

MARCH NEWSLETTER 2019

March 1

FUNtastic Friday: Luau

March 5

Mardi Gras Party/Mingle with Dietary

March 6

Trip to Yoder's

March 10

Daylight Saving Time Begins
Meet & Greet with New Pastor
Tyler Bryant w/ Banana Splits

March 11

Resident Talent Show

March 12

Lunch for Veterans
Trip to Sonic
Tim Holder: Presidential Stories

March 13

Trip to CiCi's Pizza & Moon Pie
General Store

March 17

St. Patrick's Day Party

March 19

Charity Bingo

March 20

1st day of Spring

What's Cookin' Wednesday - Carnival

March 22

Wine & Cheese Social

March 27

Waffle Brunch



Hello Residents,

Spring is in the Air!

Spring is such a special time of year. It is so exciting! We are blessed to see some beautiful colors start to emerge. The temperatures start to rise and the days are longer and filled with sunshine. It is so nice to sit back and watch God's beautiful creation bloom.

I encourage you to get out of your rooms as much as possible and enjoy all the beauty around you. Take a Sunshine Ride with J.R. and see the pretty flowers and trees starting to bloom. Take a walk through the Regency Park and feel the fresh spring air. There are many different activities to join in that will help you feel renewed and rejuvenated.

We are so thankful to have you as a member of the Regency family. We hope you enjoy all that Regency has to offer.

Happy Spring!

Trudy Darnell,
Executive Director



Valentine's Dance/Party – February 14th

We had a wonderful time at our Annual Valentine's Dance! DJ Tommy Kinsler played a great variety of music that kept our toes tapping and the dance floor hopping. A few were even brave enough to try their hand at Karaoke. We had some delicious snacks of cookies, chips, fruit, and other goodies. We had a great time and can't wait to do it again next year!!



Tile Craft w/ Lisa – February 11th

A new one for us! Lisa Deal with Accidentally Crafty helped us create a masterpiece. Several residents were brave enough to try this new craft project. We took a tile that had a stencil applied. For February, Lisa chose a "Love Grows Here" message. Residents colored in their favorite colors to create a beautiful work of art we can each be proud of. Don't worry if you missed it, Lisa will be back in April to help us create an Easter tile!



Lunch for Veterans – February 12th

This luncheon is open to all Regency Veterans and those in the Morristown community. It provides an opportunity to share a camaraderie with those who understand the sacrifices made. This month, after a delicious lunch of BBQ, we had a special pinning ceremony where each Veteran was presented with a pin and certificate from UT HH & Hospice and Smoky Mountain HH & Hospice. We would like to thank Pam, Tracey, and Debbie for a special event. We invite all our Veterans to join us on Tuesday, March 12th at 11:30 am in the Bingo room. Please RSVP at the Front Desk.



John Hay 5th Graders Visit – February 12th

There was a song that said, “I believe the children are our future, teach them well and let them lead the way.” That is exactly what we believe is happening at John Hay in their 5th grade class. Led by teachers Candace Proffitt and John Watkins, these students are certainly learning how to be good citizens and leaders. A large group came to Regency to distribute paper roses they had made. The students spent approximately an hour getting to know our residents, learning about our pasts and playing games with us. It was a wonderful afternoon – a very heartwarming occasion. We certainly look forward to them coming back soon to visit us!



Charity Bingo

March 19th at 2:30 pm

Every other month, Regency hosts a Charity Bingo. We request a \$2 donation per card. All money that is received will be given to a local non-profit organization. We would like to thank UT Home Health & Hospice for being our sponsor for March's Charity Bingo. It is with their support we are able to offer such great prizes.



Resident Talent Show

March 11th at 6:00 pm

Do you have a Talent you are willing to share with us? Maybe you sing, play an instrument, tell a funny joke, or dance. Whatever your talent is, we encourage you to share it with us! We will feature our Residents' talents on Monday, March 11th at 6 pm. Please let Valerie know if you are interested in participating, so a program list can be compiled.



Jigsaw Puzzles with Trudy

March 5th & 19th at 6:00 pm

Trudy is very excited about this activity!! She loves to spend time with the residents, and she loves puzzles. She will provide the jigsaw puzzles, and she would love for you to join her in putting them together! Come join the fun on Tuesday, March 5th and Tuesday, March 19th at 6 pm in the Bingo Room.



FUNtastic Friday – Luau
March 1st at 2:30 pm

Aloha! We can almost hear the Hawaiian music, feel the breeze and smell the flowers as we look forward to this month's FUNtastic Friday: Luau. We will have some special treats in store! Wear your bright colors, Hawaiian shirts, flip flops... whatever reminds you of a Hawaiian paradise and join us for a FUNtastic Day!



