

# DECEMBER 2018

# SENIOR LIVING EVENTS

**Regency Retirement Village of Morristown**  
739 E.2nd North Street | Morristown, TN 37814 | (423) 581-7075

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Worship Service w/Cynthia Thompson, P 2 2:00 Decorating & Eating Christmas Cookies, BR	Bus Transportation FE 9:00 Exercise MR 9:30 Balance & Fall Risk Assessment w/Suncrest, P 10:00 BINGO, BR / Yoga, MR 1:00 Making Christmas Cards, BR 2:00 Christmas Carol Sing Along w/Barb & Valerie, P 3	9:00 Walmart, FE 9:00 Exercise, MR 10:00 Manicures w/SMHH, MR 1:00 Painting w/Rocky, BR 2:00 Mingle w/Dietary w/Snacks, MDR 3:00 Balloon Swat Exercise, P 3:30 J.R.'s Famous Popcorn, P 4	9:00 Exercise, MR 9:30 BP w/ UT HH, P 10:00 BINGO BR 2:00 Disney Christmas Day, P 3:00 Devotions w/Don Heiss, P 6:00 First United Methodist Youth Singing, P 5	Bus Transportation FE 9:00 Exercise, MR 10:00 BINGO BR 10:00 Yoga MR 1:30 Beadwork P 2:00 Exercise w/Michelle, MR 3:00 Reindeer Day & Activities Meeting, P 5:30 Ride in Morristown Christmas Parade, FE (sign up) 6	8:30 Out to Breakfast - FE (sign up) 7 Davy Crockett Restaurant, Morristown 9:00 Cookies & Coffee CS 9:00 Exercise MR 9:30 Bible Study BR 1:00 Sunshine Ride, FE (Sign Up) 2:30 FUNtastic Friday - Denim & Diamonds, P	9:00 Exercise, MR 10:00 Bingo, BR 2:00 "Daddy's Home 2" Movie & Popcorn, H4H 8 9:00 Exercise MR 10:00 BINGO BR 2:00 "Home Alone", H4H 3:00-8:00 Festival of Lights
9:30 Worship Services w/Cynthia Thompson, Parlor 9 2:00 Christmas Craft, BR	Bus Transportation FE 9:00 Exercise MR 10:00 Yoga MR 10:00 BINGO w/Suncrest, BR 1:30 Ugly Sweater Decorating - bring your own sweater-we will supply decorations , BR 3:30 Cranium Crunches, BR 6:00 Corn Toss Game, P 10	9:00 Walmart, FE 9:00 Exercise MR 10:00 Massage w/Michelle, MR 10:00 Manicures w/Caris, BR 1:00 Trip to College Square Mall, FE (Sign up) 3:30 J.R.'s Famous Popcorn, P 3:30 Storytelling by Tama, P 5:30 Ride to see Christmas Lights, FE (sign up) 11	9:00 Exercise MR 9:30 BP w/ Suncrest, P 10:00 BINGO BR 1:30 Gingerbread House Decorating Contest w/Amedisys, BR 3:00 Devotions w/Valerie, P 6:00 All Saints Church, P 12	Bus Transportation, FE 9:00 Exercise, MR 10:00 Bingo, BR 10:00 Yoga MR 1:00 Military History w/David, H4H 1:30 Beadwork, BR 3:00 Evelyn McNamara Singing, P 6:00 Pea Pickin' Hearts, P 13	9:00 Cookies & Coffee CS 9:00 Exercise MR 9:30 Bible Study BR 10:45 Manley 2nd Graders, P 2:00 Resident/Employee Christmas Party, MDR 6:00 Trip to First Baptist to see Living Christmas Tree Program, FE 6:00 Linda Snyder Violin/Piano Recital/Ensemble, P 14	9:00 Exercise MR 10:00 BINGO BR 10:00 Wii Bowling MR 2:00 "Miracle on 34th Street", Movie & Popcorn, H4H 15
9:30 Worship Services w/Cynthia Thompson, Parlor 16 2:00 Christmas from Around the World, P	Bus Transportation, FE 9:00 Exercise MR 10:00 Yoga MR 10:00 BINGO BR 1:00 First Baptist Singing, P 2:00 Christmas Craft w/Valerie, BR 3:30 Trivia, P 6:00 Lakeway Flute Choir, P 17	9:00 Walmart, FE 9:00 Exercise MR 1:00 Stories Behind your Favorite Christmas Songs, P 2:30 Men's Christmas Party, BR 3:30 J.R.'s Famous Popcorn, P 18	9:00 Exercise MR 9:30 BP w/ Caris, P 10:00 BINGO BR 1:30 Penny Auction w/Valerie, P 3:00 Devotions w/1st United Methodist Church, P 6:30 Alpha Baptist Youth, P 19	Bus Transportation, FE 9:00 Cornerstone Kindergarten, P 10:00 BINGO BR 10:00 Yoga MR 1:30 Beadwork, BR 2:00 Exercise w/Michelle, P 5:30 Candlelight Dinner, MDR & P 20	9:00 Cookies & Coffee CS 9:00 Exercise MR 9:30 Bible Study BR 10:45 Out to Lunch, FE (sign up) Captain D's, Morristown 1:00 Rod & Laura Singing, P 1:30 Sunshine Ride, FE (Sign Up) 2:30 Winter Social, P 21	9:00 Exercise MR 10:00 BINGO BR 10:00 Wii Bowling MR 2:00 "Elf" Movie & Popcorn, H4H 22
9:30 Worship Services w/Cynthia Thompson, Parlor 23 2:00 Give a Penny, Take a Penny Game, BR	Bus Transportation, FE 9:00 Exercise MR 10:00 BINGO, BR 2:00 Christmas Eve Social, P 24	Merry Christmas! 25	9:00 Exercise MR 9:30 BP w/Smoky Mtn., P 9:30 Resident Council, PDR 1:30 Bingo w/Newport Health & Rehab, BR 3:00 Devotions w/Peace Freewill Baptist, P 26	Bus Transportation FE 9:00 Exercise, MR 10:00 BINGO BR 10:00 Yoga MR 1:00 Military History w/David, H4H 1:30 Beadwork, BR 3:00 Resident's Mtg w/Ice Cream, P 6:00 Lindsay & Savannah Farmer play violin/piano, P 27	9:00 Cookies & Coffee CS 9:00 Exercise MR 9:30 Bible Study BR 10:45 Out to Lunch, FE (sign up) Lisa's Country Kitchen, Jefferson City 2:00 Sunshine Ride, FE (Sign Up) 28	9:00 Exercise MR 10:00 BINGO BR 10:00 Wii Bowling MR 2:00 "Skyscraper" Movie & Popcorn, H4H 29
9:30 Worship Services w/Cynthia Thompson, Parlor 30 2:00 Uno, BR	Bus Transportation, FE 9:00 Exercise MR 10:00 BINGO, BR 10:00 Yoga, 2:00 Looking Back (over the Last Year), P 3:30 Word Game, P 6:00 New Year's Eve Wine & Cheese Social, P 31	KEY: MDR - Main Dining Room - 1st P - Parlor - 2nd CS - Coffee Shop - 2nd MR - Media Room - 3rd	FE - Front Entrance - 1st BR - Bingo Room - 2nd L - Library - 3rd H4H - Haven for Heroes - 3rd			