



February 2
Groundhog Day

February 3
Super Bowl Party

February 4
Favorite Hymn Sing Along
w/ Barb & Valerie

February 5
Chinese New Year

February 7
Patti Quarles Singing
Saved Through Faith Singing

February 8
FUNtastic Friday - Future

February 9
Tommy White Singing

February 10
Hillcrest Youth Group

February 12
Lunch for Veterans
John Hay 5th Graders

February 14
Valentine's Day

February 16
4H Honor Club Valentine Party
Rebekah Nester Singing

February 18
Presidents Day

February 19
January, February, March
Birthday Party
Assisted Living/ Memory Care
Family Night Mingle

FEBRUARY NEWSLETTER 2019



Hello Residents,

It is February once again! The month of fun, love, and Valentines. We are having our annual Valentine's Dance this month. We are also having our quarterly Assisted Living/Memory Care Family Night of fun and mingling. I hope each of you will come out and join in the festivities. There are several not-so-well-known National days during February: National Pizza Day, National Don't Cry Over Spilled Milk Day, National Sleep in Public Day, and (one that I really like) National Thank Your Mailman Day. If you aren't into Valentines, there are many more things to celebrate during the month of February.

On another note, our painters should be done in the Main Dining Room. We really appreciate your patience during our remodeling. We have had so many wonderful comments, kind words, and positive attitudes during this transition.

We really appreciate all of you! It is truly a joy to get to work with such an amazing group of residents. I hope all of you have a wonderful February.

Trudy Darnell,
Executive Director



New Year's Eve Wine & Cheese Social – December 31st

We had a wonderful time counting down to a “New Year.” We celebrated a little earlier than midnight, but the sentiment was the same. We began the New Year’s Eve social with our wine, sparkling cider, cheese, and grapes. Colorful “Happy New Year” headbands and noisemakers helped add to the festive atmosphere. As our social came to a close, we had Cleon play the organ as we sang “Auld Lang Syne.” We truly hope everyone has a Happy New Year. We are excited to see what 2019 holds!



What's Cookin' Wednesday – January 16th

On a cold winter's day, nothing seemed as good as a hot bowl of chili & delicious hot fudge cake. Our January “What's Cookin' Wednesday” was a hit! Andrea & Peter set up a delicious chili bar, complete with Fritos, chili, sour cream, cheese, olives, and all the fixings. We also had a yummy Hot Fudge Cake Bar, complete with brownies, ice cream, hot fudge, and whipped cream. We think everyone enjoyed these delicious treats. We will certainly try them again in the future! This month, we will travel back to the 1950's for our “What's Cookin' Wednesday.”



FUNtastic Friday - Superheroes – January 4th

“Calling all Superheroes,” that was the call that went out for this month’s FUNtastic Friday. We had a great time talking about our favorite superheroes, sharing some super snacks, and testing our Superhero skills. One of the highlights of the day – meeting the newest superhero – Superhero Sugar! Mrs. Irene Fain developed her own superhero and dressed accordingly. Another highlight— seeing all our Superhero poses. We had a fun day! Come join us for our Futuristic FUNtastic Friday on Friday, February 8th at 2:30 pm in the Parlor.



Seated Tai Chi Class – Wednesdays at 2 pm

A wonderful crowd has been gathering each week for our new Seated Tai Chi Class. Led by instructor Larry McGowan, several residents have been learning the basic movements of the Tai Chi concept. We will continue these classes in February, with the exception of the 3rd Wednesday. There is plenty of room for everyone – come join us!



Employee of the Year/Employees of the Month Celebration February 26th at 2:00 pm

Join us as we celebrate some outstanding employees. We will host a celebration in honor of all of our 2018 Employees of the Month & our Employee of the Year, Mrs. Barb Simmers. Our Employees of the Month include: Mike Greene, Heather Engleke, Evelyn Gamber, Randi Gladson, Shelly Walker, Brooklin Liparoto, Barb Simmers, Sue Rickard, and Donna Beatty. Each of these employees was selected for their excellent work performance, great attitudes, and dedication to Regency. Each of these employees go above and beyond on a regular basis to ensure our residents' lives are enriched. Thank you to each one for being exceptional employees!



Favorite Hymn Sing Along w/ Barb & Valerie February 4th at 2:00 pm

Barb Simmers has agreed to come back and play the piano as we sing some of your favorite hymns. We will take the hymnal and sing as many of your favorites as possible in an hour. This is a sing along and we encourage you to come make a joyful noise with us!



Food Tasting with US Foods February 5th at 2:00 pm

Our monthly Mingle with Dietary will be a little different this month. Our Food Services Provider, US Foods, is sending Chef Warren to let us try some of the new products they offer. Come join us to sample some of the creations they will be making.



What's New?

February 11th at 2:00 pm

An old favorite returns... 'What's New' returns on Monday, February 11th at 2pm. We'll try out some of the newest products, usually snack food items, on the market. Come join us! You may find something new that you enjoy.