Trip to CiCi's Pizza & Moon Pie
General Store

March 12th at 9:45 am

We will travel to Pigeon Forge to visit CiCi's Pizza and then on to the Moon Pie General Store to do a little shopping. This store has much more than just Moon Pies! There is a bookstore connected to it, as well as an offering of gifts, other snacks, and much more. Who knows, we may even stop at the Russell Stover's store on the way home!



Trip to Yoder's Country Market
March 6th at 1:00 pm

We are going to try it again! Our previous trip was canceled due to the weather. We will travel to Bulls Gap to visit the very popular Yoder's Country Market, a Mennonite store with lots of delicious goodies including sandwiches. This is a popular trip that will fill up quickly! Be sure to sign up in the green book, located outside the coffee shop on 2nd Floor.



Meet & Greet New Pastor
March 10th at 2:00 pm

The Regency Church has elected a new Pastor, Tyler Bryant. They invite you to join us on Sunday, March 10th for a meet & greet to give you the opportunity to get to know Tyler and give him the chance to meet our residents. We will have some yummy banana splits and enjoy some fellowship with Tyler.

***SAVE
THE
DATE***

April 1 – Adrian Ray Singing

April 5 – FUNtastic Friday: Wacky Wardrobe

April 8 – Tile Craft w/Lisa

April 12 – Senior Prom

April 21 – Easter



Bud & Sara Jones

Bud was born in Memphis, TN. His dad worked for the telephone company, so he moved around quite a bit. They eventually settled in Paris, TN and after graduating High School in Paris, Bud went to UT Martin for Pre-Pharmacy. He continued on to Memphis to major in Pharmacy and moved to Morristown in 1956 to buy a drug store. That didn't work out, so he started working at Freel's Drug Store in downtown Morristown. It was here he would meet the love of his life, Sara. Sara was born & raised here in Morristown. She graduated Morristown HS and worked in a local attorney's office. The two married and had 2 children, Caroline and Buddy. They opened Crescent Center Drugs in the 1970's. Later on, they also purchased

Morristown Pharmacy. Sara stayed home with the children. Bud retired from owning/managing the pharmacy at the age of 72, but continued working there until 2017. Bud & Sara attend First UM Church. They have 4 grandchildren & 3 great-grandchildren. Bud & Sara moved into Regency in February 2015. Bud has been active on the Resident's Council. They enjoy the security & friendships the most.

WELCOME NEW RESIDENTS!



- Carol Anne Stroud
- David Sotelo
- Bill Alexander
- Imogene Rutherford
- Myra Johnson
- Mary Smith
- Dean Bailey
- Joseph Huskey
- Dennis Bailey

HAPPY BIRTHDAY!

Resident

- Phyllis Rogers Mar. 5
- Elizabeth Gibson Mar. 9
- Gracie Arnot Mar. 11
- Shirley Drummonds Mar. 14
- Barbara Brown Mar. 16
- Joyce McParland Mar. 17
- Maxine Pearson Mar. 17
- Donna Wills Mar. 29
- Wilma Hagen Mar. 31

Employee

- Anastasia Wheeler Mar. 1
- Shanndella Brisentine Mar. 7
- Emily Dyke Mar. 9
- Kasey Burns Mar. 10
- Joann Kirk Mar. 22
- Dena West Mar. 26
- Kassy Keller Mar. 27
- Becky Tuttle Mar. 27



WORD FIND

N N J Y K X I U F Y G M F S N N M B O U I P F B Y
 E W H L C G U J D N S A P W M U D A N S L K Q L L
 E P W N O H E J C P L A N O I T A N R E T N I I V
 R E F I R V U V R A L A W T D R Y H Q S M J D O C
 G H O U M D F I A D B B L H C M R T C A L O L V Z
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 G O L D U C B Y Q S G N Z T E B E D A R A P E W X
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WOMEN

