

## WHAT'S COMING UP

**February 1st**

National Freedom Day

**February 1st**

Chinese New Year

**February 1st**

Black History Month Begins

**February 2nd**

Groundhog Day

**February 3rd**

Family Night for the  
Assisted Living Resident

**February 4th**

National Wear Red Day

**February 7th**

Chili Day

**February 10th**

Penny Auction

**February 12th**

Lincoln's Birthday

**February 14th**

Valentine's Day

**February 16th**

Talent Show

**February 21st**

Presidents' Day -  
Washington's Birthday

**February 25th**

Carnival

## FEBRUARY 2022 NEWSLETTER



### ***Hello Residents,***

Romance blossoms during February as sweethearts express their love on Valentine's Day. Regency Retirement Village is ready to show our love to residents by hosting a Valentine's Day Dinner with live music and a themed luncheon to allow everyone to experience a different culture without leaving the community!

We realize that social engagement is essential for mental health. Social and emotional connections are a necessary component that influences the health and psychological well-being of us all. Regency Retirement Village provides that connection by offering a variety of activities. Those activities are just one way we like to show that we have a "Big Heart" for everyone who calls Regency Home!

***Michelle Moffitt,***  
*Executive Director*



## Whipped Cream Day — January

Residents celebrated Whipped Cream Day by eating round cakes with cherries and whipped cream on top. We had a great crowd and had a great time!



## Monica's Poodles And Doodles — January

We had our monthly visitors come by and warm up our residents with some puppy love! Monica's Poodles and Doodles are always such a treat to have in the building.





## Art Show With David Rutherford — January

One of our own residents here at Regency Morristown, David Rutherford, loves to take pictures and does a phenomenal job doing so. We all got together for an art show of his photography, he put his all into it and it was a big success. His pictures were beautiful and the residents loved his hard work. Thank you, Mr. Rutherford!



## New Year's Party — January

At our New Year's Party we had hats, horns, poppers, and refreshments with music. The atmosphere was filled with excitement as we said a fond farewell to 2021 and welcomed 2022 with open arms!







## Family Night for the Assisted Living Resident

February 3rd at 6:00 pm

We are going to have refreshments and bingo after a speech from Allison Giles. She recently assisted us during the Christmas Season in getting Cabbage Patch dolls for Memory Care residents. She is an inspiration to us all.



## Chili Day

February 7th at 2:30pm

Residents get to snack on fresh chili with toppings like shredded cheese, sour cream, corn chips and crackers. There are all kinds of ways to enjoy warm chili on these cold winter days!



## Talent Show

February 16th at 2:30pm

The excellent idea for a talent show came from a request by residents, and we are thrilled to share that Caris Hospice will serve as the MC for this event! Everyone is encouraged to share an act or talent.





## Penny Auction Night

February 10th

Residents receive 30 pennies each and then get the chance to bid on different items. Tensions can get high when residents all want the same thing! But don't worry, there's always something for everyone.

## HAPPY NATIONAL CAREGIVERS DAY!

Hello Regency family! National Caregivers Day is observed on the third Friday in February, which is on February 18th this year. This day honors individuals who selflessly provide personal care, physical, and emotional support to those who need it most. Sound like anyone you know? Please be sure to thank a Regency team member who has given you extra special care!

This day of recognition is for both paid and unpaid caregivers. We believe unpaid caregivers, like your family and loved ones, deserve special recognition! They give their time freely and often spend their own money in doing so.

It can be a thankless task sometimes, and they often do it without other relatives helping them. According to the U.S. Department of Labor, over 40 million Americans, age 15 or older, provide unpaid care to their grandparent or parent by themselves.

Most caregivers do not seek or expect any form of recognition. They do what they do, simply because it



needs to be done, and it is the right thing to do. Please consider giving a simple thank you to everyone you know who is a caregiver!

We think the special kindness and patience of caregivers should be celebrated year-round. Their importance is especially honored on National Caregivers Day when we should be there for them just as they are there for our loved ones.





### John “Pete” Robertson

John “Pete” Robertson was in the United States Air Force for 26 years. He was a mechanic for the first half and then a flight engineer for the second. Pete met his wife in 1961 and they had two children, Michael and Kristina. Pete and his wife were married for 26 years. She was from Germany and they lived there for four years. They moved back to the United States, and Pete has been to all 50 states. He took the time to go to college and advance his education. He played the guitar and loves Westerns— both the movies and the books. Pete has a great sense of humor, and we are thrilled to welcome him to our village!

