

JULY NEWSLETTER 2018



Hello Residents,

I hope you are enjoying your summer. I found some really fun facts about summer I thought you would enjoy:

- Watermelon is one of summer's best treats. Did you know that watermelons are not a fruit, but a vegetable instead? They belong to the cucumber family.
- The Eiffel tower actually grows about 6 inches in the heat of the summer.
- If you love ice cream, the summer season should be your favorite. July is National Ice Cream Month.
- The first modern Olympic Games were held in the summer in 1896 in Athens, Greece.
- The "dog days of summer" refer to the dates from July 3rd to August 11th.
- For a July fun fact, Roman general Marc Antony named the month of July after Julius Caesar.
- July is national blueberry month.
- More thunderstorms occur during summer than any other time of year.
- In the United States, over 650 million long-distance summer trips are made.
- Popsicles, a popular summer treat, were accidentally invented by an 11-year-old boy in San Francisco in 1905. He left a glass of soda sitting outside and by the next morning the soda had frozen. He began selling them at an amusement park in New Jersey. In the U.S., cherry is the number 1 flavor.

These facts are very interesting. Hope you enjoy your summer!

Trudy Darnell,
Executive Director

July 2

Steve Carr Singing

July 3

Pizza Party

July 4

Independence Day

July 6

FUNtastic Friday: Christmas in July

July 9

Kathy Bunch Singing

Adrian Ray Singing

July 10

Lunch for Veterans

The Warren Family

July 11

Trip to Barter Theatre - "Sister Act"

July 12

Life Line Screenings

July 13

Tea Party

Elvis!

July 15

National Ice Cream Day

July 18

Nelson Mandela Day

July 19

National Hot Dog Day

White Pine Rhythm Band

Motown Cloggers

July 20

Paul Indelicato

July 23

Art Patten Playing Piano

July 25

Waffle Brunch

July 29

Jack Lawless & Rebecca Mae

July 31

Trip to Yoder's Country Market



Display of Talents – May 24th

We have so many in our building who are blessed with so much talent! We enjoyed an evening of sharing the many talents our residents have. From painting, to quilting, to wood carving - we had many different talents displayed. Thank you to Ruth Frederick, Mildred Welch, Alan DeRois, Louis Payne, Clydene Styles, Charles Summers, Virginia Davis, Margie Shell, Katy Burkhart, and David Rutherford for sharing your beautiful works of art. We look forward to hosting this again in the near future.



FUNtastic Friday: Beach Day – June 8th

We could not have picked a better day to have our FUNtastic Friday: Beach Day. It was a hot, balmy day — we really felt like we were at the beach. We relaxed on the Patio and enjoyed the beautiful sunshine. Our treat for the day? Homemade Ice Cream — what could be a better treat on such a hot, summer day?!? Join us the first Friday of each month for our FUNtastic Friday fun — you never know what we will do.



Trip to Smokies Ballgame – June 11th

Just a few men attended the TN Smokies Baseball game, but we had a wonderful time. It was a wonderful evening to watch a ballgame. The weather was perfect, the fellowship was fantastic. And the Smokies won the ballgame! We look forward to a return trip in the future.



Father's Banquet – June 14th

The Dietary team prepared a wonderful meal for the men and their guests. We enjoyed baby back ribs, shrimp cocktail, baked potatoes, salad, rolls, and a delicious homemade chocolate espresso cake. We enjoyed a lovely evening of fun and fellowship. Thank you to everyone who attended. We look forward to next year's celebration!



New Program Through Morristown Library

The Morristown Library has a new program available to our residents. Once a month, they bring materials - books, audio books on CD, etc. for our residents to check out for the month. They bring the materials to Valerie and they must be signed out through her. Penny, with the Library, will be here on Tuesday, July 12th at 2 pm to talk about this service and all other services available at the Morristown Library. She will also have the ability to make library cards if you are in need of one. Come join us and see what all is available through our local library!



Pizza Party July 3rd at 5:30 pm

We will be having the delicious treat of pizza on Tuesday, July 3rd. We will have our pizza party in the Main Dining Room at 5:30 pm. You **MUST** sign up if you plan to eat pizza so we know how much to order. Please sign up in the green book located outside the coffee shop on the 2nd floor. Please see Valerie with any questions.



Sister Act at Barter Theatre July 11th at 9:45 am

Join us as we travel to Abingdon, VA to see the play "Sister Act". We will stop along the way to eat at Cracker Barrel. The Barter describes "Sister Act" as "A heavenly surprise, filled with powerful gospel music, outrageous dancing and a truly moving story." Tickets are usually around \$25. Please sign up in the green book if you are interested in going to see this play. Deadline to sign up is Wednesday, July 4th.



Life Line Screening

July 12th from 8:00 am - 4:00 pm

We are excited to offer a variety of preventive screenings. Life Line Screenings go beyond regular checkups to check arteries for plaque build up. This is a non-invasive screening that is painless. There are 5 screenings available. There is a charge for these services. If you are interested in having this screening done, you **MUST** call 1-866-229-0469 to schedule an appointment.