CLOVER

GOLD

DAFFODIL

PARADE

SHAMROCK

GREEN

LEPRECHAUN

INTERNATIONAL

MARS

LUCK

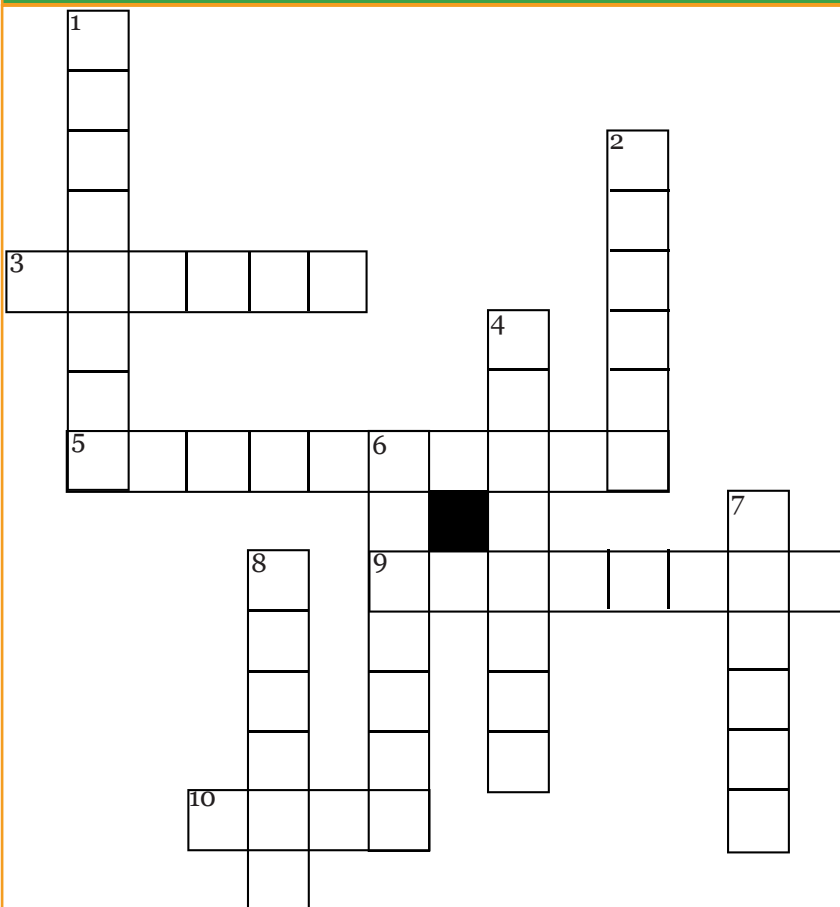
RAINBOW

SPRING

IRISH

CABBAGE

CROSS-WORD



Across

- 3. Mash, boil, or bake it.
- 5. Small-bodied fellow.
- 9. Days in March that have a reputation for being stormy.
- 10. Color originally associated with St. Patrick's Day.

Down

- 1. March birth flower.
- 2. ___ and New York City are home to the largest St. Patrick's Day celebrations.
- 4. Symbolizes rebirth of spring.
- 6. Important food staple during the Great Potato Famine.
- 7. ___ equinox also known as the spring equinox.
- 8. Color that symbolizes women.

EMPLOYEE OF THE YEAR

Barb Simmers



Barb has been employed with Regency since March 2011 as an LPN, but Barb does so much more here at Regency! Barb is willing to help out anywhere – nursing, VIP, activities, you name it. She

audits our charts for nursing. She goes on trips with the residents. She takes residents to the VA and doctor appointments. Barb also volunteers on her own time to come play the piano for our Favorite Hymn Sing Alongs. Barb is always pleasant, meticulous, and dependable. Thank you, Barb, for making Regency a better place for everyone!

EMPLOYEE OF THE MONTH

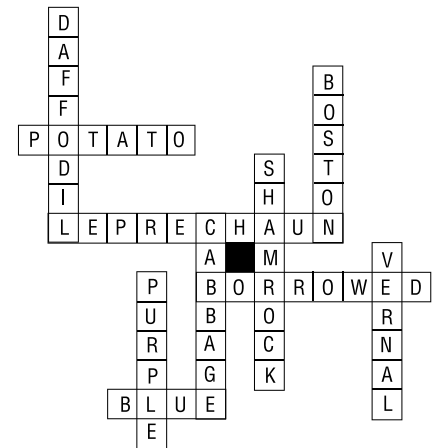
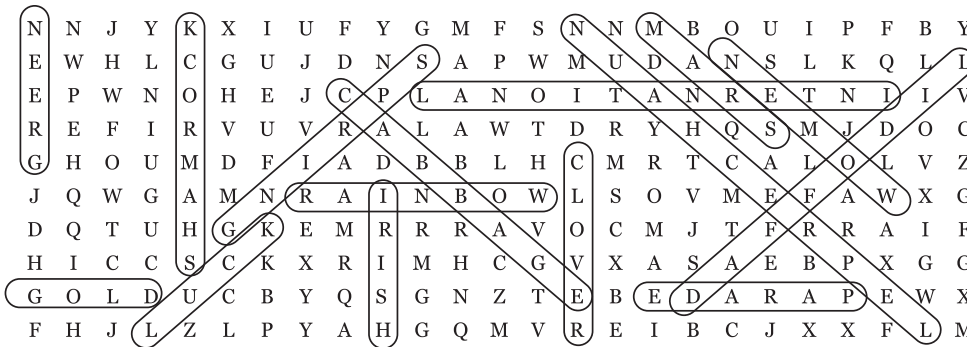
Mary Ramey



Mary has been with Regency since September 2014. She is currently working in the VIP program but has worked as a caregiver in Memory Care in the past and continues to fill in as a caregiver and in

activities when needed. Perhaps it is best to use the sentiments of the resident that nominated Mary: “Mary’s outstanding care, concern and compassion is demonstrated to all her residents. She carries out all her tasks with efficiency and capability. She is truly an outstanding employee.” Thank you, Mary, for making Regency a better place for our residents!

ANSWER KEY:



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