# Happy Birthday



#### Resident

Catherine Bakley	Feb. 4th
A.D. Butler	Feb. 5th
Mildred Hinchey	Feb. 8th
David Weldon	Feb. 9th
Kay Speck	Feb. 11th
Wilma Stewart	Feb. 12th
Pete Robertson	Feb. 12th
Adeline Arnott	Feb. 13th
James Johnson	Feb. 17th
Ronald Pearce	Feb. 19th
Ron Arakaki	Feb. 19th
Mary Alice Noe	Feb. 20th

#### Employee

Ashley Antrican	Feb. 1st
Travis Ramsey	Feb. 2nd
Lacey Ewing	Feb. 3rd
Dewayne Lamb	Feb. 8th
Mark Greene	Feb. 10th
Camilla Lewis	Feb. 17th
Melissa Vance	Feb. 18th
Raelynned White	Feb. 19th
Brittany Broyles	Feb. 26th
Jantel Smalls	Feb. 28th

WELCOME NEW RESIDENTS! 🏠

Nancy Bane  
 Frances Kieso  
 Phyllis Keaton  
 Helen Davis



### FUN FACTS

- » February fluctuates between having 28 and 29 days. The 29th day only occurs every 4 years during leap years.
- » The length of February was finalized when Julius Caesar remade the Roman calendar and assigned the month 28 days and 29 days. In 713 B.C., February was officially added to the Roman calendar.
- » If you were born in February, your birthstone is an amethyst and your flower is a primrose.
- » The western zodiac signs in February are Aquarius which is until February 19th, and Pisces, which is until March 20th.
- » Over time, the length of February kept changing. At one point, it had as little as 23 days.
- » The name of February comes from the Latin word “februum” which means purification.
- » February was named after a purification ritual which was like an early Roman spring cleaning festival.
- » In Welsh, February is sometimes known as “y mis bach” which means “little month.”



WORD FIND

D Y A Q J E A Q A Z F K E G A E Y I Q C T Z F R L  
 K L R S R O P V A M M G P M P H W A B H W G V K I  
 V X Y L T A O Z Y T E R K A T M Z V S U U R A P N  
 X J O H O R I R D F F T G S K H D Z X Z Y O L R C  
 V B X G T V O L D I L S H H Q D E T R P T U E I O  
 Q Z Q R Q Y E N R O O Q P Y V X I A N M O N N M L  
 U Y K X E L B J A O A X O H S A J F R O G D T R N  
 E A Q U A R I U S U A A N T C T S Q R T P H I O A  
 G L U S M Y E X A V T D F E B R U A R Y S O N S D  
 B S R A I H O S P I S C E S K G R A M M Y G E E U