Valentine's Day Dance

February 14th from 2:00 - 4:00 pm

Put your dancing shoes on and get ready to have some fun! We will be having our Annual Valentine's Dance, complete with karaoke, music, and a dance floor. We will have refreshments available. Even if you don't dance, you will want to come watch those who do — it can be quite a show! Don't miss it!



4H Honor Club Valentine Party

February 16th at 2:00 pm

4H Club members from around the area will gather with us on Saturday, February 16th at 2pm for a Valentine Party. According to their leader, Mrs. Elizabeth, the youth are very excited to come be with us! Please come out and support these youths. They will be having music, crafts and games available.



Assisted Living/Memory Care Family Night Mingle

February 19th at 6:00 pm

We are shaking things up a little with our Family Night. We'll be mingling in the Parlor and serving light hors d'oeuvres instead of a meal. A little more informal, but hopefully a better way for us to get to know you and spend more time with your family. There's no limit to the number of guests, but we do ask that you **RSVP** to the front desk by **noon on Monday, February 18th**.

***SAVE
THE
DATE***

March 1st — FUNtastic Friday - Luau
March 4th — Steve Carr Singing
March 8th — Paul Indelicato Singing
March 15th — Nostalgia John

March 18th — Curt Mathson
March 18th — Pea Pickin' Hearts
March 19th — Charity Bingo



Phyllis Rogers

Phyllis was born in Bishop, VA. Her father was superintendent of the Pocohontas Coal Mines in Tazewell County. She has three sisters and two brothers. She went to college at the age of 16 and graduated from Mary Washington in Williamsburg. She married her high school sweetheart, Dan W. Lynch, moved to Asheville, NC and had three boys: Mike, Steve, and Dan. Her husband worked at Enka while she taught English in the Carolinas. They moved to Morristown in 1965. Phyllis continued teaching as a substitute teacher in the local elementary schools and later taught Braille and home skills to disabled persons at Volunteer Blind Industries. After her husband passed, she married Thomas Rogers, who had two children of his own.

She moved to Regency in 2015 and has 11 grandchildren and one great granddaughter. Although she has many talents and hobbies, her best attribute is being mom and grandmother. Phyllis enjoys coming to Regency's socials and the entertainment provided. She loves to be around her friends.

FUN FACTS

- Groundhog Day has been celebrated in Punxsutawney since 1887.
- Valentine greetings were popular as far back as the Middle Ages, though written Valentine's didn't begin to appear until after 1400. The oldest known valentine still in existence today was a poem written in 1415.
- Showering isn't allowed on the Chinese New Year's Day. Sweeping and throwing out garbage isn't allowed before the 5th. This is to make sure you don't wash away the good luck!

WELCOME NEW RESIDENTS!



Barbara Brown
 Kay Speck
 William Franklin
 Helena Beuch
 John Sherridan
 Ray Campbell
 Faye Pope
 Marcus & Faye Milner
 Brenda Enz

HAPPY BIRTHDAY!

Resident

Lois Beckham Feb. 6
 Kay Speck Feb. 11
 Ron Arakaki Feb. 19
 Mary Alice Noe Feb. 20
 Doris Payne Feb. 20
 June Seal Feb. 23
 Marcus Milner Feb. 25
 Florine Seal Feb. 25

Employee

Ashley Antrican Feb. 1
 Connor Bunch Feb. 2
 Lacey Ewing Feb. 3
 Barb Simmers Feb. 25
 Valerie Farmer Feb. 26
 Makayla Purkey Feb. 26

