

# APRIL NEWSLETTER 2019



## ***Hello Residents,***

April showers bring May flowers. April is known for its showers of rain. But, that will not stop us from having lots of fun. We have lots of items scheduled for your enjoyment this month. I would like to encourage all of you to look at your calendar and sign up for any outside trips, so that you have ample opportunity to get out of the building and enjoy the incoming spring.

And, don't forget, we have a beautiful walking trail through our Regency park. Maintenance will be putting some flowers in the outside baskets and flower pots. If anyone would like to enjoy some light gardening, by helping to water the plants, or planting some flowers, please let us know.

I'd like to wish all of you a very happy spring! We appreciate you for being a part of our Regency family.

***Trudy Darnell,***  
*Executive Director*

### **April 1**

April Fools' Day

### **April 2**

Volunteer Luncheon  
Mingle w/Dietary

### **April 3**

Trip to Hamrick's, Kingsport

### **April 5**

FUNtastic Friday: Wacky Wardrobe

### **April 8**

Easter Tile Craft w/Lisa  
Favorite Hymn Sing Along w/  
Barb & Valerie

### **April 9**

Lunch for Veterans  
Trip to Pelican's Snoballs

### **April 10**

Trip to Bass Pro Shops

### **April 11**

Voting for City Election  
Display of Talents

### **April 12**

Senior Prom

### **April 14**

Palm Sunday

### **April 15**

Tax Day

### **April 17**

What's Cookin' Wednesday: Italian

### **April 19**

Good Friday Service

### **April 21**

Easter Social

### **April 23**

WSCC Bluegrass Band

### **April 24**

Holt's Church Choir Singing

### **April 27**

4H Honors Club Easter Party

### **April 30**

Trip to Yoder's



### ***Employee of the Month/Year Celebration – February 26th***

The parlor was full of residents and staff who came to cheer on our 2018 Employees of the Month & our Employee of the Year. Honorees included: Mike Greene, Heather Engleke, Evelyn Gamber Kirkpatrick, Shelly Walker, Brooklin Liparoto, Barb Simmers, Sue Rickard, and Donna Beatty. Our 2018 Employee of the Year was Barb Simmers. Each employees' supervisor shared some of the positive attributes these employees have and why they are such an integral part of our Regency team. Each employee recognized is very dedicated and hard working. We appreciate all our employees who work every day to make Regency a great place.



### ***FUNtastic Friday: Luau – March 1st***

Aloha! Each resident was greeted with a flower lei as they arrived to our FUNtastic Friday Luau for March, as is custom in Hawaii. The weather outside may not have reminded us of a Hawaiian holiday, but that did not keep us from celebrating with music, food, and fun. We had some delicious Hawaiian treats of popsicles, macadamia nut cookies, and tropical trail mix with pineapple, coconut, etc. Our Hawaiian punch was topped off with our little umbrellas. We felt as though we were on the beach in Hawaii sipping our tropical drink. The highlight of the day, though, came from Mike and Alan doing the hula dance. What a wonderful afternoon!



## ***Mardi Gras Mingle with Dietary – March 5th***

We decided to change things up a little for this month's Mingle with Dietary. We paired it with our Mardi Gras Party. Andrea treated us to some red beans & rice, gumbo, and cupcakes. We dressed the part in our masks and beads. We had a wonderful afternoon eating and enjoying some great conversation. Mingle with Dietary is held the 1st Tuesday of each month to give you an opportunity to talk with the dietary staff about the food. We will occasionally combine it with a theme to make it more exciting.



## ***Resident Talent Show – March 11th***

A wonderful crowd of residents showed up to support those brave enough to share their talents in front of everyone. Marcus Milner, Alan Derois, Cleon Quear, Mildred Welch, Barbara Buchanan, and Rosa Rupp each shared their individual talents of singing and/or playing instruments. At the end, we were able to have all of those, as well as Kay Speck, Irene Fain, and Ken Haley join us for a mini Regency "choir". Special thank you to Barb Simmers for playing piano for us. We will be looking forward to hosting another talent show in the future, as well as a display of talent for those who have a non-performing talent to participate in.





## ***Senior Prom***

*April 12th from 6:00 pm – 9:00 pm*

We are so excited – the Senior Prom is back! After a hiatus for a few years, our popular Senior Prom is scheduled for Friday, April 12th. The McGuire Brothers Band will be our live entertainment. We will have a delicious spread of hors d'oeuvres to sample. And don't forget the dance floor! This will be a wonderful evening. You will not want to miss it. Invite your friends and family to join us!



