

WHAT'S COMING UP

May 1

May Day

May 5

Cinco de Mayo

May 7

Kentucky Derby

May 8

Mother's Day

May 21

Armed Forces Day

May 25

National Senior Health &
Fitness Day

May 30

Memorial Day



MAY 2022 NEWSLETTER



Hello Residents,

May is here, and let us enjoy the warmth of the sunshine that all have been yearning for since last season! With that being said, I encourage each of you to enjoy the outside amenities and activities that Regency has to offer to each of you. Invite a neighbor and enjoy engaging in conversation while you "sit a spell" in the rocking chairs under the picnic pavilion or start a walking club and enlighten yourself in the beautiful scenery around the walking trail. Or "hop" on the Regency Bus on Fridays and go out to eat with the "Regency Lunch Bunch!" There are several opportunities to "get out and about" here at Regency!

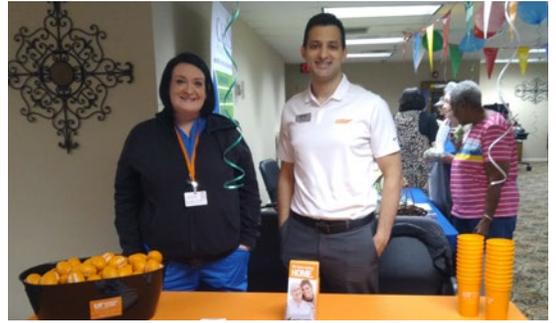
Regency realizes the importance of preventing isolation, and every person, no matter the age, needs connection, interaction, and socialization, and Regency offers over one hundred forty activities a month to encourage interaction with your Regency neighbors.

Last but not least, Regency cannot forget Mother's Day! There will be Mother's Day Tea on Friday, May 6th, in the parlor on the second floor to celebrate all the Regency mothers!

"Motherhood is the keystone of the arch of matrimonial happiness."

—Thomas Jefferson

Michelle Moffitt,
Executive Director



Health Fair

We had a number of healthcare vendors set up booths in our parlor and conference center, to give out information about their businesses and what their organizations have to offer the public. There were all kinds of free giveaways including free ten minute massages offered. How could you resist?



Show and Tell

We had another event where the residents brought family heirlooms to talk about. Some came just to listen and see these relics. It made everyone proud of where they came from.



International Walking Day

We had an activity with our daycare friends where we all took a hike on our community walking trail. There were beautiful flowers, trees budding out, and excitement.



St. Patrick's Day Party

We had Irish music, green cake, ice cream and chocolate coins. We also had our little friends from Kids and Company come and join in. Everyone had a great time!





Pet Parade

Staff will bring in small pets with costumes or outfits and have a parade of pets down the halls. There will be a prize for best in show



Cinco De Mayo

We will be celebrating with lots of decor, music and food. Who knows... there might even be dancing!



Mother's Day Tea

We will be decorating with flowers, tea cups and shiny silverware to make all mothers feel special at this fantastic event. There will be refreshments served and we will have prizes to give away during the tea party. Our ladies here at Regency are the best!



Nutty Fudge Day

We will have a group activity and make fudge with nuts in it and then serve it to everyone. What a fun afternoon treat!



Buttermilk Biscuit Day

We will make buttermilk biscuits for the residents and serve them with butter and assorted jellies. Everyone remembers our childhood days of Mom making breakfast in the early hours of the morning and smelling the aroma through the house.



Themed Meal of The Month

This month we will be having our summer cookout, with hamburgers on the grill. They will be flame broiled on our outdoor grill, served with tomato, lettuce, onions and pickles. There is nothing quite like a cookout.



Strawberries and Creme Day

We will be getting a taste of heaven with this delicious treat. Morristown celebrates by having a Strawberry Festival every year. We are going to make our own festival and make these treats for our residents.

COMMUNITY STORY

We want to recognize our parson here at Regency Retirement Village. He is doing a great service to our community. God has brought Pastor Mills out and he is a shining example of what God can do.

He has started facilitating fellowship services here and the crowd has grown. The spirit of God comes down and blesses each of us in some way. The relationships he makes are outstanding. When you talk to him, he has concern and compassion in his voice.

We would also like to recognize the pastor of the Regency Community Church, Tyler Bryant. He serves

the lord here every Sunday to the congregation, uplifting the name of Jesus. Residents, if you can, please visit the church service. It's every Sunday at 1:00 pm in the parlor.

Fred Lehrer is another dear saint of God. He has pastored the community church here for years. He gets together with some of his colleagues and they pray for our staff here at Regency. I appreciate his talks with me and the wisdom that he shares. Let's support these three men of God. Lean on God and keep looking for him.



Ted Hall

Ted is from Jefferson City and lived in Colorado for 50 years. Earlier in life Ted raised cattle, was a millwright and retired from the Army Depo. He has one girl and three boys who each live in Colorado except one. He also has seven grandchildren. Before joining us at Regency he enjoyed raising fresh garden vegetables and making Native American jewelry and dream catchers. Ted is of the Baptist faith, loves country music and is a big cut-up. Let's welcome Ted Hall to our community!