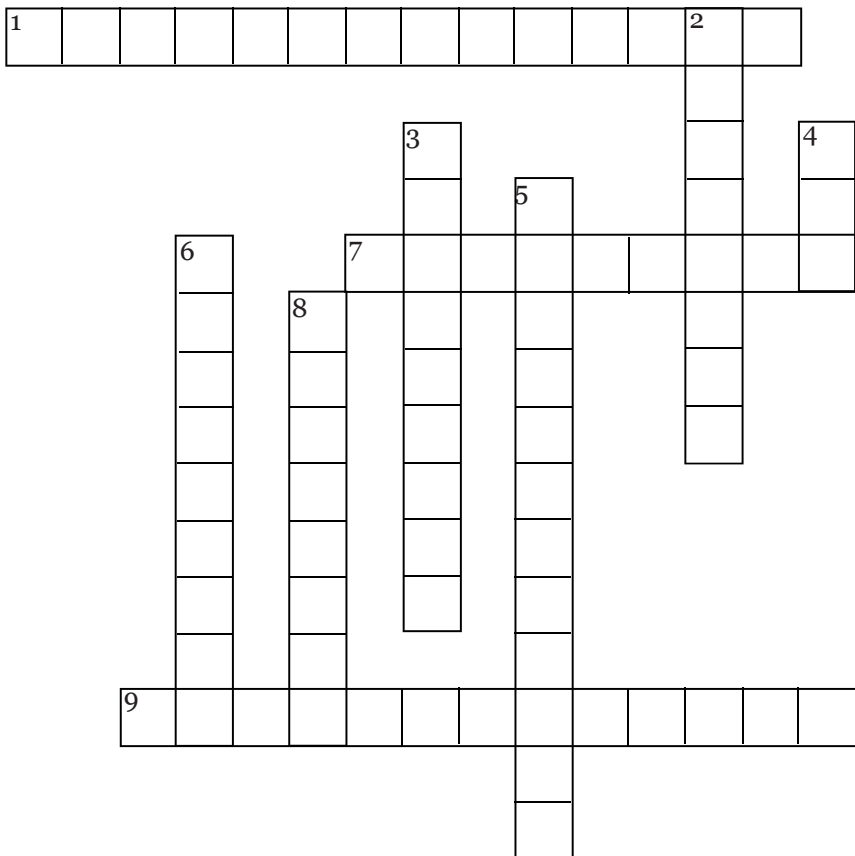


WORD FIND

N F S Q H Z C U C E C B T G V N J P M E R Z D R E
 K O E N X F N S H T V A D U M P L I N G S O A K E
 F P T S U D N G I A Y A D I L O H I D G R N M V T
 E W V G T F M G N L F T B B J P T Z H O U W C A V
 W I X Q N I I F E O V J Y J R N E R M L W C E C N
 D S J N E I V M S C N N P Y E N W A T U S X N U P
 I N W N J L H A E O W F D L T J N T R B R E O Z G
 P H C Z U U K S L H X H A U V C Q R O S E S L U V
 U B E M A H U G A C W V I S E D N W D G D D D X K
 C O S X H O C Z R W O J A L U E A I B C Q S I Z X

- | | | | | |
|-----------|-----------|--------------|---------|------------|
| CHINESE | CUPID | HOLIDAY | RED | ROSES |
| CHOCOLATE | DUMPLINGS | LUNAR | ROMAN | VALENTINE |
| CHUNJIE | FESTIVAL | PUNXSUTAWNEY | ROMANCE | WASHINGTON |

CROSS-WORD



Across

1. Chinese New Year is also known as_____.
7. Predicts the arrival of spring.
9. Washington’s Birthday is also known as_____.

Down

2. Purple variety of quartz.
3. Fat Tuesday.
4. 2019 is the Year of the_____.
5. Annual Groundhog Day festivities occur here.
6. The Chinese calendar is this type.
8. Team with the most Super Bowl appearances.

EMPLOYEE OF THE YEAR

Barb Simmers



Barb has been employed with Regency since March 2011 as an LPN, but Barb does so much more here at Regency! Barb is willing to help out anywhere — nursing, VIP, activities, you name it. She

audits our charts for nursing. She goes on trips with the residents. She takes residents to the VA and doctor appointments. Barb also volunteers on her own time to come play the piano for our Favorite Hymn Sing Alongs. Barb is always pleasant, meticulous, and dependable. Thank you, Barb, for making Regency a better place for everyone!

EMPLOYEE OF THE MONTH

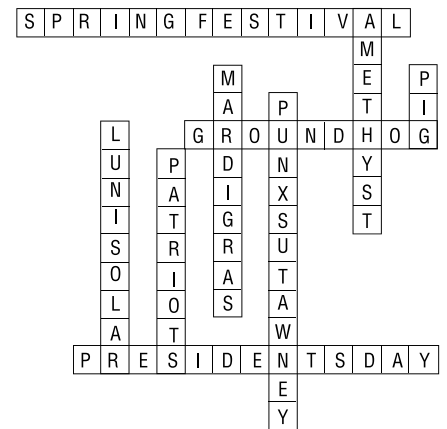
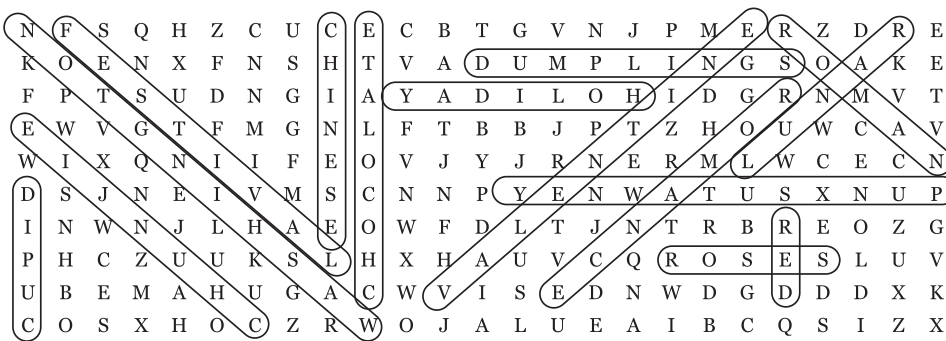
Bridget Ray



Bridget has been a caregiver at Regency for several years. She is dedicated to taking excellent care of her residents. Family members often tell us that Bridget's care is what keeps their family member

going, with her extra attention and those great milkshakes! Bridget, thank you for everything you do to make Regency a better place for our Residents!

ANSWER KEY:



CONNECT WITH US:

 facebook.com/RegencyRetirementVillage

 pinterest.com/regmorristory/