## ***Volunteer Appreciation Luncheon***

*April 2nd at 12:00 pm*

There are many ways volunteers help us on a daily basis at Regency. We are hosting a luncheon in honor of those who volunteer in any capacity at Regency. We would like to thank you by preparing a special meal just for you. This will be held on Tuesday, April 2nd at 12:00 pm in the Bingo Room. There will be a sign-up sheet located outside the Coffee Shop in the Green Transportation Book. Please sign up if you are able to attend so we will know how much food to prepare. Thank you for all you do!



## ***Trip to Hamrick's*** *April 3rd at 9:45 am*

Join us as we travel to Kingsport. We will eat lunch at Cracker Barrel, then go over to Hamrick's for an afternoon of shopping. This is always a fun trip where we find some great deals. We would love to have you with us! Sign up in the Green Book located outside the Coffee Shop on the 2nd Floor.



***Trip to Bass Pro Shop***  
*April 10th at 10:00 am*

We will travel to Sevierville to visit the Bass Pro Shop. We will have lunch at a nearby restaurant, then allow everyone some time to look around the shop. Bass Pro offers clothing, gifts, and outdoor gear. We will leave at 10:00 am from the Front Entrance. Please sign up in the Green Book located outside the Coffee Shop on the 2nd floor.



***Voting for City Election***  
*April 11th from 1:00 pm – 3:00 pm*

On Thursday, April 11th, you will have the opportunity to vote for the upcoming City Election. The Hamblen County Election Commission will be here to oversee the voting. We will have a flyer up prior to that day so you will know what offices are up for election.



***Display of Talents***  
*April 11th at 6:00 pm*

During our talent show last month, we mentioned that many of our residents have different types of talents to share. This particular evening is a chance to share those with everyone. This is not a talent show where people are performing, but rather, a display of talent for those who paint, crochet, quilt, needlework, etc. We will have tables set up in the Parlor for you to display your handiwork. We encourage all residents to come view the works that will be on display. Please let Valerie know if you are participating, so we will have enough tables set up for everyone.

***Welcome Misty Stickley!***  
*Administrator of AL & MC house*



We would like to welcome Misty Stickley to our Regency team. Misty comes to us from The Heritage Center, where she was a Social Worker for 13 years. Misty will be filling a new role, Administrator of Assisted Living and Memory

Care. She will be assisting Trudy in the oversight of Assisted Living and Memory Care. She is excited to be here, and we are very excited to have her as part of our Regency team.

***SAVE  
THE  
DATE***

- May 1st – 3rd*** —Senior VBS
- May 6th*** — Steve Carr Singing
- May 10th*** — FUNtastic Friday: Bubba Day
- May 17th*** — Paul Indelicato Singing

- May 21st*** — Charity Bingo, Assisted Living/  
Memory Care Family Night
- May 28th*** — The Warren Family



## Marion Keith

Marion was born in Rogersville, TN. She is an only child. Her family moved to Morristown when she was in the first grade. She married her first husband right after graduating from Morristown High. He was career Navy, so they moved around a great deal. She has lived in Newfoundland and Bangkok, as well as several different states. They had one son, Don. They divorced after 7 years. Marion moved back to Rogersville and worked in the Hawkins County School system as a Teacher/Librarian for 11 years. She then went to work for the TEA (Tennessee Education Association) for 17 years in Cookeville. Marion moved to Regency in 2015. She plays the piano for our Regency church. She is also on the Resident’s Council and leads our Bible Study class on Fridays. She also volunteered to oversee the Library during its renovation and for a couple of years after. Marion says the best part of being at Regency is the socialization – getting to know the residents and staff. Marion has one grandson who lives in Florida.

### FUN FACTS



- In 18th century Scotland, the April Fools’ Day tradition became a two-day event, starting with “hunting the gowk,” in which people were sent on phony errands and followed by Talie Day, which involved pranks played on people’s derrieres, such as pinning fake tails or “kick me” signs on them.
- It wasn’t until the Victorian era that dyed Easter eggs became something to give to children rather than to the Church, the poor or to local authorities.