WELCOME NEW RESIDENTS! 🏠

Betty Dukes
 Faye Burningham
 Janice Fleece
 Bill Turner
 Linda Case
 Lois Keck
 Nelda Storandt
 Teddy Hall
 Bonnie Williams

Happy Birthday 🌸

Resident

Marlene Oehmig May 4th
 Myra Johnson May 4th
 Nancy Bewsey May 12th
 Danny Williams May 17th
 Claude Jackson May 21st
 Beverly Causey May 22nd
 Freddie Hoard May 26th
 Judith Brant May 27th
 Myra Murdock May 28th
 Blanch Johnson May 31st
 Marion Keith May 31st

Employee

Boyd Denton May 10th
 Peter Barto May 13th
 Jerrica Carpenter May 14th
 Lenora Balogh May 20th
 Mekhila Parrish May 20th
 Douglas Barrow May 23rd
 Lizabeth Hill May 27th

FUN FACTS

- » The name May is the modern-day English adaption of the Latin word Maius, which has origins going back to the time of the ancient Greeks. They named the month of May (or Maius) after the Greek goddess of growth.
- » A Roman poet by the name of Ovid had different ideas surrounding the etymology of the naming of May. He claimed that it was from the word Maiores, the Latin word for “elders,” that the month gained its name.
- » The word May wasn’t actually used until the middle ages were on their way out, around the 15th Century AD. Up until then, the Roman word Maius was still used.
- » May used to have a very different name in Old English. Back then, the month was referred to as the “month of three milkings.” Unsurprisingly, this meant that during this month, you could milk your cows up to three times per day!
- » May was once considered an incredibly ill-omened time to get married. There’s an adage for it actually, which goes: “Marry in May and you’ll rue the day.” It’s not clear where exactly the saying comes from, but there must have been a pretty good reason not to get married in one of the most beautiful months of the year!
- » May isn’t just a bad time to get married, though. There’s the Cornish superstition that buying a new broom in May is unlucky. Oh, and apparently, you shouldn’t wash any blankets either!

WORD FIND

E X M V I C T O R I A B C W R G M S T A U R U S Z
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EUROVISION
 GARLANDS
 GODDESS

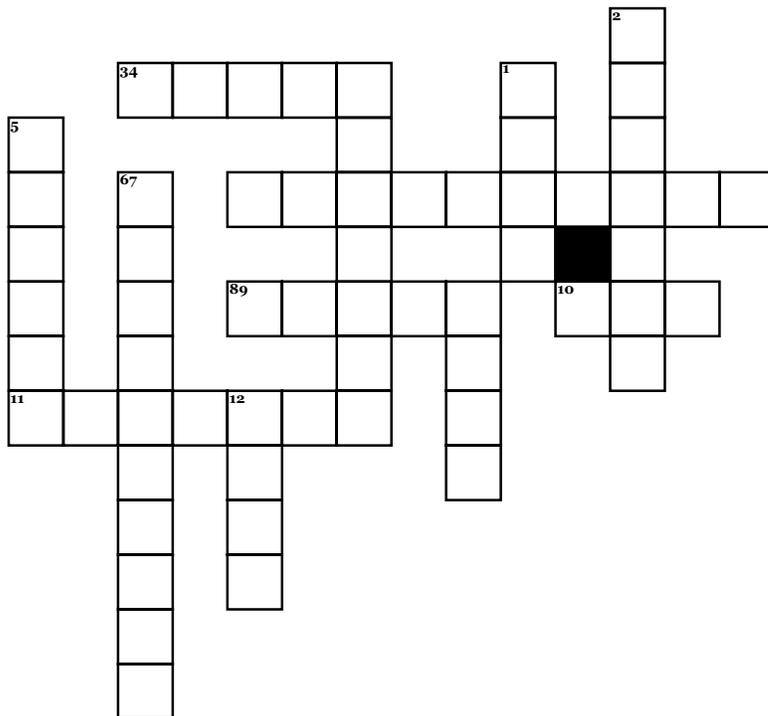
GEMINI
 MILKING
 MAIORES

BURGER
 MAIUS
 HAWTHORN

EMPIRE
 TAURUS
 ETA

VICTORIA
 EMERALD
 LILY

CROSS-WORD



Down

1. A Roman poet by the name of _____
2. Emeralds are symbols of fertility and? _____
4. May was once considered an incredibly ill-omened time to get _____
5. The word May wasn't actually used until the _____ ages
6. It is said that those born in May have a greater chance of being more _____ in life.
9. May is a special time for _____ Wars fans world wide.
12. A Famous Swedish pop group? _____

Across

3. There's the Cornish superstition that buying a new _____ in May is unlucky.
7. May is the month that the _____ song contest is held every year
8. The Latin word for May? _____
10. Every year there is a particular meteor shower in May called the? _____ Aquariids meteor shower.
11. The birthstone for May is the? _____

