

# JULY 2018

# SENIOR LIVING EVENTS

## Regency Retirement Village of Morristown

739 E.2nd North Street | Morristown, TN 37814 | (423) 581-7075

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:00 Worship Services w/Cynthia Thompson, Parlor <sup>1</sup></p> <p>2:00 Ice Cream Bars, P</p> <p>5:30 Dominoes, L</p>	<p>Bus Transportation, FE <sup>2</sup></p> <p>9:00 Exercise MR</p> <p>10:00 BINGO, BR</p> <p>10:00 Yoga, MR</p> <p>1:00 Card Making Class, BR</p> <p>2:00 Steve Carr Singing, P</p> <p>3:30 Cranium Crunches, BR</p> <p>6:00 Movie Night, "The Patriot", H4H</p>	<p>9:00 Wal-Mart, FE <sup>3</sup></p> <p>9:00 Exercise, MR</p> <p>9:00 Silver Sneakers Exercise, P</p> <p>10:00 Manicures w/SMHH, AR</p> <p>2:00 Mingle w/Dietary w/Snacks, MDR</p> <p>3:00 Balloon Swat Exercise, P</p> <p>3:30 J.R.'s Famous Popcorn, P</p> <p>5:30 Pizza Party, MDR (MUST Sign up)</p>	<p>9:00 Exercise, MR <sup>4</sup></p> <p>10:00 BINGO, BR</p> <p>3:00 Devotions w/Don Heiss, P</p> <p>6:00 Fireworks DVD, H4H</p> <p>Happy Independence Day!!</p>	<p>Bus Transportation, FE <sup>5</sup></p> <p>9:00 Silver Sneakers Exercise, P</p> <p>9:00 Exercise, MR</p> <p>10:00 BINGO, BR</p> <p>10:00 Yoga, MR</p> <p>1:30 Beadwork, P</p> <p>2:00 Exercise w/Michelle, MR</p> <p>6:00 Corn Toss Game, P</p>	<p>8:30 Out to Breakfast, FE (Sign up) <sup>6</sup></p> <p>Cracker Barrel, Morristown</p> <p>9:00 Cookies &amp; Coffee, CS</p> <p>9:00 Exercise, MR</p> <p>9:30 Bible Study, BR</p> <p>1:30 Sunshine Ride, FE (Sign Up)</p> <p>2:30 FUNtastic Friday: Christmas in July, P</p>	<p>9:00 Exercise, MR <sup>7</sup></p> <p>10:00 BINGO, BR</p> <p>10:00 Wii Bowling, MR</p> <p>2:00 "I Can Only Imagine" Movie &amp; Popcorn, H4H</p>
<p>9:00 Worship Services w/Cynthia Thompson, Parlor <sup>8</sup></p> <p>2:00 Watermelon on the Patio</p> <p>5:30 Dominoes, L</p>	<p>Bus Transportation, FE <sup>9</sup></p> <p>9:00 Exercise, MR</p> <p>10:00 Yoga, MR</p> <p>10:00 BINGO w/Suncrest, BR</p> <p>1:00 "Ultimate Guide to Presidents", H4H</p> <p>2:00 Trivia, P</p> <p>3:00 Kathy Bunch Singing, P</p> <p>6:00 Adrian Ray Singing, P</p>	<p>9:00 Wal-Mart, FE <sup>10</sup></p> <p>9:00 Exercise, MR</p> <p>9:00 Silver Sneakers Exercise, P</p> <p>10:00 Massage w/Michelle, MR</p> <p>11:30 Lunch for Veterans, BR</p> <p>2:00 Penny from Morristown Library Services offered at Regency, P</p> <p>3:30 Storytelling by Tama, P</p> <p>3:30 J.R.'s Famous Popcorn, P</p> <p>6:00 The Warren Family, P</p>	<p>9:00 Exercise, MR <sup>11</sup></p> <p>9:30 BP w/ Smoky Mtn. HH, P</p> <p>9:45 Trip to Barter Theatre to see "Sister Act", FE (Sign up)</p> <p>10:00 BINGO BR</p> <p>1:00 - 3:00 Voting, BR</p> <p>2:00 St. Luke's Ice Cream Sundaes, P</p> <p>6:00 Cards, Library</p>	<p>Bus Transportation, FE <sup>12</sup></p> <p>8:00 - 4:00 Lifeline Screening, Parlor, Bingo Room — Must have an appointment</p> <p>9:00 Silver Sneakers Exercise, MR</p> <p>10:00 Yoga MR</p> <p>1:00 Military History w/David, H4H</p> <p>6:00 Family Feud Game, P</p>	<p>9:00 Cookies &amp; Coffee, CS <sup>13</sup></p> <p>9:00 Exercise, MR</p> <p>9:30 Bible Study, BR</p> <p>10:45 Out to Lunch, FE (Sign up) Little Dutch Restaurant, Morristown</p> <p>2:30 Tea Party, MDR</p> <p>6:00 Elvis, P</p>	<p>9:00 Exercise, MR <sup>14</sup></p> <p>10:00 BINGO, BR</p> <p>10:00 Wii Bowling, MR</p> <p>2:00 "Patch Adams" Movie &amp; Popcorn, H4H</p>
