

JANUARY 2019

SENIOR LIVING EVENTS

Regency Retirement Village of Morristown

739 E.2nd North Street | Morristown, TN 37814 | (423) 581-7075

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy New Year!						
		10:00 New Year's Day Bingo, BR 2:00 Mingle w/Dietary w/Snacks, MDR Happy New Year!!	9:00 Exercise, MR 10:00 BINGO, BR 1:00 Card Making Class, BR 2:00 Seated Tai Chi Class, P 6:00 Holt's Baptist Church Singing, P	Bus Transportation, FE 9:00 Exercise, MR 10:00 BINGO, BR 10:00 Yoga, MR 1:30 Beadwork, P 2:00 Exercise w/Michelle, MR 3:00 White Elephant Exchange w/Trudy, P	8:30 Out to Breakfast, FE (sign up) Cracker Barrel, Morristown 9:00 Cookies & Coffee, CS 9:00 Exercise, MR 9:30 Bible Study, BR 1:00 Sunshine Ride, FE (Sign Up) 2:30 FUNtastic Friday: Superheroes, P	9:00 Exercise, MR 10:00 BINGO, BR 10:00 Wii Bowling, MR 2:00 "God Bless the Broken Road", Movie & Popcorn, H4H
9:30 Worship Service w/Cynthia Thompson, P 2:00 Snowflake Craft, BR	Bus Transportation, FE 9:00 Exercise, MR 9:30 Balance & Fall Risk Assessment w/Suncrest, P 10:00 BINGO, BR 10:00 Yoga, MR 1:00 Making Welcome Bags, BR 2:00 Steve Carr Singing, P 3:30 Activities Meeting, P 6:00 Corn Toss Game, P	9:00 Wal-Mart, FE 9:00 Exercise, MR 10:00 Massages w/Michelle, MR 11:30 Lunch for Veterans, BR 2:00 Roger Bache Singing, P 3:00 Balloon Swat Exercise, P 3:30 J.R.'s Famous Popcorn, P 3:30 Storytelling by Tama, P	9:00 Exercise, MR 9:30 BP w/ UT HH, P 10:00 BINGO, BR 1:00 "Dear Abby" Day, P 2:00 Seated Tai Chi Class, P 3:00 Devotions w/Valerie, P	Bus Transportation, FE 9:00 Exercise, MR 10:00 Bingo, BR 10:00 Yoga, MR 1:00 Military History w/David, H4H 1:30 Beadwork, BR 3:00 Evelyn McNamara Singing, P 6:00 Men's Club Plays Poker, P	9:00 Cookies & Coffee, CS 9:00 Exercise, MR 9:30 Bible Study, BR 10:45 Out to Lunch, FE (sign up) Koto Japanese, Morristown 1:00 Sunshine Ride, FE (Sign Up) 2:00 Michelle Young Singing, P	9:00 Exercise, MR 10:00 BINGO, BR 10:00 Wii Bowling, MR 2:00 "Unbroken", Movie & Popcorn, H4H
9:00 Worship Service w/Cynthia Thompson, P 2:00 Coke Floats, P	Bus Transportation, FE 9:00 Exercise, MR 10:00 Yoga, MR 10:00 BINGO w/Suncrest, BR 1:30 "2019 Motivation Board" w/Amedisys, BR 3:30 Cranium Crunches, BR 6:00 Wheel of Fortune, P	9:00 Wal-Mart, FE 9:00 Exercise, MR 10:00 Manicures w/Caris, BR 2:30 Charity Bingo, MDR 3:30 J.R.'s Famous Popcorn, P	9:00 Exercise, MR 9:30 BP w/ Suncrest, P 10:00 BINGO, BR What's Cookin Wednesday, 1:30 Penny Auction w/Valerie, P 3:00 Devotions w/1st United Methodist Church, P	Bus Transportation, FE 9:00 Exercise, MR 10:00 BINGO, BR 10:00 Yoga, MR 1:30 Beadwork, BR 2:00 Exercise w/Michelle, MR 3:00 Sequence Game, BR 5:30 Pizza Party, MDR	9:00 Cookies & Coffee, CS 9:00 Exercise, MR 9:30 Bible Study, BR 10:45 Out to Lunch, FE (sign up) Gondolier, Jefferson City 1:00 Sunshine Ride, FE (Sign Up) 2:30 Tea Party, MDR	9:00 Exercise, MR 10:00 BINGO, BR 10:00 Wii Bowling, MR 2:00 "Unbroken, Path to Redemption", Movie & Popcorn, H4H
9:00 Worship Service w/Cynthia Thompson, P 2:00 Give a Penny, Take a Penny, BR	Bus Transportation, FE 9:00 Exercise, MR 10:00 Yoga, MR 10:00 BINGO, BR 1:00 First Baptist Singing, P 2:00 Martin Luther King, Jr. Day, P 3:30 Trivia, P 6:00 Name that Tune w/Alyssa, P	9:00 Wal-Mart, FE 9:00 Exercise, MR 10:00 Massages w/Michelle, MR 10:00 Scrabble, P 1:00 Painting w/Rocky, BR 1:00 Trip to Hobby Lobby, Ross, Dollar Tree, FE (Sign up) 3:30 J.R.'s Famous Popcorn, P 6:00 The Warren Family Singing, P	9:00 Exercise, MR 9:30 BP w/Smoky Mtn., P 10:00 Bingo, BR 2:00 Seated Tai Chi Class, P 3:00 Devotions w/Peace Freewill Baptist Church	Bus Transportation, FE 9:00 Exercise, MR 10:00 BINGO, BR 10:00 Yoga, MR 1:00 Military History w/David, H4H 1:30 Beadwork, BR 2:00 Cooking w/Trudy, CS 3:00 Getting to Know You, P	9:00 Cookies & Coffee, CS 9:00 Exercise, MR 9:30 Bible Study, BR 10:45 Out to Lunch, FE (sign up) Fatz, Greeneville 2:00 Sunshine Ride, FE (Sign Up)	9:00 Exercise, MR 10:00 BINGO, BR 10:00 Wii Bowling, MR 2:00 "The Princess Bride", Movie & Popcorn, H4H
9:00 Worship Service w/Cynthia Thompson, P 2:00 Hot Chocolate & Cookies, P 6:00 Community Fellowship Choir, led by Marty Mills, P	Bus Transportation, FE 9:00 Exercise, MR 10:00 Yoga, MR 10:00 BINGO, BR 1:00 Yahtzee Game, BR 2:00 Balance Assessment w/St. Luke's Therapy, P 3:30 Word Game, P 6:00 Ray Akins, P	9:00 Wal-Mart, FE 9:00 Exercise, MR 10:00 Uno Game, BR 1:00 Trip to Yoder's Country Market, FE (Sign up) 3:30 J.R.'s Famous Popcorn, P	9:00 Exercise, MR 9:30 BP w/Caris., P 9:30 Resident Council, PDR 10:00 - 12:00 Waffle Brunch, MDR 1:30 Bingo w/Newport Health & Rehab, BR 2:00 Seated Tai Chi Class, P	Bus Transportation, FE 9:00 Exercise, MR 10:00 BINGO, BR 10:00 Yoga, MR 1:30 Beadwork, BR 3:00 Resident's Mtg w/Ice Cream, P	Happy New Year!	