Jack Lawless & Rebecca Mae

July 29th at 1:00 pm

It has been over a year since we've seen them - the much awaited return of Jack Lawless & Rebecca Mae. Coming to us from Nashville, TN, this fantastic husband & wife duo are out of this world. You will not want to miss them! They will be performing some of your favorite Country hits, and we never know when we will get to see them again!



Charity Bingo

July 17th at 2:30 pm

Residents and the Morristown community will gather to play a fun game of Bingo and support a great cause. On Tuesday, July 17th, our Charity Bingo will take place in the Main Dining Room. We ask for a \$2 donation per card. All proceeds will benefit a local non-profit organization. We offer some great prizes — be sure to come and play!



Trip to Yoder's Country Market

July 31st at 1:00 pm

Come join us as we travel to Bulls Gap to visit Yoder's Country Market. Many go for their delicious sandwiches, fried pies and desserts, or for their snacks and breads. Whatever you go for, you will not leave disappointed. We travel to Yoder's any month there are 5 Tuesdays. Be sure to mark your calendar so you will not miss out!

***SAVE
THE
DATE***

August 3rd — FUNtastic Friday:
Celebrity Look Alike

August 10th — Barbara Turner

August 17th — Rod & Laura Singing

August 20th — The Legends Show

August 21st — AL/MC Family Night

August 25th — Michael Reno Harrell

August 30th — Pea Pickin' Hearts



Faye Morgan

Faye has lived in Hamblen County all her life. She had 3 brothers and 2 sisters. She married her husband, Wayne, in 1962. She worked at Morristown Foam for 9 years, then worked in Insurance for Wells Fargo for 37 years. Wayne was the Assistant Police Chief in Morristown. He passed away in 1990. They had 1 son, Erich. Faye moved into Regency in June, 2014. She loves being around all the people and has many friends here. She enjoys spending time with her dog, Fancy. She has 1 granddaughter and 1 great-granddaughter.

JULY FUN FACTS

- Traditionally, the Dog Days of Summer are July 3rd through August 11th. These days coincided with the rise of the star Sirius. Egyptians believed that the combined heat of Sirius and the Sun caused the heat associated with these days.
- Canada celebrates 2 days of Independence in July — Canada Day on July 1st and Bastille Day on July 14th.
- If you were born in July, your birth flowers are the larkspur and water lily.
- Independence Day became a federal holiday in 1870.
- Today, the original copy of the Declaration is housed in the National Archives in Washington, D.C.
- The first July 4th fireworks display occurred during the Revolutionary War. Some historians believe this display was meant to boost morale.

WELCOME NEW RESIDENTS!



Valerie Jarvis

Margaret Branner

Tommy Middaugh

Betty Seals

Howard Wolfe

★ ★ ★ HAPPY BIRTHDAY! ★ ★ ★

Resident

Tommie Middaugh July 2
 Ruth Carpenter July 3
 Cleon Quear July 7
 Mike McPeak July 8
 Elva Marquis July 15
 Dick Booher July 19
 Barbara Buchanan July 20
 Audrey Line July 23
 Linda Wilson July 25
 Ruth Hubbard July 29

Employee

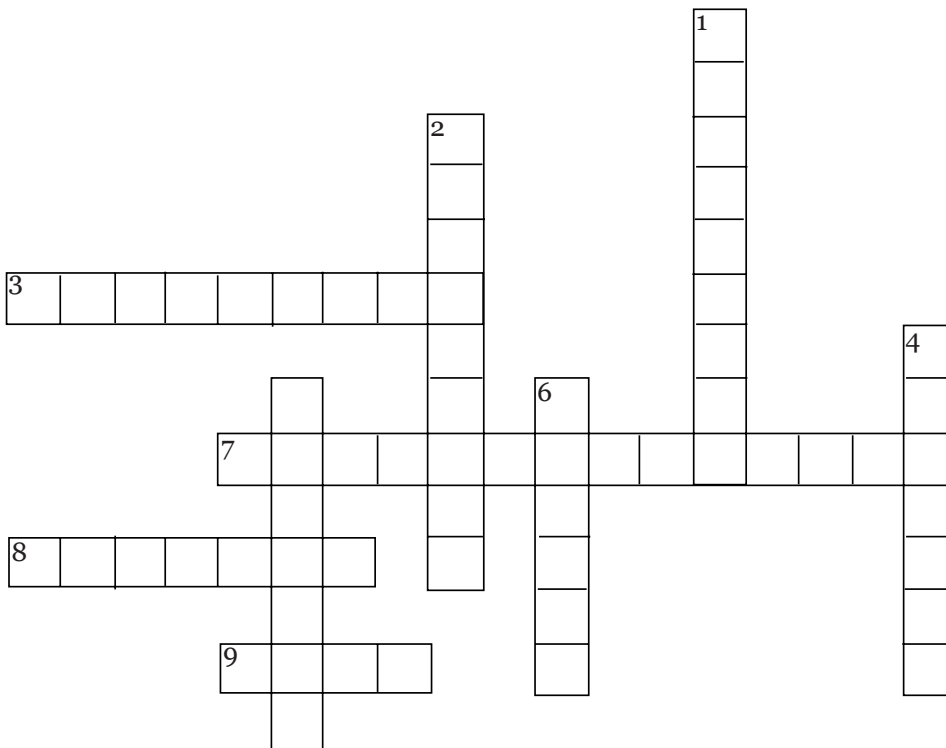
Temple Henderson July 7
 Brooke Morgan July 8
 J.R. Bewley July 9
 Kristina Fairless July 10
 Randi Gladson July 16
 Taylor Jarnagin July 27
 Chrissy Rush July 27
 Brianna Wykle July 28
 Brittany Jordan July 29
 Dan Roe July 29