### WELCOME NEW RESIDENTS!



- John Montgomery
- Bernard Cole
- James Tanner
- Gertrude Joyce
- Mary Alice Noe
- Betty Britton
- Silvia Wilson
- Thomas Rudolph

### HAPPY BIRTHDAY!

#### Resident

|                    |        |                  |         |
|--------------------|--------|------------------|---------|
| Helena Bauch       | Apr. 1 | Coy Davidson     | Apr. 8  |
| Billie Lynch       | Apr. 1 | Ray Hubbs        | Apr. 14 |
| Gorman “Lee” Blair | Apr. 2 | George Morin     | Apr. 14 |
| James Green        | Apr. 2 | Mary Sue Purkey  | Apr. 18 |
| Ola Shipley        | Apr. 3 | Patsy Brotherton | Apr. 19 |
| Virginia Davis     | Apr. 4 | Mayme Owens      | Apr. 21 |
| Don Heiss          | Apr. 4 | Roger Dean       | Apr. 22 |
| Audrey Vick        | Apr. 4 | Nancy Wood       | Apr. 23 |
| Charles Summers    | Apr. 4 | Jimmy Jefferson  | Apr. 25 |
| Doyle Stroud       | Apr. 5 | Pat Stroud       | Apr. 26 |

#### Employee

|               |         |                 |         |
|---------------|---------|-----------------|---------|
| Lacey Woods   | Apr. 7  | Cheyenne Wilson | Apr. 18 |
| Emily Medford | Apr. 9  | Lauren Ivy      | Apr. 26 |
| Rowna Ayers   | Apr. 12 | Adrien Inman    | Apr. 27 |
| Megan Lester  | Apr. 14 | Phyllis Musick  | Apr. 27 |
| Leslie Mason  | Apr. 15 | Makenzie West   | Apr. 29 |

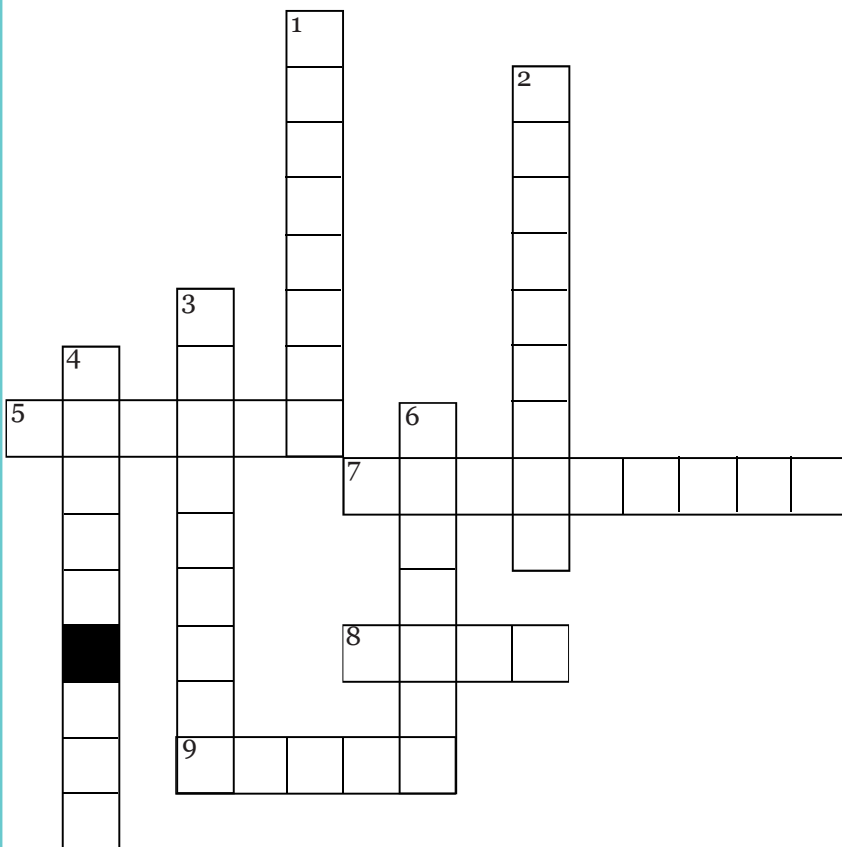


WORD FIND

U B S K E N V I R O N M E N T L K H G P L I S Z O  
 W K U C G P T T P E K O J T A C A N A D I D E L I  
 G W M T X V O H Y N K G W M G H R S A F L Y E V B  
 C Q W R T D X Z Y B G Z B F O R S C U R Y Y R B Q  
 D A U U T E G C G U I S B J T I X G R I P D T Y U  
 Q P R E S U R R E C T I O N O S N S U S E J I J V  
 G H A D V N A F V O H Z A N G T O U F T V W P W V  
 W S F L X Q U N L W P L T N O I X I F I C U R C D  
 Q P X P M R J K R Y P W T K G A N X E Y W Q M Q L  
 E A R T H S N K I C Q H K U W N W Z I O U L P E G