<p>9:00 Worship Services w/Cynthia Thompson, Parlor <sup>15</sup></p> <p>2:00 Summer Craft, BR</p> <p>5:30 Dominoes, L</p>	<p>Bus Transportation, FE <sup>16</sup></p> <p>9:00 Exercise, MR</p> <p>10:00 Yoga, MR</p> <p>10:00 BINGO, BR</p> <p>1:00 First Baptist Singing, P</p> <p>2:00 Breaking Beans, BR</p> <p>3:30 Activities Meeting, P</p> <p>6:00 Curt Mathson, P</p>	<p>9:00 Wal-Mart, FE <sup>17</sup></p> <p>9:00 Exercise, MR</p> <p>9:00 Silver Sneakers Exercise, P</p> <p>1:00 Men's Club, BR</p> <p>2:30 Charity Bingo, MDR</p> <p>3:30 J.R.'s Famous Popcorn, P</p> <p>6:00 Name 5 Game, P</p>	<p>9:00 Exercise, MR <sup>18</sup></p> <p>9:30 BP w/Suncrest, P</p> <p>10:00 BINGO, BR</p> <p>What's Cookin' Wednesday: Country Garden Vegetable, ALL DR</p> <p>1:30 Penny Auction w/Valerie, P</p> <p>3:00 Devotions w/First UM Church</p> <p>6:00 Cards, L</p>	<p>Bus Transportation, FE <sup>19</sup></p> <p>9:00 Silver Sneakers Exercise, P</p> <p>9:00 Exercise, MR</p> <p>10:00 BINGO, BR</p> <p>10:00 Yoga, MR</p> <p>1:00 White Pine Rhythm Band, P</p> <p>1:30 Beadwork, BR</p> <p>2:00 Exercise w/Michelle, P</p> <p>6:30 Motown Cloggers, Patio</p>	<p>9:00 Cookies &amp; Coffee, CS <sup>20</sup></p> <p>9:00 Exercise, MR</p> <p>9:30 Bible Study, BR</p> <p>10:00 Out to Lunch, FE (Sign up) Riverfront, Kingsport</p> <p>2:00 Sunshine Ride, FE (Sign up)</p> <p>6:00 Paul Indelicato, P</p>	<p>9:00 Exercise, MR <sup>21</sup></p> <p>10:00 BINGO, BR</p> <p>10:00 Wii Bowling, MR</p> <p>2:00 "Murder on the Orient Express" Movie &amp; Popcorn, H4H</p>
<p>9:00 Worship Services w/Cynthia Thompson, Parlor <sup>22</sup></p> <p>2:00 Popsicles on the Patio</p> <p>5:30 Dominoes, L</p>	<p>Bus Transportation, FE <sup>23</sup></p> <p>9:00 Exercise, MR</p> <p>10:00 BINGO, BR</p> <p>10:00 Yoga, MR</p> <p>1:00 "Ultimate Guide to Presidents", H4H</p> <p>3:30 Word Game, P</p> <p>6:00 Art Patten Playing Piano, P</p>	<p>9:00 Wal-Mart, FE <sup>24</sup></p> <p>9:00 Exercise, MR</p> <p>9:00 Silver Sneakers Exercise, P</p> <p>10:15 Massage w/Michelle, MR</p> <p>12:00 Alzheimer's Support Group</p> <p>1:00 Painting w/Rocky, BR</p> <p>1:00 Trip to Hobby Lobby, Ross, Dollar Tree, FE (Sign up)</p> <p>3:30 J.R.'s Famous Popcorn, P</p>	<p>9:00 Exercise, MR <sup>25</sup></p> <p>9:30 BP w/UT HH, P</p> <p>9:30 Resident Council Meeting, PDR</p> <p>10:00 - 12:00 Waffle Brunch, MDR</p> <p>1:30 Bingo w/Newport Health &amp; Rehab, BR</p> <p>3:00 Devotions w/Peace Freewill Baptist, P</p> <p>6:00 Cards, L</p>	<p>Bus Transportation, FE <sup>26</sup></p> <p>9:00 Silver Sneakers Exercise, P</p> <p>9:00 Exercise, MR</p> <p>10:00 BINGO, BR</p> <p>10:00 Yoga, MR</p> <p>1:00 Military History w/David, H4H</p> <p>3:00 Residents' Meeting w/Ice Cream, P</p>	<p>9:00 Cookies &amp; Coffee, CS <sup>27</sup></p> <p>9:00 Exercise, MR</p> <p>9:30 Bible Study, BR</p> <p>10:45 Out to Lunch, FE (Sign up) Holston's Kitchen, Morristown</p> <p>2:00 Sunshine Ride, FE (Sign up)</p>	<p>9:00 Exercise, MR <sup>28</sup></p> <p>10:00 BINGO, BR</p> <p>10:00 Wii Bowling, MR</p> <p>2:00 "The Breakfast Club" Movie &amp; Popcorn, H4H</p>
<p>9:00 Worship Services w/Cynthia Thompson, Parlor <sup>29</sup></p> <p>1:00 Jack Lawless &amp; Rebecca Mae Singing, P</p> <p>5:30 Dominoes, L</p>	<p>Bus Transportation, FE <sup>30</sup></p> <p>9:00 Exercise MR</p> <p>10:00 BINGO, BR</p> <p>10:00 Yoga, MR</p> <p>1:00 "Ultimate Guide to Presidents", H4H</p> <p>2:00 Colorful Party, P</p> <p>6:00 Movie Night, "Stand Up and Cheer" with Shirley Temple, H4H</p>	<p>9:00 Wal-Mart, FE <sup>31</sup></p> <p>9:00 Exercise, MR</p> <p>9:00 Silver Sneakers Exercise, P</p> <p>1:00 Trip to Yoder's Country Market, FE (Sign up)</p> <p>3:30 J.R.'s Famous Popcorn, P</p> <p>6:00 Wits &amp; Wagers Game, BR</p>	<p>KEY:</p> <p>MDR - Main Dining Room -1st</p> <p>P - Parlor - 2nd</p> <p>CS - Coffee Shop - 2nd</p> <p>MR - Media Room - 3rd</p> <p>FE - Front Entrance - 1st</p> <p>BR - Bingo Room - 2nd</p> <p>L - Library - 3rd</p> <p>H4H - Haven for Heroes - 3rd</p>			