WORD FIND

S B S B Y M P A N L S M J Q J I W A X E M G G R F
 A K G T F T C Q I G R J U L Y W G Z B K B S U E R
 D N R U R I J B G Y A A W M E S U A Y J A C Q L E
 B E B O R I E W T V T W O Y J O Y N Q U D J V K E
 I R T E W R P R R S S I N D E P E N D E N C E R D
 S T M I T E A E D H U G N I T A R B E L E C Z A O
 Z A R Y N P R K S W Z S W L B N B T V R O S U P M
 C O O K O U T I N O I T A N K Z T Y I C X F S S S
 C U S V P B Y E F M R G X T Y Q M F H P X D D R H
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|-------------|--------------|---------|----------|---------|
| AMERICA | FIREWORKS | JULY | PARTY | STRIPES |
| CELEBRATING | FREEDOM | LIBERTY | SPARKLER | UNITED |
| COOKOUT | INDEPENDENCE | NATION | STARS | USA |

CROSS-WORD



Across

- 3. Striking display of explosions.
- 7. The Star-spangled banner is the U.S. _____.
- 8. Synonym for win.
- 9. Formal indication of choice.

Down

- 1. Last Name of principle author of The Declaration of Independence.
- 2. Made the American flag.
- 4. Red, white, and blue frozen treat.
- 5. Loyal to their country.
- 6. A public procession.

EMPLOYEE OF THE YEAR

Lillian Reed



Humble, hardworking, compassionate, servant's heart, and willing are just a few of the words our residents and employees use to describe Lillian. Her heart and passion for our residents is out of this world. She is fulfilling a calling by "working" here as a Caregiver. We are so blessed to have Lillian as part of our team. Lillian, we cannot thank you enough for ALL you do for Regency. You make Regency a better, brighter place for us all.

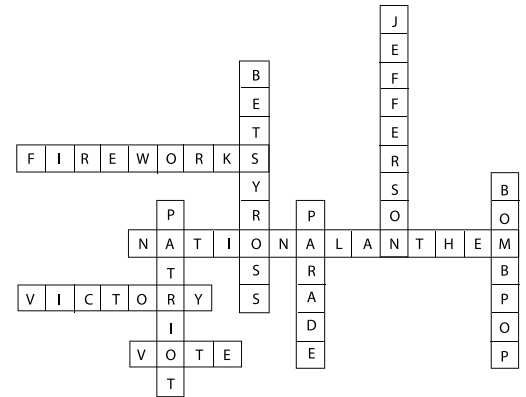
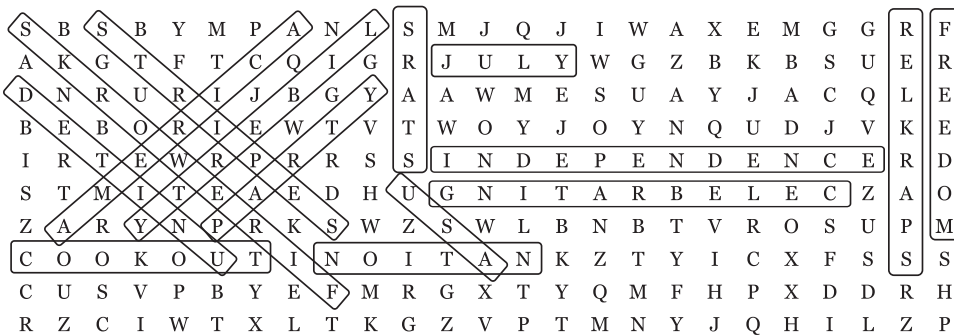
EMPLOYEE OF THE MONTH

Brooklin Liparoto



Brooklin has been employed with Regency as a caregiver since April, 2017. She primarily works in Memory Care. Brooklin received several nominations, all of which said she is dependable, hard working, kind, and compassionate. She is a team player who helps her co-workers. She loves her residents and they love her. Thank you, Brooklin, for being a great employee! You make Regency a better place.

ANSWER KEY:



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