- |           |              |       |             |         |
|-----------|--------------|-------|-------------|---------|
| BUTTERFLY | CHRISTIAN    | LILY  | ENVIRONMENT | EARTH   |
| LAMB      | RESURRECTION | JOKE  | TREES       | PALMS   |
| JESUS     | CRUCIFIXION  | PRANK | PLANT       | PASSION |

CROSS-WORD



Across

5. Another term for Easter.
7. Represents eternal life.
8. Represents purity and honesty.
9. President responsible for nationwide recognition of Arbor Day.

Down

1. State where Arbor Day originated.
2. \_\_\_\_\_ rabbits and eggs are popular Easter treats.
3. Era when dying Easter eggs became a children's activity
4. Founded by Gaylord Nelson.
6. Fabergé eggs were first presented to this court.

*EMPLOYEE OF THE YEAR*

*Barb Simmers*



Barb has been employed with Regency since March 2011 as an LPN, but Barb does so much more here at Regency! Barb is willing to help out anywhere – nursing, VIP, activities, you name it. She audits our charts for nursing.

She goes on trips with the residents. She takes residents to the VA and doctor appointments. Barb also volunteers on her own time to come play the piano for our Favorite Hymn Sing Alongs. Barb is always pleasant, meticulous, and dependable. Thank you, Barb, for making Regency a better place for everyone!

*EMPLOYEE OF THE MONTH*

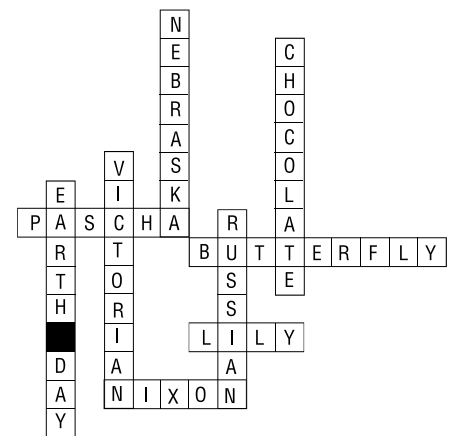
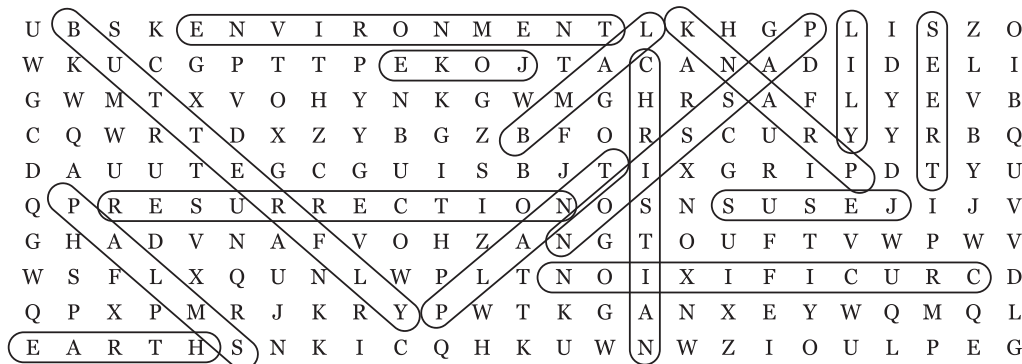
*Teisha Shelton*



Teisha has been employed with Regency as a caregiver since October, 2017. Teisha is not only a great caregiver, but she is also a good ambassador for new staff at Regency. She also takes new staff members under her wing and makes

sure that they are comfortable with all aspects of their job. She takes the time needed to make the residents feel comfortable with personal care such as showers. Many have refused to take a shower unless Teisha is here. She has worked many overtime hours on all shifts and has helped us fill in on dietary on 2nd floor while we were training new staff. Thank you, Teisha, for being a great caregiver and an excellent employee. We appreciate all you do!

**ANSWER KEY:**



**CONNECT WITH US:**

 [facebook.com/RegencyRetirementVillage](https://facebook.com/RegencyRetirementVillage)

 [pinterest.com/regmorristory/](https://pinterest.com/regmorristory/)