FEBRUARY  
 GROUNDHOG  
 LINCOLN

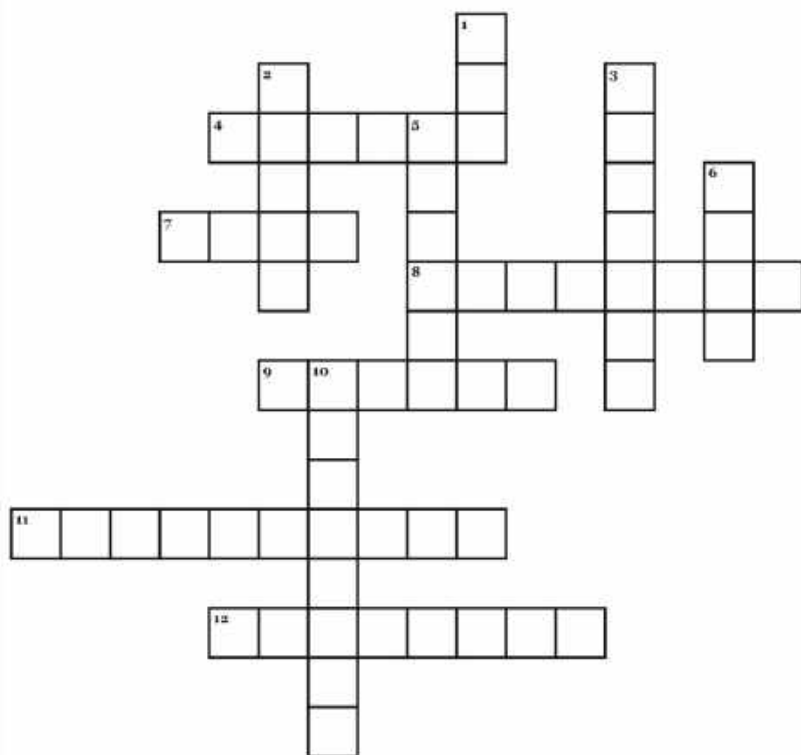
AMETHYST  
 PRIMROSE  
 OX

AQUARIUS  
 PISCES  
 ASTRONAUT

VALENTINE  
 RAILROAD  
 LOVE

MASH  
 HEARTS  
 GRAMMY

CROSS-WORD



Across

- 4. Receiver of thousands of letters every Valentine's Day
- 7. The central figure in the annual Groundhog Day celebration, familiarly
- 8. "Mobile \_\_\_\_\_ Army Hospital"
- 9. Sole winner of the Best Disco Recording Grammy
- 11. These can be found in heart-shaped boxes this time of year
- 12. Flower that expresses you can't live without someone

Down

- 1. King whose burial chamber was unsealed in February 1923, familiarly
- 2. The ancient Roman god of love
- 3. Home state of Cape Canaveral
- 5. Inventor behind America's first motion picture studio
- 6. Year with an extra day
- 10. "This is the dawning of the age of \_\_\_\_\_"



**EMPLOYEE OF THE YEAR**

**Kendall Fanney**



Kendall has worked for Regency for three years. She is currently going to school in the pursuit of a career in Radiology.

She has assisted our facility when we have been short-handed and needed her most.

She cares for the residents, and knows their likes and dislikes. She has a great personality and a sense of humor.

She's a responsible, caring person and we are happy to have her on the team!

**EMPLOYEE OF THE MONTH**

**Gail Carmen Hoffman**

Gail is a server and does prep for the kitchen here at Regency Morristown. She has been with us for 21 years and has a wonderful happy-go-lucky personality.

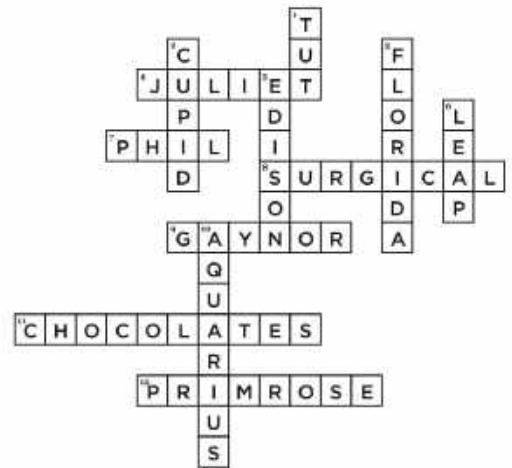
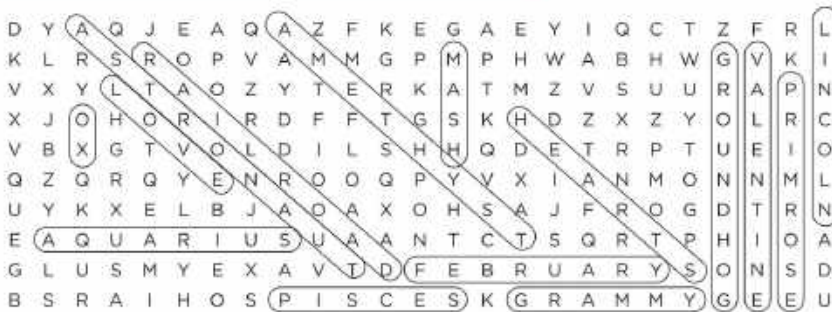
Part of her prep work is making the salads for the kitchen. She also serves residents in the dining room, and makes sure they have everything they need.

Gail is humble and even shy at times. Also, she loves going to the Smoky Mountains or anywhere outdoors when she can.

She was nominated because of her great job performance, tenure and her attendance record. Her dedication is rare nowadays, and we truly appreciate her.

Congratulations Gail!

**ANSWER KEY**



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