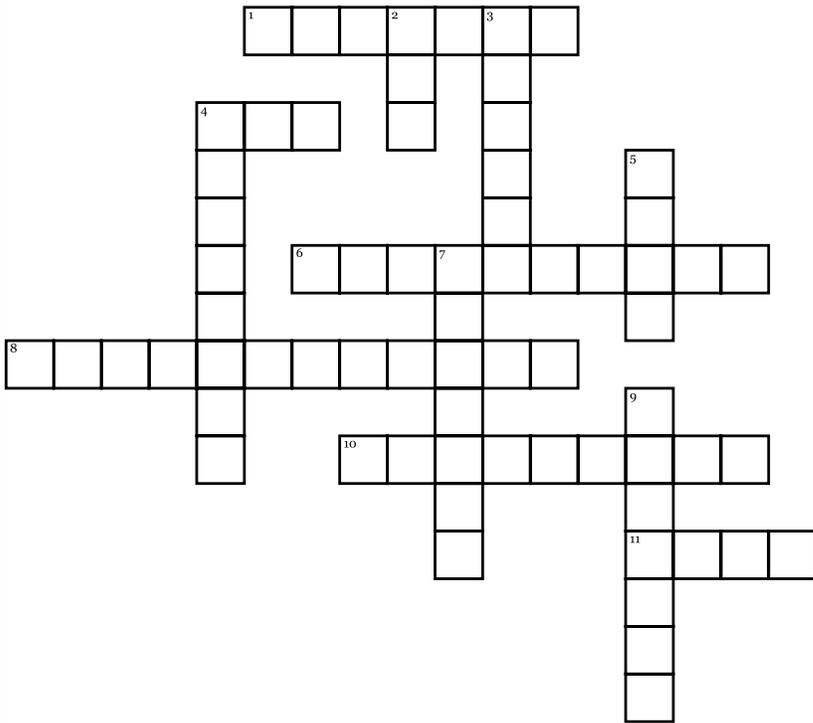
RUBY
 ARMSTRONG
 CANCER

QUINTILIS
 HEMISPHERE
 MONARCHY

JULY
 LEO
 ROMAN

NORTHERN
 EMPIRE
 REPUBLIC

CROSS-WORD



Down

2. July 3rd is Stay out of the _____ Day.
3. The first crewed mission to the moon, the _____ 11 Mission, launched on July 16, 1969.
4. July has two birth flowers - the water lily and the _____.
5. The water lily is a symbol of a _____ heart.
7. That's one small step for man, one giant leap for _____!
9. On July 25, 1909, Louis _____ became the first man to fly an aircraft from one country to another successfully.

Across

1. July 12, 1943, _____ and German forces fought the largest tank battle in history.
4. There are two-star signs which fall in the month of July. One sign is Cancer and the other is _____.
6. On July 16, 1945, the first atomic bomb was detonated in _____, New Mexico.
8. The 4th of July, formally known as _____ Day.
10. Julius Caesar was born in the month of _____ which is a Latin word for July.
11. The birthstone of July is the _____.

EMPLOYEE OF THE YEAR

Kendall Fanney



Kendall has worked for Regency for three years. She is currently going to school in the pursuit of a career in Radiology.

She has assisted our facility when we have been short-handed and needed her most.

She cares for the residents, and knows their likes and dislikes. She has a great personality and a sense of humor.

She's a responsible, caring person and we are happy to have her on the team!

EMPLOYEE OF THE MONTH

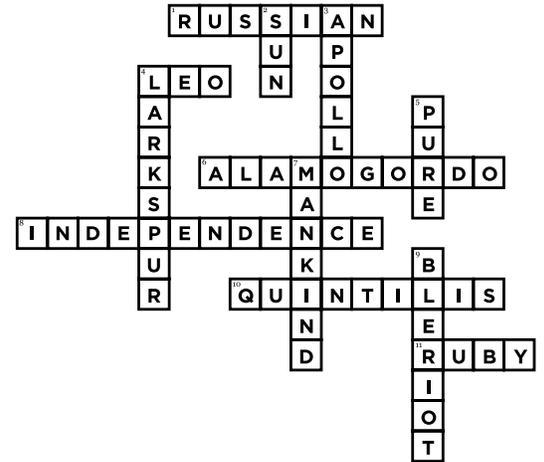
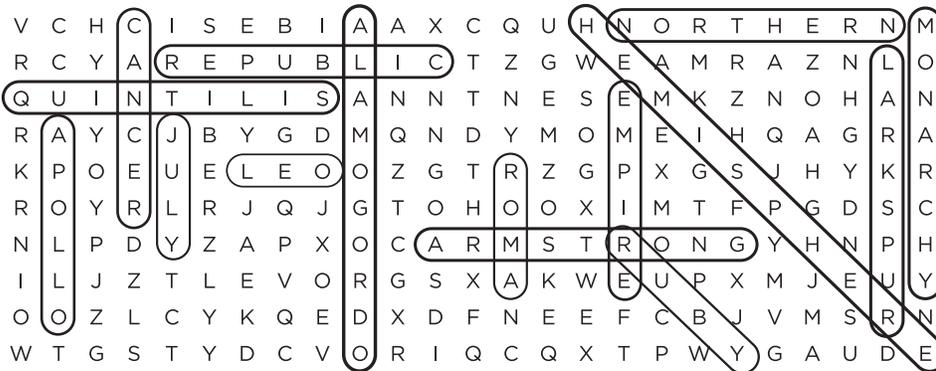
Patricia Forrest Crocker



Patricia has been here at Regency for almost five years. She's a very hard worker, loves her dog, Dexter, and her granddaughter, Ruby. She loves Ruby more than anything in this world. Patricia is an excellent baker and has a

great sense of humor. Thank you, Patricia, for the great job you do!

ANSWER KEY



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